

# Marcela A Matos

## List of Publications by Year in descending order

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Version: 2024-02-01

69  
papers

3,175  
citations

201385

27  
h-index

174990

52  
g-index

76  
all docs

76  
docs citations

76  
times ranked

2219  
citing authors

#	ARTICLE	IF	CITATIONS
1	Fears of compassion: Development of three self-report measures. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2011, 84, 239-255.	1.3	622
2	The development of compassionate engagement and action scales for self and others. <i>Journal of Compassionate Health Care</i> , 2017, 4, .	1.2	247
3	Fears of compassion and happiness in relation to alexithymia, mindfulness, and self-criticism. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2012, 85, 374-390.	1.3	169
4	Psychological and Physiological Effects of Compassionate Mind Training: a Pilot Randomised Controlled Study. <i>Mindfulness</i> , 2017, 8, 1699-1712.	1.6	133
5	The Protective Role of Self-compassion in Relation to Psychopathology Symptoms and Quality of Life in Chronic and in Cancer Patients. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 311-323.	1.4	132
6	Shame as a traumatic memory. <i>Clinical Psychology and Psychotherapy</i> , 2010, 17, 299-312.	1.4	127
7	Can shame memories become a key to identity? The centrality of shame memories predicts psychopathology. <i>Applied Cognitive Psychology</i> , 2011, 25, 281-290.	0.9	118
8	Effects of intranasal oxytocin on 'compassion focused imagery'.. <i>Emotion</i> , 2011, 11, 1388-1396.	1.5	110
9	The Effect of Shame and Shame Memories on Paranoid Ideation and Social Anxiety. <i>Clinical Psychology and Psychotherapy</i> , 2013, 20, 334-349.	1.4	109
10	Ability to receive compassion from others buffers the depressogenic effect of self-criticism: A cross-cultural multi-study analysis. <i>Personality and Individual Differences</i> , 2016, 98, 324-332.	1.6	77
11	The impact of shame and self-judgment on psychopathology in infertile patients. <i>Human Reproduction</i> , 2011, 26, 2408-2414.	0.4	70
12	The Other As Shamer Scale "2: Development and validation of a short version of a measure of external shame. <i>Personality and Individual Differences</i> , 2015, 74, 6-11.	1.6	68
13	The Origins of Fears of Compassion: Shame and Lack of Safeness Memories, Fears of Compassion and Psychopathology. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2017, 151, 804-819.	0.9	62
14	Shame Memories and Eating Psychopathology: The Buffering Effect of Self-Compassion. <i>European Eating Disorders Review</i> , 2014, 22, 487-494.	2.3	56
15	The Mediator Role of Emotion Regulation Processes on Infertility-Related Stress. <i>Journal of Clinical Psychology in Medical Settings</i> , 2013, 20, 497-507.	0.8	51
16	Understanding the Importance of Attachment in Shame Traumatic Memory Relation to Depression: The Impact of Emotion Regulation Processes. <i>Clinical Psychology and Psychotherapy</i> , 2013, 20, 149-165.	1.4	50
17	The Factor Structure of the Forms of Self-Criticising/Attacking & Self-Reassuring Scale in Thirteen Distinct Populations. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2018, 40, 736-751.	0.7	50
18	Effectiveness of psychological interventions in the treatment of perinatal depression: A systematic review of systematic reviews and meta-analyses. <i>Journal of Affective Disorders</i> , 2021, 291, 294-306.	2.0	43

