

Mary A Carskadon

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48
papers

6,190
citations

28
h-index

51
g-index

51
ext. papers

6,932
ext. citations

4.1
avg, IF

5.68
L-index

#	Paper	IF	Citations
48	Activity-based sleep-wake identification: an empirical test of methodological issues. <i>Sleep</i> , 1994 , 17, 201-7	1.1	965
47	Sleep Schedules and Daytime Functioning in Adolescents. <i>Child Development</i> , 1998 , 69, 875-887	4.9	955
46	Association between puberty and delayed phase preference. <i>Sleep</i> , 1993 , 16, 258-62	1.1	771
45	Regulation of adolescent sleep: implications for behavior. <i>Annals of the New York Academy of Sciences</i> , 2004 , 1021, 276-91	6.5	526
44	Cumulative effects of sleep restriction on daytime sleepiness. <i>Psychophysiology</i> , 1981 , 18, 107-13	4.1	407
43	Regulation of sleepiness in adolescents: update, insights, and speculation. <i>Sleep</i> , 2002 , 25, 606-14	1.1	230
42	Relationship between sleepiness and general health status. <i>Sleep</i> , 1996 , 19, 583-8	1.1	198
41	An approach to studying circadian rhythms of adolescent humans. <i>Journal of Biological Rhythms</i> , 1997 , 12, 278-89	3.2	180
40	Environmental noise as a cause of sleep disruption in an intermediate respiratory care unit. <i>Sleep</i> , 1996 , 19, 707-10	1.1	174
39	Sleep in adolescence: Physiology, cognition and mental health. <i>Neuroscience and Biobehavioral Reviews</i> , 2016 , 70, 182-188	9	160
38	A longitudinal assessment of sleep timing, circadian phase, and phase angle of entrainment across human adolescence. <i>PLoS ONE</i> , 2014 , 9, e112199	3.7	147
37	The effects of regularizing sleep-wake schedules on daytime sleepiness. <i>Sleep</i> , 1996 , 19, 432-41	1.1	122
36	Increased Sensitivity of the Circadian System to Light in Early/Mid-Puberty. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 4067-73	5.6	117
35	Daytime carryover of triazolam and flurazepam in elderly insomniacs. <i>Sleep</i> , 1982 , 5, 361-71	1.1	114
34	Sleepiness and sleep state on a 90-min schedule. <i>Psychophysiology</i> , 1977 , 14, 127-33	4.1	111
33	Estimating dim light melatonin onset (DLMO) phase in adolescents using summer or school-year sleep/wake schedules. <i>Sleep</i> , 2006 , 29, 1632-41	1.1	104
32	Developmental changes in the human sleep EEG during early adolescence. <i>Sleep</i> , 2010 , 33, 801-9	1.1	96

