

Julia L Allan

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

50
papers

1,038
citations

18
h-index

31
g-index

52
ext. papers

1,297
ext. citations

3.9
avg, IF

4.6
L-index

#	Paper	IF	Citations
50	A taxometric analysis of type-D personality. <i>Psychosomatic Medicine</i> , 2009 , 71, 981-6	3.7	110
49	A bidirectional relationship between physical activity and executive function in older adults. <i>Frontiers in Human Neuroscience</i> , 2014 , 8, 1044	3.3	90
48	The best laid plans: planning skill determines the effectiveness of action plans and implementation intentions. <i>Annals of Behavioral Medicine</i> , 2013 , 46, 114-20	4.5	88
47	A Bidirectional Relationship between Executive Function and Health Behavior: Evidence, Implications, and Future Directions. <i>Frontiers in Neuroscience</i> , 2016 , 10, 386	5.1	73
46	Missed by an inch or a mile? Predicting the size of intention-behaviour gap from measures of executive control. <i>Psychology and Health</i> , 2011 , 26, 635-50	2.9	71
45	Unintentional eating. What determines goal-incongruent chocolate consumption?. <i>Appetite</i> , 2010 , 54, 422-5	4.5	56
44	Effect of Different Types of Physical Activity on Activities of Daily Living in Older Adults: Systematic Review and Meta-Analysis. <i>Journal of Aging and Physical Activity</i> , 2017 , 25, 653-670	1.6	51
43	Environmental interventions for altering eating behaviours of employees in the workplace: a systematic review. <i>Obesity Reviews</i> , 2017 , 18, 214-226	10.6	51
42	Depression and perceived behavioral control are independent predictors of future activity and fitness after coronary syndrome events. <i>Journal of Psychosomatic Research</i> , 2007 , 63, 501-8	4.1	39
41	Stress amongst nurses working in a healthcare telephone-advice service: relationship with job satisfaction, intention to leave, sickness absence, and performance. <i>Journal of Advanced Nursing</i> , 2012 , 68, 1624-35	3.1	36
40	Stressors, Appraisal of Stressors, Experienced Stress and Cardiac Response: A Real-Time, Real-Life Investigation of Work Stress in Nurses. <i>Annals of Behavioral Medicine</i> , 2016 , 50, 187-97	4.5	35
39	Nursing stress and patient care: real-time investigation of the effect of nursing tasks and demands on psychological stress, physiological stress, and job performance: study protocol. <i>Journal of Advanced Nursing</i> , 2013 , 69, 2327-35	3.1	25
38	Understanding perceived determinants of nurses' seating and physical activity behaviour: a theory-informed qualitative interview study. <i>BMC Obesity</i> , 2017 , 4, 18	3.6	24
37	Snack purchasing is healthier when the cognitive demands of choice are reduced: A randomized controlled trial. <i>Health Psychology</i> , 2015 , 34, 750-755	5	23
36	Dietary Behavior: An Interdisciplinary Conceptual Analysis and Taxonomy. <i>Frontiers in Psychology</i> , 2018 , 9, 1689	3.4	22
35	Does real time variability in inhibitory control drive snacking behavior? An intensive longitudinal study. <i>Health Psychology</i> , 2017 , 36, 356-364	5	21
34	Why does work cause fatigue? A real-time investigation of fatigue, and determinants of fatigue in nurses working 12-hour shifts. <i>Annals of Behavioral Medicine</i> , 2019 , 53, 551-562	4.5	20

