

# Mary A Carskadon

## List of Publications by Year in descending order

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Version: 2024-02-01

50  
papers

7,901  
citations

159573

30  
h-index

214788

47  
g-index

51  
all docs

51  
docs citations

51  
times ranked

5804  
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep Schedules and Daytime Functioning in Adolescents. <i>Child Development</i> , 1998, 69, 875-887.	3.0	1,260
2	Activity-Based Sleep-Wake Identification: An Empirical Test of Methodological Issues. <i>Sleep</i> , 1994, 17, 201-207.	1.1	1,188
3	Association between Puberty and Delayed Phase Preference. <i>Sleep</i> , 1993, 16, 258-262.	1.1	914
4	Regulation of Adolescent Sleep: Implications for Behavior. <i>Annals of the New York Academy of Sciences</i> , 2004, 1021, 276-291.	3.8	639
5	Cumulative Effects of Sleep Restriction on Daytime Sleepiness. <i>Psychophysiology</i> , 1981, 18, 107-113.	2.4	477
6	Sleep in adolescence: Physiology, cognition and mental health. <i>Neuroscience and Biobehavioral Reviews</i> , 2016, 70, 182-188.	6.1	295
7	Regulation of Sleepiness in Adolescents: Update, Insights, and Speculation. <i>Sleep</i> , 2002, 25, 606-614.	1.1	265
8	An Approach to Studying Circadian Rhythms of Adolescent Humans. <i>Journal of Biological Rhythms</i> , 1997, 12, 278-289.	2.6	237
9	Relationship Between Sleepiness and General Health Status. <i>Sleep</i> , 1996, 19, 583-588.	1.1	221
10	Environmental Noise as a Cause of Sleep Disruption in an Intermediate Respiratory Care Unit. <i>Sleep</i> , 1996, 19, 707-710.	1.1	208
11	A Longitudinal Assessment of Sleep Timing, Circadian Phase, and Phase Angle of Entrainment across Human Adolescence. <i>PLoS ONE</i> , 2014, 9, e112199.	2.5	205
12	Increased Sensitivity of the Circadian System to Light in Early/Mid-Puberty. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 4067-4073.	3.6	172
13	The Effects of Regularizing Sleep-Wake Schedules on Daytime Sleepiness. <i>Sleep</i> , 1996, 19, 432-441.	1.1	157
14	Estimating Dim Light Melatonin Onset (DLMO) Phase in Adolescents Using Summer or School-Year Sleep/Wake Schedules. <i>Sleep</i> , 2006, 29, 1632-1641.	1.1	133
15	Developmental Changes in the Human Sleep EEG During Early Adolescence. <i>Sleep</i> , 2010, 33, 801-809.	1.1	130
16	Sleepiness and Sleep State on a 90-Min Schedule. <i>Psychophysiology</i> , 1977, 14, 127-133.	2.4	129
17	Daytime Carryover of Triazolam and Flurazepam in Elderly Insomniacs. <i>Sleep</i> , 1982, 5, 361-371.	1.1	127
18	Sleep Loss in Elderly Volunteers. <i>Sleep</i> , 1985, 8, 207-221.	1.1	106