31	Preliminary communication: intellectual deficit and sleep-related respiratory disturbance in the elderly. <i>Sleep</i> , 1985 , 8, 30-3	1.1	93
30	Sleep loss in elderly volunteers. <i>Sleep</i> , 1985 , 8, 207-21	1.1	93
29	Multiple sleep latency tests during the constant routine. <i>Sleep</i> , 1992 , 15, 396-9	1.1	82
28	Daytime alertness, insomnia, and benzodiazepines. <i>Sleep</i> , 1982 , 5 Suppl 1, S28-45	1.1	71
27	Digital media use in the 2 h before bedtime is associated with sleep variables in university students. <i>Computers in Human Behavior</i> , 2016 , 55, 43-50	7.7	65
26	Sleep's effects on cognition and learning in adolescence. <i>Progress in Brain Research</i> , 2011 , 190, 137-43	2.9	60
25	Hypnotic efficacy of temazepam: a long-term sleep laboratory evaluation. <i>British Journal of Clinical Pharmacology</i> , 1979 , 8, 63S-68S	3.8	46
24	Sleep-disordered breathing and behavior in three risk groups: preliminary findings from parental reports. <i>Child's Nervous System</i> , 1993 , 9, 452-7	1.7	43
23	Sleep deprivation: health consequences and societal impact. <i>Medical Clinics of North America</i> , 2004 , 88, 767-76	7	36
22	The Timing of the Circadian Clock and Sleep Differ between Napping and Non-Napping Toddlers. <i>PLoS ONE</i> , 2015 , 10, e0125181	3.7	33
21	Estimating the dim light melatonin onset of adolescents within a 6-h sampling window: the impact of sampling rate and threshold method. <i>Sleep Medicine</i> , 2016 , 20, 59-66	4.6	30
20	Developmental changes in sleep biology and potential effects on adolescent behavior and caffeine use. <i>Nutrition Reviews</i> , 2014 , 72 Suppl 1, 60-4	6.4	23
19	Quantitative Analysis of Rest-Activity Patterns in Elderly Postoperative Patients with Delirium: Support for a Theory of Pathologic Wakefulness. <i>Journal of Clinical Sleep Medicine</i> , 2008 , 04, 137-142	3.1	20
18	Early adolescent cognitive gains are marked by increased sleep EEG coherence. <i>PLoS ONE</i> , 2014 , 9, e106847	3.7	15
17	The Influence of Circadian Timing on Olfactory Sensitivity. <i>Chemical Senses</i> , 2017 , 43, 45-51	4.8	14
16	Sleep, energy balance, and meal timing in school-aged children. <i>Sleep Medicine</i> , 2019 , 60, 139-144	4.6	12
15	An approach to understanding sleep and depressed mood in adolescents: person-centred sleep classification. <i>Journal of Sleep Research</i> , 2017 , 26, 709-717	5.8	11
14	The impact of sleep and psychiatric symptoms on alcohol consequences among young adults. <i>Addictive Behaviors</i> , 2017 , 66, 138-144	4.2	11

13	Sleepiness and Cognitive Performance among Younger and Older Adolescents across a 28-Hour Forced Desynchrony Protocol. <i>Sleep</i> , 2015 , 38, 1965-72	1.1	11
12	In-person vs home schooling during the COVID-19 pandemic: Differences in sleep, circadian timing, and mood in early adolescence. <i>Journal of Pineal Research</i> , 2021 , 71, e12757	10.4	9
11	Combining Human Epigenetics and Sleep Studies in <i>Caenorhabditis elegans</i> : A Cross-Species Approach for Finding Conserved Genes Regulating Sleep. <i>Sleep</i> , 2017 , 40,	1.1	8
10	Insights into smell and taste sensitivity in normal weight and overweight-obese adolescents. <i>Physiology and Behavior</i> , 2020 , 221, 112897	3.5	7
9	Current perspectives on daytime sleepiness. <i>Sleep</i> , 1982 , 5 Suppl 2, S55-202	1.1	6
8	Spectral Analysis of the Sleep Electroencephalogram During Adolescence. <i>Sleep</i> , 2004 ,	1.1	3
7	Reliability of a Scale Assessing Depressed Mood in the Context of Sleep 2013 , 20, 3-11		2
6	Morning light therapy in adults with Tourette's disorder. <i>Journal of Neurology</i> , 2021 , 1	5.5	1
5	0022 Prospective Assessment of Sleep and Epigenetic Aging: Preliminary Findings. <i>Sleep</i> , 2019 , 42, A9-A9.1		0
4	0181 Characterizing Sleep Regularity from Actigraphy in Younger and Older Adolescents. <i>Sleep</i> , 2022 , 45, A83-A84	1.1	0
3	Experimental methods to study sleep disruption and immune balance in urban children with asthma. <i>SLEEP Advances</i> , 2022 , 3, zpac003	2.8	
2	Naps not as effective as a night of sleep at dissipating sleep pressure. <i>Journal of Sleep Research</i> , 2021 , 30, e13295	5.8	
1	0256 Child Maltreatment and Multidimensional Sleep Health among Incoming First-Year College Students. <i>Sleep</i> , 2022 , 45, A115-A115	1.1	