

# Mary A Carskadon

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48  
papers

6,190  
citations

28  
h-index

51  
g-index

51  
ext. papers

6,932  
ext. citations

4.1  
avg, IF

5.68  
L-index

#	Paper	IF	Citations
48	Experimental methods to study sleep disruption and immune balance in urban children with asthma.. <i>SLEEP Advances</i> , <b>2022</b> , 3, zpac003	2.8	
47	0181 Characterizing Sleep Regularity from Actigraphy in Younger and Older Adolescents. <i>Sleep</i> , <b>2022</b> , 45, A83-A84	1.1	0
46	0256 Child Maltreatment and Multidimensional Sleep Health among Incoming First-Year College Students. <i>Sleep</i> , <b>2022</b> , 45, A115-A115	1.1	
45	Morning light therapy in adults with Tourette's disorder. <i>Journal of Neurology</i> , <b>2021</b> , 1	5.5	1
44	Naps not as effective as a night of sleep at dissipating sleep pressure. <i>Journal of Sleep Research</i> , <b>2021</b> , 30, e13295	5.8	
43	In-person vs home schooling during the COVID-19 pandemic: Differences in sleep, circadian timing, and mood in early adolescence. <i>Journal of Pineal Research</i> , <b>2021</b> , 71, e12757	10.4	9
42	Insights into smell and taste sensitivity in normal weight and overweight-obese adolescents. <i>Physiology and Behavior</i> , <b>2020</b> , 221, 112897	3.5	7
41	0022 Prospective Assessment of Sleep and Epigenetic Aging: Preliminary Findings. <i>Sleep</i> , <b>2019</b> , 42, A9-A9.1	1.1	0
40	Sleep, energy balance, and meal timing in school-aged children. <i>Sleep Medicine</i> , <b>2019</b> , 60, 139-144	4.6	12
39	Combining Human Epigenetics and Sleep Studies in <i>Caenorhabditis elegans</i> : A Cross-Species Approach for Finding Conserved Genes Regulating Sleep. <i>Sleep</i> , <b>2017</b> , 40,	1.1	8
38	An approach to understanding sleep and depressed mood in adolescents: person-centred sleep classification. <i>Journal of Sleep Research</i> , <b>2017</b> , 26, 709-717	5.8	11
37	The impact of sleep and psychiatric symptoms on alcohol consequences among young adults. <i>Addictive Behaviors</i> , <b>2017</b> , 66, 138-144	4.2	11
36	The Influence of Circadian Timing on Olfactory Sensitivity. <i>Chemical Senses</i> , <b>2017</b> , 43, 45-51	4.8	14
35	Digital media use in the 2 h before bedtime is associated with sleep variables in university students. <i>Computers in Human Behavior</i> , <b>2016</b> , 55, 43-50	7.7	65
34	Sleep in adolescence: Physiology, cognition and mental health. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2016</b> , 70, 182-188	9	160
33	Estimating the dim light melatonin onset of adolescents within a 6-h sampling window: the impact of sampling rate and threshold method. <i>Sleep Medicine</i> , <b>2016</b> , 20, 59-66	4.6	30
32	Increased Sensitivity of the Circadian System to Light in Early/Mid-Puberty. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2015</b> , 100, 4067-73	5.6	117

