Evan M Forman

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/1068640/publications.pdf

Version: 2024-02-01

43973 34900 10,980 171 48 98 citations h-index g-index papers 193 193 193 10752 citing authors docs citations times ranked all docs

| # | Article | IF | Citations |
|----|--|-----|-----------|
| 1 | The empirical status of cognitive-behavioral therapy: A review of meta-analyses. Clinical Psychology Review, 2006, 26, 17-31. | 6.0 | 2,558 |
| 2 | The Assessment of Present-Moment Awareness and Acceptance. Assessment, 2008, 15, 204-223. | 1.9 | 647 |
| 3 | The psychotherapy dose-response effect and its implications for treatment delivery services Clinical Psychology: Science and Practice, 2002, 9, 329-343. | 0.6 | 559 |
| 4 | A Randomized Controlled Effectiveness Trial of Acceptance and Commitment Therapy and Cognitive Therapy for Anxiety and Depression. Behavior Modification, 2007, 31, 772-799. | 1.1 | 494 |
| 5 | mHealth: A Mechanism to Deliver More Accessible, More Effective Mental Health Care. Clinical Psychology and Psychotherapy, 2014, 21, 427-436. | 1.4 | 398 |
| 6 | History of Multiple Suicide Attempts as a Behavioral Marker of Severe Psychopathology. American Journal of Psychiatry, 2004, 161, 437-443. | 4.0 | 273 |
| 7 | A comparison of acceptance- and control-based strategies for coping with food cravings: An analog study. Behaviour Research and Therapy, 2007, 45, 2372-2386. | 1.6 | 239 |
| 8 | Assessing Children's Emotional Security in the Interparental Relationship: The Security in the Interparental Subsystem Scales. Child Development, 2002, 73, 544-562. | 1.7 | 177 |
| 9 | A new look at the science of weight control: How acceptance and commitment strategies can address the challenge of self-regulation. Appetite, 2015, 84, 171-180. | 1.8 | 164 |
| 10 | An Open Trial of an Acceptance-Based Behavioral Intervention for Weight Loss. Cognitive and Behavioral Practice, 2009, 16, 223-235. | 0.9 | 154 |
| 11 | The mind your health project: A randomized controlled trial of an innovative behavioral treatment for obesity. Obesity, 2013, 21, 1119-1126. | 1.5 | 143 |
| 12 | Children's Patterns of Preserving Emotional Security in the Interparental Subsystem. Child Development, 2002, 73, 1880-1903. | 1.7 | 123 |
| 13 | A Pilot Study of Acceptance and Commitment Therapy for Promotion of Physical Activity. Journal of Physical Activity and Health, 2011, 8, 516-522. | 1.0 | 120 |
| 14 | Acceptanceâ€based versus standard behavioral treatment for obesity: Results from the mind your health randomized controlled trial. Obesity, 2016, 24, 2050-2056. | 1.5 | 120 |
| 15 | Acceptance and Commitment Therapy as a Novel Treatment for Eating Disorders. Behavior Modification, 2013, 37, 459-489. | 1.1 | 116 |
| 16 | Review of Smartphone Applications for the Treatment of Eating Disorders. European Eating Disorders Review, 2015, 23, 1-11. | 2.3 | 114 |
| 17 | Using Session-by-Session Measurement to Compare Mechanisms of Action for Acceptance and Commitment Therapy and Cognitive Therapy. Behavior Therapy, 2012, 43, 341-354. | 1.3 | 109 |
| 18 | Acceptance and Commitment Therapy Versus Cognitive Therapy for the Treatment of Comorbid Eating Pathology. Behavior Modification, 2010, 34, 175-190. | 1.1 | 103 |

