Timothy D Noakes

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

526	24,827	84	126
papers	citations	h-index	g-index
556	26,829 ext. citations	5	7.18
ext. papers		avg, IF	L-index

#	Paper	IF	Citations
526	Hiding unhealthy heart outcomes in a low-fat diet trial: the Women's Health Initiative Randomized Controlled Dietary Modification Trial finds that postmenopausal women with established coronary heart disease were at increased risk of an adverse outcome if they consumed a low-fat	3	2
525	Conventional Testing Produces Submaximal Values for Oxygen Uptake in Elite Runners. <i>International Journal of Sports Physiology and Performance</i> , 2021 , 1-6	3.5	
524	Greater Short-Time Recovery of Peripheral Fatigue After Short- Compared With Long-Duration Time Trial. <i>Frontiers in Physiology</i> , 2020 , 11, 399	4.6	3
523	Modulation of cortical and subcortical brain areas at low and high exercise intensities. <i>British Journal of Sports Medicine</i> , 2020 , 54, 110-115	10.3	13
522	Strength and Sprint Time Changes in Response to Repeated Shuttles Between the Wickets During Batting in Cricket. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 3056-3064	3.2	2
521	High Rates of Fat Oxidation Induced by a Low-Carbohydrate, High-Fat Diet, Do Not Impair 5-km Running Performance in Competitive Recreational Athletes. <i>Journal of Sports Science and Medicine</i> , 2019 , 18, 738-750	2.7	9
520	Coaching implications of the lateral batting backlift technique in men's cricket: a discussion and food for thought. <i>BMJ Open Sport and Exercise Medicine</i> , 2019 , 5, e000494	3.4	2
519	Diet, Diabetes Status, and Personal Experiences of Individuals with Type 2 diabetes Who Self-Selected and Followed a Low Carbohydrate High Fat diet. <i>Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy</i> , 2019 , 12, 2567-2582	3.4	12
518	Aspirin to Prevent Sudden Cardiac Death in Athletes with High Coronary Artery Calcium Scores. <i>American Journal of Medicine</i> , 2019 , 132, 138-141	2.4	16
517	Response to: Lessons from Popper for science, paradigm shifts, scientific revolutions and exercise physiology. <i>BMJ Open Sport and Exercise Medicine</i> , 2018 , 4, e000277	3.4	3
516	A Carbohydrate Ingestion Intervention in an Elite Athlete Who Follows a Low-Carbohydrate High-Fat Diet. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 957-960	3.5	10
515	The Psychophysiological Determinants of Pacing Behaviour and Performance During Prolonged Endurance Exercise: A Performance Level and Competition Outcome Comparison. <i>Sports Medicine</i> , 2018 , 48, 2387-2400	10.6	9
514	Modelling the process of falling behind and its psychophysiological consequences. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1523-1528	10.3	4
513	Towards a three-dimensional framework of centrally regulated and goal-directed exercise behaviour: a narrative review. <i>British Journal of Sports Medicine</i> , 2018 , 52, 957-966	10.3	43
512	Do women experience less diaphragmatic fatigue during inspiratory resistance loading?. <i>Journal of Physiology</i> , 2018 , 596, 3821-3822	3.9	
511	Caffeine and Placebo Improved Maximal Exercise Performance Despite Unchanged Motor Cortex Activation and Greater Prefrontal Cortex Deoxygenation. <i>Frontiers in Physiology</i> , 2018 , 9, 1144	4.6	18
510	Effect of expertise on pacing strategies and sprint performance in batsmen. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 513-517	4.4	1

(2016-2018)

