Jacob Reed

List of Publications by Year in descending order

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Version: 2024-02-01

2682572 2917675 2 56 2 2 citations h-index g-index papers 2 2 2 111 docs citations all docs times ranked citing authors

#	Article	IF	CITATIONS
1	A meta-regression of the effects of resistance training frequency on muscular strength and hypertrophy in adults over 60 years of age. Journal of Sports Sciences, 2021, 39, 351-358.	2.0	17
2	Effect of resistance training frequency on physiological adaptations in older adults. Journal of Exercise Science and Fitness, 2012, 10, 28-32.	2.2	39