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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Circadian misalignment increases cardiovascular disease risk factors in humans. Proceedings of the National Academy of Sciences of the United States of America, 2016, 113, E1402-11.	3.3	431
2	Endogenous circadian system and circadian misalignment impact glucose tolerance via separate mechanisms in humans. Proceedings of the National Academy of Sciences of the United States of America, 2015, 112, E2225-34.	3.3	323
3	Circadian system, sleep and endocrinology. Molecular and Cellular Endocrinology, 2012, 349, 91-104.	1.6	295
4	The internal circadian clock increases hunger and appetite in the evening independent of food intake and other behaviors. Obesity, 2013, 21, 421-423.	1.5	206
5	The impact of the circadian timing system on cardiovascular and metabolic function. Progress in Brain Research, 2012, 199, 337-358.	0.9	153
6	Effects of the Internal Circadian System and Circadian Misalignment on Glucose Tolerance in Chronic Shift Workers. Journal of Clinical Endocrinology and Metabolism, 2016, 101, 1066-1074.	1.8	151
7	Circadian Misalignment Increases C-Reactive Protein and Blood Pressure in Chronic Shift Workers. Journal of Biological Rhythms, 2017, 32, 154-164.	1.4	133
8	The Human Circadian System Has a Dominating Role in Causing the Morning/Evening Difference in Dietâ€Induced Thermogenesis. Obesity, 2015, 23, 2053-2058.	1.5	129
9	Repeated Melatonin Supplementation Improves Sleep in Hypertensive Patients Treated with Beta-Blockers: A Randomized Controlled Trial. Sleep, 2012, 35, 1395-1402.	0.6	93
10	Sex differences in the circadian misalignment effects on energy regulation. Proceedings of the National Academy of Sciences of the United States of America, 2019, 116, 23806-23812.	3.3	87
11	Differential effects of the circadian system and circadian misalignment on insulin sensitivity and insulin secretion in humans. Diabetes, Obesity and Metabolism, 2018, 20, 2481-2485.	2.2	85
12	Ghrelin is impacted by the endogenous circadian system and by circadian misalignment in humans. International Journal of Obesity, 2019, 43, 1644-1649.	1.6	78
13	Daily circadian misalignment impairs human cognitive performance task-dependently. Scientific Reports, 2018, 8, 3041.	1.6	72
14	Effects of circadian misalignment on cognition in chronic shift workers. Scientific Reports, 2019, 9, 699.	1.6	61
15	Circadian misalignment increases mood vulnerability in simulated shift work. Scientific Reports, 2020, 10, 18614.	1.6	53
16	Daytime eating prevents internal circadian misalignment and glucose intolerance in night work. Science Advances, 2021, 7, eabg9910.	4.7	46
17	Day/Night Variability in Blood Pressure: Influence of Posture and Physical Activity. American Journal of Hypertension, 2013, 26, 822-828.	1.0	22
18	Reduced Tolerance to Night Shift in Chronic Shift Workers: Insight From Fractal Regulation. Sleep, 2017, 40, .	0.6	19

#	Article	IF	CITATIONS
19	PARADOXICAL POST-EXERCISE RESPONSES OF ACYLATED GHRELIN AND LEPTIN DURING A SIMULATED NIGHT SHIFT. Chronobiology International, 2010, 27, 590-605.	0.9	17
20	The Relative Impact of Sleep and Circadian Drive on Motor Skill Acquisition and Memory Consolidation. Sleep, 2017, 40, .	0.6	15
21	Unanticipated daytime melatonin secretion on a simulated night shift schedule generates a distinctive 24â€h melatonin rhythm with antiphasic daytime and nighttime peaks. Journal of Pineal Research, 2022, 72, .	3.4	5