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List of Publications by Year in descending order

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623734 888059 15 1,328 14 17 citations g-index h-index papers 20 20 20 2190 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Dealing with sleep problems during home confinement due to the COVIDâ€19 outbreak: Practical recommendations from a task force of the European CBTâ€l Academy. Journal of Sleep Research, 2020, 29, e13052.	3.2	688
2	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. Journal of Sleep Research, 2020, 29, e12967.	3.2	138
3	Sleep problems in university students & amp; ndash; an intervention. Neuropsychiatric Disease and Treatment, 2017, Volume 13, 1989-2001.	2.2	88
4	Sleep characteristics, sleep problems, and associations of self-efficacy among German university students. Nature and Science of Sleep, 2012, 4, 1.	2.7	70
5	Change mechanisms in psychotherapy: Multiperspective assessment and relation to outcome. Psychotherapy Research, 2013, 23, 105-116.	1.8	59
6	Mini-KiSS Online: an Internet-based intervention program for parents of young children with sleep problems & amp; ndash; influence on parental behavior and children's sleep. Nature and Science of Sleep, 2012, 4, 41.	2.7	51
7	Sleep and somatic complaints in university students. Journal of Pain Research, 2017, Volume 10, 1189-1199.	2.0	50
8	The Individual Therapy Process Questionnaire: Development and Validation of a Revised Measure to Evaluate General Change Mechanisms in Psychotherapy. Clinical Psychology and Psychotherapy, 2015, 22, 328-345.	2.7	39
9	Patients with depression, somatoform disorders, and eating disorders on the stages of change: Validation of a short version of the URICA Psychotherapy, 2012, 49, 519-527.	1.2	31
10	Relationship between subtypes and symptoms of ADHD, insomnia, and nightmares in connection with quality of life in children. Neuropsychiatric Disease and Treatment, 2017, Volume 13, 2341-2350.	2.2	27
11	The therapeutic alliance in different mental disorders: A comparison of patients with depression, somatoform, and eating disorders. Psychology and Psychotherapy: Theory, Research and Practice, 2017, 90, 649-667.	2.5	21
12	Is there an association between insomnia symptoms, aggressive behavior, and suicidality in adolescents?. Adolescent Health, Medicine and Therapeutics, 2015, 6, 29.	0.9	15
13	Validity of the Pupillographic Sleepiness Test for the diagnosis of daytime sleepiness in children and adolescents and its relationship to sleepiness-associated outcomes. Sleep Medicine, 2021, 83, 145-150.	1.6	4
14	External Validity of the Multicomponent Group Treatment KiSS for School-Aged Children With Insomnia. Behavioral Sleep Medicine, 2020, 18, 147-162.	2.1	3
15	Through thick and thin?. Somnologie, 2018, 22, 168-174.	1.5	O