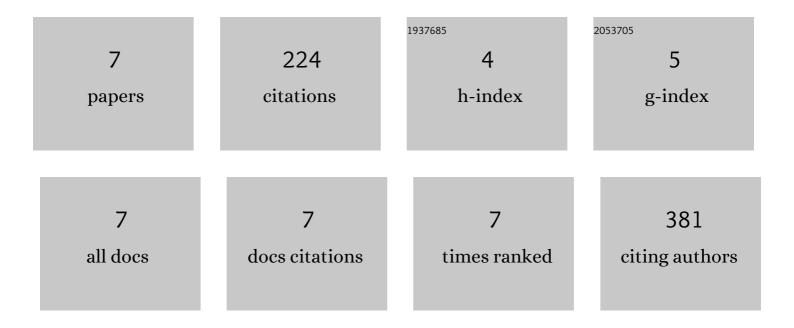
Sunday Simbo

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/11206453/publications.pdf Version: 2024-02-01



SUNDAY SIMBO

#	Article	IF	CITATIONS
1	Effects of powdered Montmorency tart cherry supplementation on acute endurance exercise performance in aerobically trained individuals. Journal of the International Society of Sports Nutrition, 2016, 13, 22.	3.9	76
2	Effects of powdered Montmorency tart cherry supplementation on an acute bout of intense lower body strength exercise in resistance trained males. Journal of the International Society of Sports Nutrition, 2015, 12, 41.	3.9	62
3	Consumption of polyphenol-rich peach and plum juice prevents risk factors for obesity-related metabolic disorders and cardiovascular disease in Zucker rats. Journal of Nutritional Biochemistry, 2015, 26, 633-641.	4.2	55
4	A Carbohydrate-Restricted Diet during Resistance Training Promotes More Favorable Changes in Body Composition and Markers of Health in Obese Women with and without Insulin Resistance. Physician and Sportsmedicine, 2011, 39, 27-40.	2.1	29
5	Comparison of Two Diet and Exercise Approaches on Weight Loss and Health Outcomes in Obese Women. International Journal of Environmental Research and Public Health, 2022, 19, 4877.	2.6	2
6	Plum polyphenolics prevent adipogenesis, inflammation and obesityâ€induced metabolic disorders in obese Zucker rats. FASEB Journal, 2012, 26, .	0.5	0
7	The Role of Comorbidities on Aging-Induced Changes in Muscle Health and Amino Acid Kinetics. Current Developments in Nutrition, 2022, 6, 28.	0.3	0