509	The Psychophysiological Regulation of Pacing Behaviour and Performance Fatigability During Long-Distance Running with Locomotor Muscle Fatigue and Exercise-Induced Muscle Damage in Highly Trained Runners. <i>Sports Medicine - Open</i> , 2018 , 4, 29	6.1	10
508	Modelling perception-action coupling in the phenomenological experience of "hitting the wall" during long-distance running with exercise induced muscle damage in highly trained runners. <i>Sports Medicine - Open</i> , 2018 , 4, 30	6.1	1
507	Neuromuscular Fatigue at Task Failure and During Immediate Recovery after Isometric Knee Extension Trials. <i>Sports</i> , 2018 , 6,	3	4
506	Perceived Fatigability: Utility of a Three-Dimensional Dynamical Systems Framework to Better Understand the Psychophysiological Regulation of Goal-Directed Exercise Behaviour. <i>Sports Medicine</i> , 2018 , 48, 2479-2495	10.6	20
505	Muscle co-activation and its influence on running performance and risk of injury in elite Kenyan runners. <i>Journal of Sports Sciences</i> , 2017 , 35, 175-181	3.6	14
504	Brain oxygenation declines in elite Kenyan runners during a maximal interval training session. <i>European Journal of Applied Physiology</i> , 2017 , 117, 1017-1024	3.4	11
503	Evidence that supports the prescription of low-carbohydrate high-fat diets: a narrative review. British Journal of Sports Medicine, 2017 , 51, 133-139	10.3	73
502	Use of social media by health professionals in South Africa. <i>South African Medical Journal</i> , 2017 , 107, 12061	1.5	O
501	Naude et al. avoid answering the essential question: Mistake or mischief?. <i>South African Medical Journal</i> , 2017 , 107, 360	1.5	
500	Are gait characteristics and ground reaction forces related to energy cost of running in elite Kenyan runners?. <i>Journal of Sports Sciences</i> , 2017 , 35, 531-538	3.6	22
499	Ad-libitum drinking and performance during a 40-km cycling time trial in the heat. <i>European Journal of Sport Science</i> , 2016 , 16, 213-20	3.9	23
498	Carbohydrate intake, obesity, metabolic syndrome and cancer risk? A two-part systematic review and meta-analysis protocol to estimate attributability. <i>BMJ Open</i> , 2016 , 6, e009301	3	15
497	A descriptive analysis of batting backlift techniques in cricket: Does the practice of elite cricketers follow the theory?. <i>Journal of Sports Sciences</i> , 2016 , 34, 1930-40	3.6	7
496	A successful lifestyle intervention model replicated in diverse clinical settings. <i>South African Medical Journal</i> , 2016 , 106, 763-6	1.5	4
495	Cerebral Regulation in Different Maximal Aerobic Exercise Modes. <i>Frontiers in Physiology</i> , 2016 , 7, 253	4.6	19
494	No Critical Peripheral Fatigue Threshold during Intermittent Isometric Time to Task Failure Test with the Knee Extensors. <i>Frontiers in Physiology</i> , 2016 , 7, 627	4.6	3
493	The universities of Stellenbosch/Cape Town low-carbohydrate diet review: Mistake or mischief?. <i>South African Medical Journal</i> , 2016 , 106, 1179	1.5	1
492	Central Regulation and Neuromuscular Fatigue during Exercise of Different Durations. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1024-32	1.2	33

