

Margarita PÃ©rez Ruiz

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/1072084/publications.pdf>

Version: 2024-02-01

12
papers

116
citations

1477746

6
h-index

1372195

10
g-index

12
all docs

12
docs citations

12
times ranked

134
citing authors

#	ARTICLE	IF	CITATIONS
1	Resistance training enhances muscular performance in patients with anorexia nervosa: A randomized controlled trial. <i>International Journal of Eating Disorders</i> , 2014, 47, 601-609.	2.1	33
2	Effect of a combined exercise program on physical fitness, lung function, and quality of life in patients with controlled asthma and exercise symptoms: A randomized controlled trial. <i>Pediatric Pulmonology</i> , 2020, 55, 1608-1616.	1.0	24
3	Muscle function and body composition profile in adolescents with restrictive anorexia nervosa: does resistance training help?. <i>Disability and Rehabilitation</i> , 2016, 38, 346-353.	0.9	15
4	Adherence to a Lifestyle Exercise and Nutrition Intervention in University Employees during the COVID-19 Pandemic: A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 7510.	1.2	9
5	Physical exercise as a tool to minimize the consequences of the Covid-19 quarantine: An overview for cystic fibrosis. <i>Pediatric Pulmonology</i> , 2020, 55, 2877-2882.	1.0	8
6	Remotely Supervised Exercise during the COVID-19 Pandemic versus in-Person-Supervised Exercise in Achieving Long-Term Adherence to a Healthy Lifestyle. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12198.	1.2	8
7	Progressive resistance exercise as complementary therapy improves quality of life and body composition in anorexia nervosa: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> , 2022, 48, 101576.	0.7	5
8	Effects of an Eight-Week Concurrent Training Program with Different Effort Character over Physical Fitness, Health-Related Quality of Life, and Lipid Profile among Hospital Workers: Preliminary Results. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 9328.	1.2	4
9	Is exercise and electrostimulation effective in improving muscle strength and cardiorespiratory fitness in children with cystic fibrosis and mild-to-moderate pulmonary impairment?: Randomized controlled trial. <i>Respiratory Medicine</i> , 2022, 196, 106798.	1.3	4
10	Comparison of physical fitness between healthy and mild-to-moderate asthmatic children with exercise symptoms: A cross-sectional study. <i>Pediatric Pulmonology</i> , 2021, 56, 2512-2521.	1.0	3
11	Physical Fitness "Not Physical Activity Levels" Influence Quality of Life in Anorexia Nervosa. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 2678.	1.2	2
12	Acute effect of orange chromatic environment on perceived health status, pain, and vital signs during chemotherapy treatment. <i>Supportive Care in Cancer</i> , 2020, 28, 2321-2329.	1.0	1