

Jannique G Z Van Uffelen

List of Publications by Year in descending order

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Version: 2024-02-01

76
papers

4,717
citations

126708

33
h-index

102304

66
g-index

77
all docs

77
docs citations

77
times ranked

6734
citing authors

#	ARTICLE	IF	CITATIONS
1	The association between social support and physical activity in older adults: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 56.	2.0	479
2	Occupational Sitting and Health Risks. <i>American Journal of Preventive Medicine</i> , 2010, 39, 379-388.	1.6	423
3	Physical and psychosocial benefits of yoga in cancer patients and survivors, a systematic review and meta-analysis of randomized controlled trials. <i>BMC Cancer</i> , 2012, 12, 559.	1.1	263
4	The Effects of Exercise on Cognition in Older Adults With and Without Cognitive Decline: A Systematic Review. <i>Clinical Journal of Sport Medicine</i> , 2008, 18, 486-500.	0.9	233
5	Walking or vitamin B for cognition in older adults with mild cognitive impairment? A randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2008, 42, 344-351.	3.1	223
6	Are workplace interventions to reduce sitting effective? A systematic review. <i>Preventive Medicine</i> , 2010, 51, 352-356.	1.6	212
7	The Functional Effects of Physical Exercise Training in Frail Older People. <i>Sports Medicine</i> , 2008, 38, 781-793.	3.1	206
8	The effect of physical exercise on bone density in middle-aged and older men: A systematic review. <i>Osteoporosis International</i> , 2013, 24, 2749-2762.	1.3	145
9	Copenhagen Consensus statement 2019: physical activity and ageing. <i>British Journal of Sports Medicine</i> , 2019, 53, 856-858.	3.1	145
10	Gender differences in physical activity motivators and context preferences: a population-based study in people in their sixties. <i>BMC Public Health</i> , 2017, 17, 624.	1.2	127
11	The descriptive epidemiology of total physical activity, muscle-strengthening exercises and sedentary behaviour among Australian adults – results from the National Nutrition and Physical Activity Survey. <i>BMC Public Health</i> , 2015, 16, 73.	1.2	125
12	Sport and ageing: a systematic review of the determinants and trends of participation in sport for older adults. <i>BMC Public Health</i> , 2017, 17, 976.	1.2	99
13	Occupational sitting time: employees' perceptions of health risks and intervention strategies. <i>Health Promotion Journal of Australia</i> , 2011, 22, 38-43.	0.6	98
14	Too much sitting and all-cause mortality: is there a causal link?. <i>BMC Public Health</i> , 2016, 16, 635.	1.2	96
15	What do IPAQ questions mean to older adults? Lessons from cognitive interviews. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 35.	2.0	89
16	Associations of physical activity and screen-time on health related quality of life in adults. <i>Preventive Medicine</i> , 2012, 55, 46-49.	1.6	83
17	Are Active Australia physical activity questions valid for older adults?. <i>Journal of Science and Medicine in Sport</i> , 2011, 14, 233-237.	0.6	79
18	Pumping Iron in Australia: Prevalence, Trends and Sociodemographic Correlates of Muscle Strengthening Activity Participation from a National Sample of 195,926 Adults. <i>PLoS ONE</i> , 2016, 11, e0153225.	1.1	78