491	Gluconeogenesis during endurance exercise in cyclists habituated to a long-term low carbohydrate high-fat diet. <i>Journal of Physiology</i> , 2016 , 594, 4389-405	3.9	67
490	Novel coaching cricket bat: can it be used to enhance the backlift and performance of junior cricket batsmen?. <i>BMJ Open Sport and Exercise Medicine</i> , 2016 , 2, e000141	3.4	1
489	Neuromuscular changes associated with superior fatigue resistance in African runners. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016 , 56, 857-63	1.4	
488	Relationships between Cardiorespiratory and Muscular Fitness with Cardiometabolic Risk in Adolescents. <i>Research in Sports Medicine</i> , 2015 , 23, 227-39	3.8	20
487	Exercise-associated hyponatremic encephalopathy and exertional heatstroke in a soldier: High rates of fluid intake during exercise caused rather than prevented a fatal outcome. <i>Physician and Sportsmedicine</i> , 2015 , 43, 93-8	2.4	15
486	Effects of light deprivation in physical performance and psychophysiological responses to a time-to-exhaustion exercise test. <i>Physiology and Behavior</i> , 2015 , 151, 535-40	3.5	2
485	Relationship between vertical jump and maximal power output of legs and arms: effects of ethnicity and sport. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015 , 25, e197-207	4.6	11
484	Maintained cerebral oxygenation during maximal self-paced exercise in elite Kenyan runners. Journal of Applied Physiology, 2015 , 118, 156-62	3.7	25
483	Brain stimulation modulates the autonomic nervous system, rating of perceived exertion and performance during maximal exercise. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1213-8	10.3	131
482	Brain activity and perceived exertion during cycling exercise: an fMRI study. <i>British Journal of Sports Medicine</i> , 2015 , 49, 556-60	10.3	50
482 481		10.3 3.9	50
	Medicine, 2015 , 49, 556-60		
481	Medicine, 2015, 49, 556-60 Rethinking fat as a fuel for endurance exercise. European Journal of Sport Science, 2015, 15, 13-20 Drafting's improvement of 3000-m running performance in elite athletes: is it a placebo effect?.	3.9	137
481 480	Medicine, 2015, 49, 556-60 Rethinking fat as a fuel for endurance exercise. European Journal of Sport Science, 2015, 15, 13-20 Drafting's improvement of 3000-m running performance in elite athletes: is it a placebo effect?. International Journal of Sports Physiology and Performance, 2015, 10, 147-52 Influence of Affective Stimuli on Leg Power Output and Associated Neuromuscular Parameters	3·9 3·5	137
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481 480 479 478	Medicine, 2015, 49, 556-60 Rethinking fat as a fuel for endurance exercise. European Journal of Sport Science, 2015, 15, 13-20 Drafting's improvement of 3000-m running performance in elite athletes: is it a placebo effect?. International Journal of Sports Physiology and Performance, 2015, 10, 147-52 Influence of Affective Stimuli on Leg Power Output and Associated Neuromuscular Parameters during Repeated High Intensity Cycling Exercises. PLoS ONE, 2015, 10, e0136330 Evidence of cardiac functional reserve upon exhaustion during incremental exercise to determine VO2max. British Journal of Sports Medicine, 2015, 49, 128-32 The 2012 University of Cape Town Faculty of Health Sciences centenary debate. South African	3.9 3.5 3.7	137 15 7
481 480 479 478	Rethinking fat as a fuel for endurance exercise. European Journal of Sport Science, 2015, 15, 13-20 Drafting's improvement of 3000-m running performance in elite athletes: is it a placebo effect?. International Journal of Sports Physiology and Performance, 2015, 10, 147-52 Influence of Affective Stimuli on Leg Power Output and Associated Neuromuscular Parameters during Repeated High Intensity Cycling Exercises. PLoS ONE, 2015, 10, e0136330 Evidence of cardiac functional reserve upon exhaustion during incremental exercise to determine VO2max. British Journal of Sports Medicine, 2015, 49, 128-32 The 2012 University of Cape Town Faculty of Health Sciences centenary debate. South African Journal of Clinical Nutrition, 2015, 28, 19-33 The validity of the Moxus Modular metabolic system during incremental exercise tests: impacts on detection of small changes in oxygen consumption. European Journal of Applied Physiology, 2014,	3.9 3.5 3.7 10.3	137 15 7 9

(2012-2014)