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19	Preliminary Communication: Intellectual Deficit and Sleep-Related Respiratory Disturbance in the Elderly. <i>Sleep</i> , 1985, 8, 30-33.	1.1	103
20	Multiple Sleep Latency Tests During the Constant Routine. <i>Sleep</i> , 1992, 15, 396-399.	1.1	99
21	Digital media use in the 2h before bedtime is associated with sleep variables in university students. <i>Computers in Human Behavior</i> , 2016, 55, 43-50.	8.5	99
22	Daytime Alertness, Insomnia, and Benzodiazepines. <i>Sleep</i> , 1982, 5, S28-S45.	1.1	81
23	Sleep's effects on cognition and learning in adolescence. <i>Progress in Brain Research</i> , 2011, 190, 137-143.	1.4	79
24	Spectral Analysis of the Sleep Electroencephalogram During Adolescence. <i>Sleep</i> , 2004, , .	1.1	63
25	HYPNOTIC EFFICACY OF TEMAZEPAM: A LONG-TERM SLEEP LABORATORY EVALUATION. <i>British Journal of Clinical Pharmacology</i> , 1979, 8, 63S-68S.	2.4	56
26	Sleep-disordered breathing and behavior in three risk groups: preliminary findings from parental reports. <i>Child's Nervous System</i> , 1993, 9, 452-457.	1.1	50
27	Sleep deprivation: health consequences and societal impact. <i>Medical Clinics of North America</i> , 2004, 88, 767-776.	2.5	50
28	Estimating the dim light melatonin onset of adolescents within a 6-h sampling window: the impact of sampling rate and threshold method. <i>Sleep Medicine</i> , 2016, 20, 59-66.	1.6	45
29	The Timing of the Circadian Clock and Sleep Differ between Napping and Non-Napping Toddlers. <i>PLoS ONE</i> , 2015, 10, e0125181.	2.5	45
30	Developmental changes in sleep biology and potential effects on adolescent behavior and caffeine use. <i>Nutrition Reviews</i> , 2014, 72, 60-64.	5.8	37
31	Sleep, energy balance, and meal timing in school-aged children. <i>Sleep Medicine</i> , 2019, 60, 139-144.	1.6	28
32	Quantitative Analysis of Rest-Activity Patterns in Elderly Postoperative Patients with Delirium: Support for a Theory of Pathologic Wakefulness. <i>Journal of Clinical Sleep Medicine</i> , 2008, 04, 137-142.	2.6	26
33	The Influence of Circadian Timing on Olfactory Sensitivity. <i>Chemical Senses</i> , 2018, 43, 45-51.	2.0	24
34	Early Adolescent Cognitive Gains Are Marked by Increased Sleep EEG Coherence. <i>PLoS ONE</i> , 2014, 9, e106847.	2.5	24
35	In-person vs home schooling during the COVID-19 pandemic: Differences in sleep, circadian timing, and mood in early adolescence. <i>Journal of Pineal Research</i> , 2021, 71, e12757.	7.4	21
36	Sleepiness and Cognitive Performance among Younger and Older Adolescents across a 28-Hour Forced Desynchrony Protocol. <i>Sleep</i> , 2015, 38, 1965-1972.	1.1	18

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37	An approach to understanding sleep and depressed mood in adolescents: person-centred sleep classification. <i>Journal of Sleep Research</i> , 2017, 26, 709-717.	3.2	16
38	The impact of sleep and psychiatric symptoms on alcohol consequences among young adults. <i>Addictive Behaviors</i> , 2017, 66, 138-144.	3.0	16
39	Combining Human Epigenetics and Sleep Studies in <i>Caenorhabditis elegans</i> : A Cross-Species Approach for Finding Conserved Genes Regulating Sleep. <i>Sleep</i> , 2017, 40, .	1.1	15
40	Insights into smell and taste sensitivity in normal weight and overweight-obese adolescents. <i>Physiology and Behavior</i> , 2020, 221, 112897.	2.1	12
41	Morning light therapy in adults with Tourette's disorder. <i>Journal of Neurology</i> , 2022, 269, 399-410.	3.6	11
42	Introduction: Current Perspectives on Daytime Sleepiness. <i>Sleep</i> , 1982, 5, S55-S55.	1.1	6
43	Measuring sleep need. <i>Sleep Medicine Reviews</i> , 2014, 18, 369-370.	8.5	6
44	European snoozepaper. <i>Nature</i> , 1993, 365, 575-576.	27.8	4
45	Reliability of a Scale Assessing Depressed Mood in the Context of Sleep. <i>TPM - Testing, Psychometrics, Methodology in Applied Psychology</i> , 2013, 20, 3-11.	0.0	2
46	0022 Prospective Assessment of Sleep and Epigenetic Aging: Preliminary Findings. <i>Sleep</i> , 2019, 42, A9-A9.	1.1	1
47	0181 Characterizing Sleep Regularity from Actigraphy in Younger and Older Adolescents. <i>Sleep</i> , 2022, 45, A83-A84.	1.1	1
48	Naps not as effective as a night of sleep at dissipating sleep pressure. <i>Journal of Sleep Research</i> , 2021, 30, e13295.	3.2	0
49	Experimental methods to study sleep disruption and immune balance in urban children with asthma. <i>SLEEP Advances</i> , 2022, 3, zpac003.	0.2	0
50	0256 Child Maltreatment and Multidimensional Sleep Health among Incoming First-Year College Students. <i>Sleep</i> , 2022, 45, A115-A115.	1.1	0