#	ARTICLE	IF	CITATIONS
19	Personality and Subjective Well-Being: What Hides Behind Global Analyses?. <i>Social Indicators Research</i> , 2012, 105, 447-460.	1.4	41
20	Differences between Depression and Paranoia: The Role of Emotional Memories, Shame and Subordination. <i>Clinical Psychology and Psychotherapy</i> , 2014, 21, 49-61.	1.4	37
21	The Impact of Shame, Self-Criticism and Social Rank on Eating Behaviours in Overweight and Obese Women Participating in a Weight Management Programme. <i>PLoS ONE</i> , 2017, 12, e0167571.	1.1	37
22	Compassion Protects Mental Health and Social Safeness During the COVID-19 Pandemic Across 21 Countries. <i>Mindfulness</i> , 2022, 13, 863-880.	1.6	36
23	Above and beyond emotional valence: The unique contribution of central and traumatic shame memories to psychopathology vulnerability. <i>Memory</i> , 2012, 20, 461-477.	0.9	35
24	Styles of Leadership, Fears of Compassion, and Competing to Avoid Inferiority. <i>Frontiers in Psychology</i> , 2018, 9, 2460.	1.1	35
25	Psychological Flexibility and Self-Compassion in Gay and Heterosexual Men: How They Relate to Childhood Memories, Shame, and Depressive Symptoms. <i>Journal of LGBT Issues in Counseling</i> , 2017, 11, 88-105.	1.1	34
26	BEfree: A new psychological program for binge eating that integrates psychoeducation, mindfulness, and compassion. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 1090-1098.	1.4	33
27	The role of social connection on the experience of COVID-19 related post-traumatic growth and stress. <i>PLoS ONE</i> , 2021, 16, e0261384.	1.1	32
28	The Interplay Among Levels of Personality: The Mediator Effect of Personal Projects Between the Big Five and Subjective Well-Being. <i>Journal of Happiness Studies</i> , 2013, 14, 235-250.	1.9	31
29	The NoHoW protocol: a multicentre 2Ã—2 factorial randomised controlled trial investigating an evidence-based digital toolkit for weight loss maintenance in European adults. <i>BMJ Open</i> , 2019, 9, e029425.	0.8	30
30	A new measure to assess external and internal shame: development, factor structure and psychometric properties of the External and Internal Shame Scale. <i>Current Psychology</i> , 2022, 41, 1892-1901.	1.7	30
31	Subjective Well-Being Structure: Confirmatory Factor Analysis in a Teachersâ€™ Portuguese Sample. <i>Social Indicators Research</i> , 2012, 105, 569-580.	1.4	29
32	Internalizing Early Memories of Shame and Lack of Safeness and Warmth: The Mediating Role of Shame on Depression. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 479-493.	0.9	29
33	Protective emotional regulation processes towards adjustment in infertile patients. <i>Human Fertility</i> , 2012, 15, 27-34.	0.7	28
34	Incorporating psychoeducation, mindfulness and self-compassion in a new programme for binge eating (BEfree): Exploring processes of change. <i>Journal of Health Psychology</i> , 2019, 24, 466-479.	1.3	28
35	Centrality of shame memories and psychopathology: The mediator effect of self-criticism.. <i>Clinical Psychology: Science and Practice</i> , 2013, 20, 323-334.	0.6	27
36	Eating disorders: When social rank perceptions are shaped by early shame experiences. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2015, 88, 38-53.	1.3	27

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37	How One Experiences and Embodies Compassionate Mind Training Influences Its Effectiveness. <i>Mindfulness</i> , 2018, 9, 1224-1235.	1.6	26
38	Fears of compassion magnify the harmful effects of threat of COVID-19 on mental health and social safeness across 21 countries. <i>Clinical Psychology and Psychotherapy</i> , 2021, 28, 1317-1333.	1.4	25
39	Early shame and safeness memories, and later depressive symptoms and safe affect: The mediating role of self-compassion. <i>Current Psychology</i> , 2021, 40, 761-771.	1.7	24
40	The Impact of Self-Criticism and Self-Reassurance on Weight-Related Affect and Well-Being in Participants of a Commercial Weight Management Programme. <i>Obesity Facts</i> , 2017, 10, 65-75.	1.6	20
41	“You are already all you need to be”: A case illustration of compassion-focused therapy for shame and perfectionism. <i>Journal of Clinical Psychology</i> , 2020, 76, 2079-2096.	1.0	20
42	Comparing compassion across cultures: Similarities and differences among Australians and Singaporeans. <i>Australian Psychologist</i> , 2020, 55, 208-219.	0.9	15
43	Nurturing compassion in schools: A randomized controlled trial of the effectiveness of a Compassionate Mind Training program for teachers. <i>PLoS ONE</i> , 2022, 17, e0263480.	1.1	15
44	When I don't Like Myself: Portuguese Version of the Internalized Shame Scale. <i>Spanish Journal of Psychology</i> , 2012, 15, 1411-1423.	1.1	14
45	A Theory- and Evidence-Based Digital Intervention Tool for Weight Loss Maintenance (NoHoW Toolkit): Systematic Development and Refinement Study. <i>Journal of Medical Internet Research</i> , 2021, 23, e25305.	2.1	12
46	O Impacto Traumático de Experiências de Vergonha: Estudo das propriedades psicométricas da versão portuguesa da Impact of Event Scale - Revised. <i>Psychologica</i> , 2011, , 413-438.	0.2	11
47	A centralidade das experiências da vergonha: Estudo das propriedades psicométricas da versão portuguesa da escala da centralidade do acontecimento. <i>Psicologia</i> , 2010, 24, 73-95.	0.1	11
48	Building Compassionate Schools: Pilot Study of a Compassionate Mind Training Intervention to Promote Teachers' Well-being. <i>Mindfulness</i> , 0, , 1.	1.6	11
49	The development of the Japanese version of the compassionate engagement and action scales. <i>PLoS ONE</i> , 2020, 15, e0230875.	1.1	10
50	Cultivating the Compassionate Self: an Exploration of the Mechanisms of Change in Compassionate Mind Training. <i>Mindfulness</i> , 2022, 13, 66-79.	1.6	9
51	Being Afraid of Compassion: Fears of Compassion as Mediators Between Early Emotional Memories and Psychopathological Symptoms in Adulthood. <i>European Psychiatry</i> , 2017, 41, S101-S101.	0.1	8
52	Multiple Group IRT Measurement Invariance Analysis of the Forms of Self-Criticising/Attacking and Self-Reassuring Scale in Thirteen International Samples. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , 2019, 37, 411-444.	1.0	8
53	Evidence-Based Digital Tools for Weight Loss Maintenance: The NoHoW Project. <i>Obesity Facts</i> , 2021, 14, 320-333.	1.6	7
54	Advancing the assessment of compassion: Psychometric study of the compassion motivation and action scales in a Portuguese sample. <i>Current Psychology</i> , 2023, 42, 10092-10106.	1.7	7