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19	Dose-response relationships between physical activity, walking and health-related quality of life in mid-age and older women. <i>Journal of Epidemiology and Community Health</i> , 2012, 66, 670-677.	2.0	76
20	Understanding occupational sitting: Prevalence, correlates and moderating effects in Australian employees. <i>Preventive Medicine</i> , 2014, 67, 288-294.	1.6	75
21	Sitting-Time, Physical Activity, and Depressive Symptoms in Mid-Aged Women. <i>American Journal of Preventive Medicine</i> , 2013, 45, 276-281.	1.6	59
22	Adherence to Exercise Programs and Determinants of Maintenance in Older Adults With Mild Cognitive Impairment. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 32-46.	0.5	56
23	Total and domain-specific sitting time among employees in desk-based work settings in Australia. <i>Australian and New Zealand Journal of Public Health</i> , 2015, 39, 237-242.	0.8	56
24	Associations of overall sitting time and sitting time in different contexts with depression, anxiety, and stress symptoms. <i>Mental Health and Physical Activity</i> , 2014, 7, 105-110.	0.9	54
25	Validity of objective methods for measuring sedentary behaviour in older adults: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 119.	2.0	54
26	The effect of walking and vitamin B supplementation on quality of life in community-dwelling adults with mild cognitive impairment: a randomized, controlled trial. <i>Quality of Life Research</i> , 2007, 16, 1137-1146.	1.5	51
27	Sport for Adults Aged 50+ Years: Participation Benefits and Barriers. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 363-371.	0.5	50
28	The contribution of sport participation to overall health enhancing physical activity levels in Australia: a population-based study. <i>BMC Public Health</i> , 2015, 15, 806.	1.2	49
29	A qualitative study of older adults' responses to sitting-time questions: do we get the information we want?. <i>BMC Public Health</i> , 2011, 11, 458.	1.2	48
30	Sitting Time Is Associated With Weight, but Not With Weight Gain in Mid-Aged Australian Women. <i>Obesity</i> , 2010, 18, 1788-1794.	1.5	44
31	Physical activity recommendations from general practitioners in Australia. Results from a national survey. <i>Australian and New Zealand Journal of Public Health</i> , 2016, 40, 83-90.	0.8	42
32	Determinants of Weight Gain in Young Women: A Review of the Literature. <i>Journal of Women's Health</i> , 2010, 19, 1327-1340.	1.5	39
33	Participation trends in holistic movement practices: a 10-year comparison of yoga/Pilates and tai chi/qigong use among a national sample of 195,926 Australians. <i>BMC Complementary and Alternative Medicine</i> , 2017, 17, 296.	3.7	38
34	Feasibility and Effectiveness of a Walking Program for Community-Dwelling Older Adults with Mild Cognitive Impairment. <i>Journal of Aging and Physical Activity</i> , 2009, 17, 398-415.	0.5	35
35	One day you'll wake up and won't have to go to work: The impact of changes in time use on mental health following retirement. <i>PLoS ONE</i> , 2018, 13, e0199605.	1.1	35
36	Associations between sitting time and weight in young adult Australian women. <i>Preventive Medicine</i> , 2010, 51, 361-367.	1.6	34

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37	Correlates of Sitting Time in Working Age Australian Women: Who Should Be Targeted With Interventions to Decrease Sitting Time?. <i>Journal of Physical Activity and Health</i> , 2012, 9, 270-287.	1.0	34
38	Physical Activity, Walking, and Quality of Life in Women with Depressive Symptoms. <i>American Journal of Preventive Medicine</i> , 2015, 48, 281-291.	1.6	34
39	A mixed methods case study exploring the impact of membership of a multi-activity, multicentre community group on social wellbeing of older adults. <i>BMC Geriatrics</i> , 2018, 18, 226.	1.1	32
40	Changes in use of time across retirement: A longitudinal study. <i>Maturitas</i> , 2017, 100, 70-76.	1.0	31
41	Mid-Aged Adults' Sitting Time in Three Contexts. <i>American Journal of Preventive Medicine</i> , 2012, 42, 363-373.	1.6	29
42	Do physical activity interventions in Indigenous people in Australia and New Zealand improve activity levels and health outcomes? A systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 129.	2.0	29
43	What Is a Healthy Body Mass Index for Women in Their Seventies? Results From the Australian Longitudinal Study on Women's Health. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2010, 65A, 847-853.	1.7	28
44	Contribution of house and garden work to the association between physical activity and well-being in young, mid-aged and older women. <i>British Journal of Sports Medicine</i> , 2014, 48, 996-1001.	3.1	28
45	The Effects of Workplace Physical Activity Interventions in Men. <i>American Journal of Men's Health</i> , 2012, 6, 303-313.	0.7	26
46	A mixed-methods case study exploring the impact of participation in community activity groups for older adults on physical activity, health and wellbeing. <i>BMC Geriatrics</i> , 2019, 19, 243.	1.1	24
47	Determinants of physical activity in a cohort of young adult women. Who is at risk of inactive behaviour?. <i>Journal of Science and Medicine in Sport</i> , 2015, 18, 49-55.	0.6	23
48	The effects of pole walking on health in adults: A systematic review. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012, 22, e70-8.	1.3	22
49	Detection of memory impairment in the general population: screening by questionnaire and telephone compared to subsequent face-to-face assessment. <i>International Journal of Geriatric Psychiatry</i> , 2007, 22, 203-210.	1.3	21
50	Comparison of Self-Reported Week-Day and Weekend-Day Sitting Time and Weekly Time-Use: Results from the Australian Longitudinal Study on Women's Health. <i>International Journal of Behavioral Medicine</i> , 2011, 18, 221-228.	0.8	20
51	Physical activity and quality of life in older women with a history of depressive symptoms. <i>Preventive Medicine</i> , 2016, 91, 299-305.	1.6	20
52	Are they worth their weight in gold? Sport for older adults: benefits and barriers of their participation for sporting organisations. <i>International Journal of Sport Policy and Politics</i> , 2016, 8, 663-680.	1.0	20
53	Protocol for Project FACT: a randomised controlled trial on the effect of a walking program and vitamin B supplementation on the rate of cognitive decline and psychosocial wellbeing in older adults with mild cognitive impairment [ISRCTN19227688]. <i>BMC Geriatrics</i> , 2005, 5, 18.	1.1	19
54	How to re-engage older adults in community sport? Reasons for drop-out and re-engagement. <i>Leisure Studies</i> , 2021, 40, 441-453.	1.2	19