473	Potentiation and electrical stimulus frequency during self-paced exercise and recovery. <i>Journal of Human Kinetics</i> , 2014 , 42, 91-101	2.6	7
472	McArdle disease does not affect skeletal muscle fibre type profiles in humans. <i>Biology Open</i> , 2014 , 3, 1224-7	2.2	5
471	WHIDMT: Rossouw and Howard blatantly miss the point. South African Medical Journal, 2014, 104, 261-2	21.5	2
470	Effect of treadmill versus overground running on the structure of variability of stride timing. <i>Perceptual and Motor Skills</i> , 2014 , 118, 331-46	2.2	32
469	The quantification of body fluid allostasis during exercise. Sports Medicine, 2013, 43, 1289-99	10.6	11
468	Match running performance fluctuations in elite soccer: indicative of fatigue, pacing or situational influences?. <i>Journal of Sports Sciences</i> , 2013 , 31, 1627-38	3.6	172
467	Physical activity and the brain: a review of this dynamic, bi-directional relationship. <i>Brain Research</i> , 2013 , 1539, 95-104	3.7	154
466	Hyponatremia of Exercise 2013 , 539-548		
465	The development of peripheral fatigue and short-term recovery during self-paced high-intensity exercise. <i>Journal of Physiology</i> , 2013 , 591, 1339-46	3.9	122
464	Neural correlates of motor vigour and motor urgency during exercise. <i>Sports Medicine</i> , 2013 , 43, 227-41	10.6	20
464	Neural correlates of motor vigour and motor urgency during exercise. <i>Sports Medicine</i> , 2013 , 43, 227-41 Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation</i> , <i>Space</i> , <i>and Environmental Medicine</i> , 2013 , 84, 97-103	10.6	20
	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation</i> ,	10.6 2.6	
463	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation, Space, and Environmental Medicine</i> , 2013 , 84, 97-103 Potentiation increases peak twitch torque by enhancing rates of torque development and		6
463	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation, Space, and Environmental Medicine,</i> 2013 , 84, 97-103 Potentiation increases peak twitch torque by enhancing rates of torque development and relaxation. <i>Journal of Human Kinetics,</i> 2013 , 38, 83-94 Low-carbohydrate and high-fat intake can manage obesity and associated conditions: occasional	2.6	8
463 462 461	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation, Space, and Environmental Medicine,</i> 2013 , 84, 97-103 Potentiation increases peak twitch torque by enhancing rates of torque development and relaxation. <i>Journal of Human Kinetics,</i> 2013 , 38, 83-94 Low-carbohydrate and high-fat intake can manage obesity and associated conditions: occasional survey. <i>South African Medical Journal,</i> 2013 , 103, 826-30 The Women's Health Initiative Randomized Controlled Dietary Modification Trial: an inconvenient	2.6	6 8 22
463 462 461 460	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation, Space, and Environmental Medicine,</i> 2013 , 84, 97-103 Potentiation increases peak twitch torque by enhancing rates of torque development and relaxation. <i>Journal of Human Kinetics,</i> 2013 , 38, 83-94 Low-carbohydrate and high-fat intake can manage obesity and associated conditions: occasional survey. <i>South African Medical Journal,</i> 2013 , 103, 826-30 The Women's Health Initiative Randomized Controlled Dietary Modification Trial: an inconvenient finding and the diet-heart hypothesis. <i>South African Medical Journal,</i> 2013 , 103, 824-5 Lion (Panthera leo) and caracal (Caracal caracal) type IIx single muscle fibre force and power exceed	2.6 1.5	6 8 22 5
463 462 461 460 459	Ad libitum vs. restricted fluid replacement on hydration and performance of military tasks. <i>Aviation, Space, and Environmental Medicine,</i> 2013 , 84, 97-103 Potentiation increases peak twitch torque by enhancing rates of torque development and relaxation. <i>Journal of Human Kinetics,</i> 2013 , 38, 83-94 Low-carbohydrate and high-fat intake can manage obesity and associated conditions: occasional survey. <i>South African Medical Journal,</i> 2013 , 103, 826-30 The Women's Health Initiative Randomized Controlled Dietary Modification Trial: an inconvenient finding and the diet-heart hypothesis. <i>South African Medical Journal,</i> 2013 , 103, 824-5 Lion (Panthera leo) and caracal (Caracal caracal) type IIx single muscle fibre force and power exceed that of trained humans. <i>Journal of Experimental Biology,</i> 2013 , 216, 960-9 Conventional testing methods produce submaximal values of maximum oxygen consumption.	2.6 1.5 1.5	6 8 22 5