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55	Development of a measure for the assessment of peer-related positive emotional memories. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2018, 91, 79-94.	1.3	6
56	The Early Memories of Warmth and Safeness Scale: Dimensionality and Measurement Invariance. <i>Journal of Affective Disorders</i> , 2021, 280, 228-235.	2.0	6
57	Work Matters: Work Personal Projects and the Idiosyncratic Linkages Between Traits, Eudaimonic and Hedonic Well-being. <i>Social Indicators Research</i> , 2014, 115, 885-906.	1.4	5
58	Fears of compassion magnify the effects of rumination and worry on the relationship between self-criticism and depression. <i>Current Psychology</i> , 0, , 1.	1.7	4
59	The flows of compassion in adolescents as measured by the compassionate engagement and action scales. <i>Current Psychology</i> , 2023, 42, 7737-7751.	1.7	4
60	Compassionate Attributes and Action Scale for adolescents: Adaptation and validation. <i>European Psychiatry</i> , 2017, 41, S434-S434.	0.1	3
61	Beyond trauma: the contribution of characteristics of shame memories, shame, and self-criticism to voice-hearing proneness. <i>Current Psychology</i> , 2023, 42, 1750-1761.	1.7	3
62	Development of the external and internal shame scale: Japanese version. <i>BMC Research Notes</i> , 2021, 14, 297.	0.6	3
63	Measuring shame across five countries: dimensionality and measurement invariance of the external and internal shame scale. <i>Current Psychology</i> , 0, , 1.	1.7	2
64	Avaliaço do impacto de acontecimentos traumticos na adolescncia: validaço da Impact of Event Scale-Revised. <i>Estudos De Psicologia (Campinas)</i> , 2017, 34, 249-260.	0.8	2
65	O impacto das memrias de vergonha na adolescncia: A escala de Centralidade do Acontecimento (CES). <i>Analise Psicologica</i> , 2015, 33, 425-438.	0.2	2
66	Internalizing early memories of shame and lack of safeness and warmth: The mediating role of shame on depression – ERRATUM. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 494-494.	0.9	1
67	A Multilevel Multidimensional Finite Mixture Item Response Model to Cluster Respondents and Countries. <i>European Journal of Psychological Assessment</i> , 0, , 1-12.	1.7	1
68	Users’ Experiences With the NoHoW Web-Based Toolkit With Weight and Activity Tracking in Weight Loss Maintenance: Long-term Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e29302.	2.1	1
69	Designing evidence and theory-based ICT tools for weight loss maintenance: the H2020 NoHoW toolkit. <i>Frontiers in Public Health</i> , 0, 4, .	1.3	0