31	Sleepiness and Cognitive Performance among Younger and Older Adolescents across a 28-Hour Forced Desynchrony Protocol. <i>Sleep</i> , <b>2015</b> , 38, 1965-72	1.1	11
30	The Timing of the Circadian Clock and Sleep Differ between Napping and Non-Napping Toddlers. <i>PLoS ONE</i> , <b>2015</b> , 10, e0125181	3.7	33
29	Developmental changes in sleep biology and potential effects on adolescent behavior and caffeine use. <i>Nutrition Reviews</i> , <b>2014</b> , 72 Suppl 1, 60-4	6.4	23
28	Early adolescent cognitive gains are marked by increased sleep EEG coherence. <i>PLoS ONE</i> , <b>2014</b> , 9, e106847	3.7	15
27	A longitudinal assessment of sleep timing, circadian phase, and phase angle of entrainment across human adolescence. <i>PLoS ONE</i> , <b>2014</b> , 9, e112199	3.7	147
26	Reliability of a Scale Assessing Depressed Mood in the Context of Sleep <b>2013</b> , 20, 3-11		2
25	Sleep's effects on cognition and learning in adolescence. <i>Progress in Brain Research</i> , <b>2011</b> , 190, 137-43	2.9	60
24	Developmental changes in the human sleep EEG during early adolescence. <i>Sleep</i> , <b>2010</b> , 33, 801-9	1.1	96
23	Quantitative Analysis of Rest-Activity Patterns in Elderly Postoperative Patients with Delirium: Support for a Theory of Pathologic Wakefulness. <i>Journal of Clinical Sleep Medicine</i> , <b>2008</b> , 04, 137-142	3.1	20
22	Estimating dim light melatonin onset (DLMO) phase in adolescents using summer or school-year sleep/wake schedules. <i>Sleep</i> , <b>2006</b> , 29, 1632-41	1.1	104
21	Regulation of adolescent sleep: implications for behavior. <i>Annals of the New York Academy of Sciences</i> , <b>2004</b> , 1021, 276-91	6.5	526
20	Sleep deprivation: health consequences and societal impact. <i>Medical Clinics of North America</i> , <b>2004</b> , 88, 767-76	7	36
19	Spectral Analysis of the Sleep Electroencephalogram During Adolescence. <i>Sleep</i> , <b>2004</b> ,	1.1	3
18	Regulation of sleepiness in adolescents: update, insights, and speculation. <i>Sleep</i> , <b>2002</b> , 25, 606-14	1.1	230
17	Sleep Schedules and Daytime Functioning in Adolescents. <i>Child Development</i> , <b>1998</b> , 69, 875-887	4.9	955
16	An approach to studying circadian rhythms of adolescent humans. <i>Journal of Biological Rhythms</i> , <b>1997</b> , 12, 278-89	3.2	180
15	The effects of regularizing sleep-wake schedules on daytime sleepiness. <i>Sleep</i> , <b>1996</b> , 19, 432-41	1.1	122
14	Relationship between sleepiness and general health status. <i>Sleep</i> , <b>1996</b> , 19, 583-8	1.1	198

13	Environmental noise as a cause of sleep disruption in an intermediate respiratory care unit. <i>Sleep</i> , <b>1996</b> , 19, 707-10	1.1	174
12	Activity-based sleep-wake identification: an empirical test of methodological issues. <i>Sleep</i> , <b>1994</b> , 17, 201-7	1.1	965
11	Association between puberty and delayed phase preference. <i>Sleep</i> , <b>1993</b> , 16, 258-62	1.1	771
10	Sleep-disordered breathing and behavior in three risk groups: preliminary findings from parental reports. <i>Childs Nervous System</i> , <b>1993</b> , 9, 452-7	1.7	43
9	Multiple sleep latency tests during the constant routine. <i>Sleep</i> , <b>1992</b> , 15, 396-9	1.1	82
8	Preliminary communication: intellectual deficit and sleep-related respiratory disturbance in the elderly. <i>Sleep</i> , <b>1985</b> , 8, 30-3	1.1	93
7	Sleep loss in elderly volunteers. <i>Sleep</i> , <b>1985</b> , 8, 207-21	1.1	93
6	Daytime carryover of triazolam and flurazepam in elderly insomniacs. <i>Sleep</i> , <b>1982</b> , 5, 361-71	1.1	114
5	Daytime alertness, insomnia, and benzodiazepines. <i>Sleep</i> , <b>1982</b> , 5 Suppl 1, S28-45	1.1	71
4	Current perspectives on daytime sleepiness. <i>Sleep</i> , <b>1982</b> , 5 Suppl 2, S55-202	1.1	6
3	Cumulative effects of sleep restriction on daytime sleepiness. <i>Psychophysiology</i> , <b>1981</b> , 18, 107-13	4.1	407
2	Hypnotic efficacy of temazepam: a long-term sleep laboratory evaluation. <i>British Journal of Clinical Pharmacology</i> , <b>1979</b> , 8, 63S-68S	3.8	46
1	Sleepiness and sleep state on a 90-min schedule. <i>Psychophysiology</i> , <b>1977</b> , 14, 127-33	4.1	111