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55	Participant characteristics of users of holistic movement practices in Australia. <i>Complementary Therapies in Clinical Practice</i> , 2018, 31, 181-187.	0.7	18
56	A focus group study of older adults's™ perceptions and preferences towards web-based physical activity interventions. <i>Informatics for Health and Social Care</i> , 2020, 45, 273-281.	1.4	16
57	Physical activity in three regional communities in Queensland. <i>Australian Journal of Rural Health</i> , 2013, 21, 112-120.	0.7	15
58	Physical Activity Attitudes, Preferences, and Experiences of Regionally-Based Australia Adults Aged 65 Years and Older. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 446-451.	0.5	13
59	Changes in use of time, activity patterns, and health and wellbeing across retirement: design and methods of the life after work study. <i>BMC Public Health</i> , 2013, 13, 952.	1.2	11
60	Can a framed intervention motivate older adults in assisted living facilities to exercise?. <i>BMC Geriatrics</i> , 2019, 19, 46.	1.1	10
61	The Effectiveness of a Computer-Tailored Web-Based Physical Activity Intervention Using Fitbit Activity Trackers in Older Adults (Active for Life): Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2022, 24, e31352.	2.1	9
62	Which Older Women Could Benefit from Interventions to Decrease Sitting Time and Increase Physical Activity?. <i>Journal of the American Geriatrics Society</i> , 2012, 60, 393-396.	1.3	7
63	How Do Older Adults Respond to Active Australia Physical Activity Questions? Lessons From Cognitive Interviews. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 74-86.	0.5	7
64	Variations in area-level disadvantage of Australian registered fitness trainers usual training locations. <i>BMC Public Health</i> , 2016, 16, 551.	1.2	7
65	BMI and longevity in women: A time for reflection?. <i>Maturitas</i> , 2010, 67, 294-295.	1.0	6
66	Marketing Up the Wrong Tree? Organisational Perspectives on Attracting and/or Retaining Older Adults in Sport. <i>Frontiers in Sports and Active Living</i> , 2021, 3, 772361.	0.9	6
67	Twelve month impact of the Just Walk It program on physical activity levels. <i>Health Promotion Journal of Australia</i> , 2012, 23, 101-107.	0.6	5
68	Sources of practice knowledge among Australian fitness trainers. <i>Translational Behavioral Medicine</i> , 2017, 7, 741-750.	1.2	5
69	Assessment and monitoring practices of Australian fitness professionals. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 433-438.	0.6	5
70	Physical Activity Levels of Breast Cancer Patients Before Diagnosis Compared to a Reference Population: A Cross-Sectional Comparative Study. <i>Clinical Breast Cancer</i> , 2022, 22, e708-e717.	1.1	5
71	On your feet: protocol for a randomized controlled trial to compare the effects of pole walking and regular walking on physical and psychosocial health in older adults. <i>BMC Public Health</i> , 2014, 14, 375.	1.2	4
72	Everybody's working for the weekend: changes in enjoyment of everyday activities across the retirement threshold. <i>Age and Ageing</i> , 2016, 45, 850-855.	0.7	4

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73	Sitting Time in Adults 65 Years and Over: Behavior, Knowledge, and Intentions to Change. <i>Journal of Aging and Physical Activity</i> , 2018, 26, 276-283.	0.5	4
74	Are Reallocations between Sedentary Behaviour and Physical Activity Associated with Better Sleep in Adults Aged 55+ Years? An Isotemporal Substitution Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9579.	1.2	3
75	Pole walking downâ€under: profile of pole walking leaders, walkers and programs in Australia and factors relating to participation. <i>Health Promotion Journal of Australia</i> , 2014, 25, 215-221.	0.6	0
76	Fitness And Health Assessment And Monitoring Practices Of Fitness Trainers. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 518.	0.2	0