

Sunday Simbo

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/11206453/publications.pdf>

Version: 2024-02-01

7
papers

224
citations

1937685

4
h-index

2053705

5
g-index

7
all docs

7
docs citations

7
times ranked

381
citing authors

#	ARTICLE	IF	CITATIONS
1	Comparison of Two Diet and Exercise Approaches on Weight Loss and Health Outcomes in Obese Women. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 4877.	2.6	2
2	The Role of Comorbidities on Aging-Induced Changes in Muscle Health and Amino Acid Kinetics. <i>Current Developments in Nutrition</i> , 2022, 6, 28.	0.3	0
3	Effects of powdered Montmorency tart cherry supplementation on acute endurance exercise performance in aerobically trained individuals. <i>Journal of the International Society of Sports Nutrition</i> , 2016, 13, 22.	3.9	76
4	Effects of powdered Montmorency tart cherry supplementation on an acute bout of intense lower body strength exercise in resistance trained males. <i>Journal of the International Society of Sports Nutrition</i> , 2015, 12, 41.	3.9	62
5	Consumption of polyphenol-rich peach and plum juice prevents risk factors for obesity-related metabolic disorders and cardiovascular disease in Zucker rats. <i>Journal of Nutritional Biochemistry</i> , 2015, 26, 633-641.	4.2	55
6	Plum polyphenolics prevent adipogenesis, inflammation and obesity-induced metabolic disorders in obese Zucker rats. <i>FASEB Journal</i> , 2012, 26, .	0.5	0
7	A Carbohydrate-Restricted Diet during Resistance Training Promotes More Favorable Changes in Body Composition and Markers of Health in Obese Women with and without Insulin Resistance. <i>Physician and Sportsmedicine</i> , 2011, 39, 27-40.	2.1	29