455	Estimated Time Limit. Sports Medicine, 2012, 42, 845-855	10.6	8
454	The Central Governor Model in 2012: eight new papers deepen our understanding of the regulation of human exercise performance. <i>British Journal of Sports Medicine</i> , 2012 , 46, 1-3	10.3	26
453	Avoid adding insult to injury - correct management of sick female endurance athletes. <i>South African Medical Journal</i> , 2012 , 102, 927-30	1.5	12
452	UCT taught me how to challenge beliefs. South African Medical Journal, 2012, 102, 430-2	1.5	
451	Olympics: Run for your life. <i>Nature</i> , 2012 , 487, 295-6	50.4	45
450	AVPR2 gene and weight changes during triathlons. <i>International Journal of Sports Medicine</i> , 2012 , 33, 67-75	3.6	3
449	High oxidative capacity and type IIx fibre content in springbok and fallow deer skeletal muscle suggest fast sprinters with a resistance to fatigue. <i>Journal of Experimental Biology</i> , 2012 , 215, 3997-400)5 ³	29
448	Drinking behaviors of elite male runners during marathon competition. <i>Clinical Journal of Sport Medicine</i> , 2012 , 22, 254-61	3.2	59
447	Allometric scaling of peak power output accurately predicts time trial performance and maximal oxygen consumption in trained cyclists. <i>British Journal of Sports Medicine</i> , 2012 , 46, 36-41	10.3	23
446	Perceptual cues in the regulation of exercise performance - physical sensations of exercise and awareness of effort interact as separate cues. <i>British Journal of Sports Medicine</i> , 2012 , 46, 42-8	10.3	50
445	Training state improves the relationship between rating of perceived exertion and relative exercise volume during resistance exercises. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 2990-6	3.2	21
444	Fatigue is a Brain-Derived Emotion that Regulates the Exercise Behavior to Ensure the Protection of Whole Body Homeostasis. <i>Frontiers in Physiology</i> , 2012 , 3, 82	4.6	248
443	Estimated time limit: a brief review of a perceptually based scale. Sports Medicine, 2012, 42, 845-55	10.6	4
442	Waterlogged 2012 ,		26
441	Is it time to retire the A.V. Hill Model?: A rebuttal to the article by Professor Roy Shephard. <i>Sports Medicine</i> , 2011 , 41, 263-77	10.6	16
440	Time to move beyond a brainless exercise physiology: the evidence for complex regulation of Ihuman exercise performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011 , 36, 23-35	3	148
439	Trained humans can exercise safely in extreme dry heat when drinking water ad libitum. <i>Journal of Sports Sciences</i> , 2011 , 29, 1233-41	3.6	24
438	Increasing Emotional Intelligence in Cricketers: An Intervention Study. <i>International Journal of Sports Science and Coaching</i> , 2011 , 6, 69-86	1.8	25

(2011-2011)