33	Activity and affect: repeated within-participant assessment in people after joint replacement surgery. <i>Rehabilitation Psychology</i> , 2009 , 54, 83-90	2.7	19
32	Bedtime routines child wellbeing & development. <i>BMC Public Health</i> , 2018 , 18, 386	4.1	18
31	Total skin self-examination at home for people treated for cutaneous melanoma: development and pilot of a digital intervention. <i>BMJ Open</i> , 2015 , 5, e007993	3	17
30	Stress in telephone helpline nurses is associated with failures of concentration, attention and memory, and with more conservative referral decisions. <i>British Journal of Psychology</i> , 2014 , 105, 200-13	4	16
29	Frequency of nursing tasks in medical and surgical wards. <i>Journal of Nursing Management</i> , 2013 , 21, 860-69	4.9	16
28	Effects of workplace-based dietary and/or physical activity interventions for weight management targeting healthcare professionals: a systematic review of randomised controlled trials. <i>BMC Obesity</i> , 2014 , 1, 23	3.6	14
27	What do self-efficacy items measure? Examining the discriminant content validity of self-efficacy items. <i>British Journal of Health Psychology</i> , 2018 , 23, 597-611	8.3	12
26	Why do people fail to turn good intentions into action? The role of executive control processes in the translation of healthy eating intentions into action in young Scottish adults. <i>BMC Public Health</i> , 2008 , 8, 123	4.1	11
25	Clinical decisions and time since rest break: An analysis of decision fatigue in nurses. <i>Health Psychology</i> , 2019 , 38, 318-324	5	10
24	"You Can't Always Get What You Want": A Novel Research Paradigm to Explore the Relationship between Multiple Intentions and Behaviours. <i>Applied Psychology: Health and Well-Being</i> , 2016 , 8, 258-75	6.8	10
23	What do Demand-Control and Effort-Reward work stress questionnaires really measure? A discriminant content validity study of relevance and representativeness of measures. <i>British Journal of Health Psychology</i> , 2017 , 22, 295-329	8.3	9
22	Stress in telephone helpline nurses: research protocol for a study of theoretical determinants, physiological aspects and behavioural consequences. <i>Journal of Advanced Nursing</i> , 2009 , 65, 2208-15	3.1	8
21	Multilevel structural equation models for longitudinal data where predictors are measured more frequently than outcomes: an application to the effects of stress on the cognitive function of nurses. <i>Journal of the Royal Statistical Society Series A: Statistics in Society</i> , 2017 , 180, 263-283	2.1	6
20	Bedtime Routines Intervention for Children (BRIC) using an automated text messaging system for behaviour change: study protocol for an early phase study. <i>Pilot and Feasibility Studies</i> , 2020 , 6, 14	1.9	4
19	The SNAPSHOT study protocol: SNacking, Physical activity, Self-regulation, and Heart rate Over Time. <i>BMC Public Health</i> , 2014 , 14, 1006	4.1	4
18	Mapping the snack and drink landscape in a large UK hospital site		4
17	Prompting consumers to make healthier food choices in hospitals: a cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 86	8.4	3
16	Performance pay and low-grade stress: An experimental study. <i>Work</i> , 2020 , 67, 449-457	1.6	3

15	Time Perspective and All-Cause Mortality: Evidence From the English Longitudinal Study of Ageing. <i>Annals of Behavioral Medicine</i> , 2019 , 53, 486-492	4.5	2
14	Tracking snacking in real time: Time to look at individualised patterns of behaviour. <i>Nutrition and Health</i> , 2019 , 25, 179-184	2.1	2
13	"Better" clinical decisions do not necessarily require more time to make. <i>Journal of Clinical Epidemiology</i> , 2017 , 82, 173-174	5.7	2
12	Achieving integrated self-directed Cancer aftercare (ASICA) for melanoma: how a digital intervention to support total skin self-examination was used by people treated for cutaneous melanoma. <i>BMC Cancer</i> , 2021 , 21, 1217	4.8	2
11	Antibiotic prescribing for respiratory tract infection: exploring drivers of cognitive effort and factors associated with inappropriate prescribing. <i>Family Practice</i> , 2021 , 38, 740-750	1.9	2
10	Employment contracts and stress: Experimental evidence. <i>Journal of Economic Behavior and Organization</i> , 2021 , 187, 360-373	1.6	2
9	An Interactive Text Message Survey as a Novel Assessment for Bedtime Routines in Public Health Research: Observational Study. <i>JMIR Public Health and Surveillance</i> , 2020 , 6, e15524	11.4	1
8	Healthy snacks in hospitals: Testing the potential effects of changes in availability. <i>Nutrition and Health</i> , 2021 , 27, 321-327	2.1	1
7	How can we better prepare new doctors for the tasks and challenges of ward rounds?: An observational study of junior doctors' experiences. <i>Medical Teacher</i> , 2021 , 43, 1294-1301	3	1
6	The Cyclical Relation Between Chronic Pain, Executive Functioning, Emotional Regulation, and Self-Management. <i>Journal of Pediatric Psychology</i> , 2021 , 46, 286-292	3.2	1
5	Defining and measuring bedtime routines in families with young children-A DELPHI process for reaching wider consensus. <i>PLoS ONE</i> , 2021 , 16, e0247490	3.7	1
4	Development of a behaviour change workplace-based intervention to improve nurses' sitting and physical activity. <i>Pilot and Feasibility Studies</i> , 2021 , 7, 53	1.9	1
3	Perceived Barriers and Facilitators for Bedtime Routines in Families with Young Children. <i>Children</i> , 2021 , 8,	2.8	1
2	How many calories do nurses burn at work? A real-time study of nurses' energy expenditure. <i>Journal of Research in Nursing</i> , 2019 , 24, 488-497	0.9	
1	Bedtime Routines Intervention for Children (BRIC) project: results from a non-randomised feasibility, proof-of concept study. <i>Pilot and Feasibility Studies</i> , 2022 , 8, 79	1.9	