437	Cardiopulmonary, blood metabolite and rating of perceived exertion responses to constant exercises performed at different intensities until exhaustion. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1119-25	10.3	27
436	Changes in total body water content during running races of 21.1 km and 56 km in athletes drinking ad libitum. <i>Clinical Journal of Sport Medicine</i> , 2011 , 21, 218-25	3.2	41
435	Influence of knowledge of sprint number on pacing during repeated-sprint exercise. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 665-72	1.2	87
434	The influence of peripheral afferent signals on the rating of perceived exertion and time to exhaustion during exercise at different intensities. <i>Psychophysiology</i> , 2011 , 48, 1284-90	4.1	28
433	Should humans be encouraged to drink water to excess?. <i>European Journal of Clinical Nutrition</i> , 2011 , 65, 875-6; author reply 877	5.2	6
432	Fiber type and metabolic characteristics of lion (Panthera leo), caracal (Caracal caracal) and human skeletal muscle. <i>Comparative Biochemistry and Physiology Part A, Molecular & Comparative Physiology</i> , 2011 , 159, 125-33	2.6	25
431	Reply on Baker's comments to Nolte and Noakes: "change in body mass accurately and reliably predicts change in body water after endurance exercise". <i>European Journal of Applied Physiology</i> , 2011 , 111, 889-90	3.4	
430	The effect of short duration heart rate variability (HRV) biofeedback on cognitive performance during laboratory induced cognitive stress. <i>Applied Cognitive Psychology</i> , 2011 , 25, 792-801	2.1	83
429	The role of emotions on pacing strategies and performance in middle and long duration sport events. <i>British Journal of Sports Medicine</i> , 2011 , 45, 511-7	10.3	83
428	Cognition and performance: anxiety, mood and perceived exertion among Ironman triathletes. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1088-94	10.3	33
427	A novel submaximal cycle test to monitor fatigue and predict cycling performance. <i>British Journal of Sports Medicine</i> , 2011 , 45, 797-804	10.3	56
426	Exercise-associated collapse: an evidence-based review and primer for clinicians. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1157-62	10.3	68
425	Protection of total body water content and absence of hyperthermia despite 2% body mass loss ('voluntary dehydration') in soldiers drinking ad libitum during prolonged exercise in cool environmental conditions. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1106-12	10.3	26
424	The importance of a correct study design to differentiate between two opposing models. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 190; author reply 191	1.2	
423	Changes in body mass alone explain almost all of the variance in the serum sodium concentrations during prolonged exercise. Has commercial influence impeded scientific endeavour?. <i>British Journal of Sports Medicine</i> , 2011 , 45, 475-7	10.3	19
422	Inverse relationship between percentage body weight change and finishing time in 643 forty-two-kilometre marathon runners. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1101-5	10.3	59
421	A comparison of two treatment protocols in the management of exercise-associated postural hypotension: a randomised clinical trial. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1113-8	10.3	16
420	Black wildebeest skeletal muscle exhibits high oxidative capacity and a high proportion of type IIx fibres. <i>Journal of Experimental Biology</i> , 2011 , 214, 4041-7	3	24

419	Cerebral oxygenation decreases but does not impair performance during self-paced, strenuous exercise. <i>Acta Physiologica</i> , 2010 , 198, 477-86	5.6	50
418	Peripheral fatigue alone does not explain the decision to terminate sustained muscular contractions with two limbs. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010 , 20, 787	4.6	1
417	Spinal cord injuries in South African Rugby Union (1980 - 2007). <i>South African Medical Journal</i> , 2010 , 100, 230-4	1.5	12
416	Sensitivity and specificity of clinical signs for assessment of dehydration in endurance athletes. <i>British Journal of Sports Medicine</i> , 2010 , 44, 716-9	10.3	27
415	Why it is difficult to detect an illegally bowled cricket delivery with either the naked eye or usual two-dimensional video analysis. <i>British Journal of Sports Medicine</i> , 2010 , 44, 420-5	10.3	8
414	Is drinking to thirst optimum?. Annals of Nutrition and Metabolism, 2010, 57 Suppl 2, 9-17	4.5	36
413	Changes in plasma arginine vasopressin concentrations in cyclists participating in a 109-km cycle race. <i>British Journal of Sports Medicine</i> , 2010 , 44, 594-7	10.3	26
412	Acute changes in arginine vasopressin, sweat, urine and serum sodium concentrations in exercising humans: does a coordinated homeostatic relationship exist?. <i>British Journal of Sports Medicine</i> , 2010 , 44, 710-5	10.3	30
411	The role of the faculty of sports and exercise medicine for public health and elite athlete care. <i>British Journal of Sports Medicine</i> , 2010 , 44, 998-1001	10.3	
410	Previous experience influences pacing during 20 km time trial cycling. <i>British Journal of Sports Medicine</i> , 2010 , 44, 952-60	10.3	96
409	Heart rate recovery as a guide to monitor fatigue and predict changes in performance parameters. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010 , 20, 449-57	4.6	76
408	Ad libitum fluid replacement in military personnel during a 4-h route march. <i>Medicine and Science in Sports and Exercise</i> , 2010 , 42, 1675-80	1.2	22
407	Ruck Frequency as a predictor of success in the 2007 Rugby World Cup Tournament. <i>International Journal of Performance Analysis in Sport</i> , 2010 , 10, 33-46	1.8	25
406	Predominance of central motor command in the regulation of exercise. <i>Journal of Applied Physiology</i> , 2010 , 108, 458	3.7	21
405	Evidence of increased electro-mechanical delay in the left and right ventricle after prolonged exercise. <i>European Journal of Applied Physiology</i> , 2010 , 108, 581-7	3.4	22
404	Measuring submaximal performance parameters to monitor fatigue and predict cycling performance: a case study of a world-class cyclo-cross cyclist. <i>European Journal of Applied Physiology</i> , 2010 , 108, 183-90	3.4	43
403	Comments on Baker et al.'s "change in body mass accurately and reliably predicts change in body water after endurance exercise". <i>European Journal of Applied Physiology</i> , 2010 , 108, 1061-4	3.4	7
402	Excessive skeletal muscle recruitment during strenuous exercise in McArdle patients. <i>European Journal of Applied Physiology</i> , 2010 , 110, 1047-55	3.4	11

(2009-2009)

401	Last word on viewpoint: evidence that reduced skeletal muscle recruitment explains the lactate paradox during exercise at high altitude. <i>Journal of Applied Physiology</i> , 2009 , 106, 745	3.7	4
400	Evidence that reduced skeletal muscle recruitment explains the lactate paradox during exercise at high altitude. <i>Journal of Applied Physiology</i> , 2009 , 106, 737-8	3.7	13
399	Which lap is the slowest? An analysis of 32 world mile record performances. <i>British Journal of Sports Medicine</i> , 2009 , 43, 760-4	10.3	39
398	Exercising with reserve: evidence that the central nervous system regulates prolonged exercise performance. <i>British Journal of Sports Medicine</i> , 2009 , 43, 782-8	10.3	70
397	Emotional Intelligence Scores Predict Team Sports Performance in a National Cricket Competition. <i>International Journal of Sports Science and Coaching</i> , 2009 , 4, 209-224	1.8	45
396	Point: maximal oxygen uptake is limited by a central nervous system governor. <i>Journal of Applied Physiology</i> , 2009 , 106, 338-9; discussion 341	3.7	22
395	Last word on point:counterpoint: maximal oxygen uptake is/is not limited by a central nervous system governor. <i>Journal of Applied Physiology</i> , 2009 , 106, 347	3.7	4
394	Self-paced endurance performance in the heat is explained by anticipatory regulation. <i>Journal of Applied Physiology</i> , 2009 , 107, 632; author reply 635	3.7	6
393	Rates of fluid ingestion alter pacing but not thermoregulatory responses during prolonged exercise in hot and humid conditions with appropriate convective cooling. <i>European Journal of Applied Physiology</i> , 2009 , 105, 69-80	3.4	68
392	Skeletal muscle monocarboxylate transporter content is not different between black and white runners. <i>European Journal of Applied Physiology</i> , 2009 , 105, 623-32	3.4	5
391	Changes in heart rate recovery after high-intensity training in well-trained cyclists. <i>European Journal of Applied Physiology</i> , 2009 , 105, 705-13	3.4	77
390	The eccentric muscle loading influences the pacing strategies during repeated downhill sprint intervals. <i>European Journal of Applied Physiology</i> , 2009 , 105, 749-57	3.4	23
389	Body temperatures during three long-distance polar swims in water of OB LC. <i>Journal of Thermal Biology</i> , 2009 , 34, 23-31	2.9	7
388	Exercising with reserve: exercise regulation by perceived exertion in relation to duration of exercise and knowledge of endpoint. <i>British Journal of Sports Medicine</i> , 2009 , 43, 775-81	10.3	74
387	The physiological regulation of pacing strategy during exercise: a critical review. <i>British Journal of Sports Medicine</i> , 2009 , 43, e1	10.3	168
386	Dehydration: cause of fatigue or sign of pacing in elite soccer?. Sports Medicine, 2009, 39, 1-13	10.6	94
385	Cold fluids improve exercise performance in the heat by slowing the rate of heat gain. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 1681-2; author reply 1683-4	1.2	2
384	Fluid Intake and Changes in Blood Biochemistry, Running Speed and Body Mass During an 80 km Mountain Trail Race. <i>Medicina Sportiva</i> , 2009 , 13, 108-115		19

383	Left ventricular wall segment motion after ultra-endurance exercise in humans assessed by myocardial speckle tracking. <i>European Journal of Echocardiography</i> , 2009 , 10, 238-43		50
382	Overdrinking-induced hyponatraemia in the 2007 London Marathon. <i>BMJ Case Reports</i> , 2009 , 2009,	0.9	6
381	Hypogonadal Male Runners Do Not Display Endocrine or Performance Decrements during Prolonged Endurance Exercise. <i>FASEB Journal</i> , 2009 , 23, 955.14	0.9	1
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157 156 155	Carbohydrate-loading and exercise performance. An update. <i>Sports Medicine</i> , 1997 , 24, 73-81 Cardiovascular evaluation of the athlete. Issues regarding performance, screening and sudden cardiac death. <i>Sports Medicine</i> , 1997 , 24, 97-119 Nutritional strategies to minimize fatigue during prolonged exercise: fluid, electrolyte and energy replacement. <i>Journal of Sports Sciences</i> , 1997 , 15, 305-13 Training techniques to improve fatigue resistance and enhance endurance performance. <i>Journal of</i>	10.6	145 25 25
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157 156 155 154	Carbohydrate-loading and exercise performance. An update. <i>Sports Medicine</i> , 1997 , 24, 73-81 Cardiovascular evaluation of the athlete. Issues regarding performance, screening and sudden cardiac death. <i>Sports Medicine</i> , 1997 , 24, 97-119 Nutritional strategies to minimize fatigue during prolonged exercise: fluid, electrolyte and energy replacement. <i>Journal of Sports Sciences</i> , 1997 , 15, 305-13 Training techniques to improve fatigue resistance and enhance endurance performance. <i>Journal of Sports Sciences</i> , 1997 , 15, 325-33 The 'worn-out athlete': a clinical approach to chronic fatigue in athletes. <i>Journal of Sports Sciences</i> , 1997 , 15, 341-51 Time course of the effects of a high-fat diet and voluntary exercise on muscle enzyme activity in	10.6 10.6 3.6 3.6	145 25 25 72 43

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31 30 29 28	Runner's Knee: What Is It and How Effective Is Conservative Management?. <i>Physician and Sportsmedicine</i> , 1986 , 14, 71-81 Marathon Running Fails to Influence RBC Survival Rates in Iron-Replete Women. <i>Physician and Sportsmedicine</i> , 1986 , 14, 89-95 The influence of weekly training distance on fractional utilization of maximum aerobic capacity in marathon and ultramarathon runners. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1986 , 55, 202-9 Crystalluria in marathon runners. 1. Standard marathonmales. <i>Urological Research</i> , 1986 , 14, 289-94 Altered Serum Lipoprotein Profiles in Male and Female Power Lifters Ingesting Anabolic Steroids. <i>Physician and Sportsmedicine</i> , 1986 , 14, 131-6 The immediate and delayed effects of marathon running on renal function. <i>Journal of Urology</i> , 1986	2.4	4 15 92 13 30

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