| # | Article | lF | Citations |
|----|--|-----|-----------|
| 19 | Executive Functioning in Overweight Individuals with and without Lossâ€of ontrol Eating. European Eating Disorders Review, 2014, 22, 373-377. | 2.3 | 96 |
| 20 | Acceptance based behavior therapy for social anxiety disorder through videoconferencing. Journal of Anxiety Disorders, 2013, 27, 389-397. | 1.5 | 95 |
| 21 | Efficacy of an acceptance-based behavioral intervention for weight gain prevention in young adult women. Journal of Contextual Behavioral Science, 2014, 3, 45-50. | 1.3 | 94 |
| 22 | Project HELP: a Remotely Delivered Behavioral Intervention for Weight Regain after Bariatric Surgery. Obesity Surgery, 2017, 27, 586-598. | 1.1 | 92 |
| 23 | A Randomized Controlled Trial of Acceptance-Based Behavior Therapy and Cognitive Therapy for Test Anxiety: A Pilot Study. Behavior Modification, 2011, 35, 31-53. | 1.1 | 88 |
| 24 | Long-Term Follow-Up of a Randomized Controlled Trial Comparing Acceptance and Commitment Therapy and Standard Cognitive Behavior Therapy for Anxiety and Depression. Behavior Therapy, 2012, 43, 801-811. | 1.3 | 87 |
| 25 | Empirically Supported Treatment: Recommendations for a New Model. Clinical Psychology: Science and Practice, 2015, 22, 317-338. | 0.6 | 85 |
| 26 | Could training executive function improve treatment outcomes for eating disorders?. Appetite, 2015, 90, 187-193. | 1.8 | 81 |
| 27 | Comparison of acceptance-based and standard cognitive-based coping strategies for craving sweets in overweight and obese women. Eating Behaviors, 2013, 14, 64-68. | 1.1 | 80 |
| 28 | Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology. International Journal of Eating Disorders, 2015, 48, 677-683. | 2.1 | 80 |
| 29 | Challenges and opportunities in internet-mediated telemental health Professional Psychology: Research and Practice, 2012, 43, 1-8. | 0.6 | 78 |
| 30 | Medial prefrontal cortex hyperactivation during social exclusion in borderline personality disorder. Psychiatry Research - Neuroimaging, 2010, 181, 233-236. | 0.9 | 77 |
| 31 | Treatment of Social Anxiety Disorder Using Online Virtual Environments in Second Life. Behavior Therapy, 2013, 44, 51-61. | 1.3 | 76 |
| 32 | Ecological Momentary Assessment of Dietary Lapses Across Behavioral Weight Loss Treatment: Characteristics, Predictors, and Relationships with Weight Change. Annals of Behavioral Medicine, 2017, 51, 741-753. | 1.7 | 75 |
| 33 | The Drexel defusion scale: A new measure of experiential distancing. Journal of Contextual Behavioral Science, 2012, 1, 55-65. | 1.3 | 74 |
| 34 | Family Instability and Young Adolescent Maladjustment: The Mediating Effects of Parenting Quality and Adolescent Appraisals of Family Security. Journal of Clinical Child and Adolescent Psychology, 2003, 32, 94-105. | 2.2 | 73 |
| 35 | Return of the JITAI: Applying a Just-in-Time Adaptive Intervention Framework to the Development of m-Health Solutions for Addictive Behaviors. International Journal of Behavioral Medicine, 2017, 24, 673-682. | 0.8 | 69 |
| 36 | Core Schemas and Suicidality in a Chronically Traumatized Population. Journal of Nervous and Mental Disease, 2008, 196, 71-74. | 0.5 | 66 |

3

| # | Article | IF | Citations |
|----|---|-----|-----------|
| 37 | Can evaluative conditioning decrease soft drink consumption?. Appetite, 2016, 105, 60-70. | 1.8 | 66 |
| 38 | Perceptions of the feasibility and acceptability of a smartphone application for the treatment of binge eating disorders: Qualitative feedback from a user population and clinicians. International Journal of Medical Informatics, 2015, 84, 808-816. | 1.6 | 65 |
| 39 | The development and validation of the food craving acceptance and action questionnaire (FAAQ). Eating Behaviors, 2011, 12, 182-187. | 1.1 | 60 |
| 40 | A Pilot Study Examining the Initial Effectiveness of a Brief Acceptance-Based Behavior Therapy for Modifying Diet and Physical Activity Among Cardiac Patients. Behavior Modification, 2012, 36, 199-217. | 1.1 | 60 |
| 41 | Assessing children's appraisals of security in the family system: the development of the Security in the Family System (SIFS) scales. Journal of Child Psychology and Psychiatry and Allied Disciplines, 2005, 46, 900-916. | 3.1 | 59 |
| 42 | Behavioral avoidance mediates the relationship between anxiety and depressive symptoms among social anxiety disorder patients. Journal of Anxiety Disorders, 2008, 22, 1205-1213. | 1.5 | 59 |
| 43 | Mindfulness and its relationship with eating disorders symptomatology in women receiving residential treatment. Eating Behaviors, 2013, 14, 13-16. | 1.1 | 57 |
| 44 | An open trial of videoconference-mediated exposure and ritual prevention for obsessive-compulsive disorder. Journal of Anxiety Disorders, 2014, 28, 460-462. | 1.5 | 57 |
| 45 | Slowing down and taking a second look: Inhibitory deficits associated with binge eating are not food-specific. Appetite, 2016, 96, 555-559. | 1.8 | 57 |
| 46 | Mindful decision making and inhibitory control training as complementary means to decrease snack consumption. Appetite, 2016, 103, 176-183. | 1.8 | 55 |
| 47 | Exploring frontal asymmetry using functional near-infrared spectroscopy: a preliminary study of the effects of social anxiety during interaction and performance tasks. Brain Imaging and Behavior, 2013, 7, 140-153. | 1.1 | 54 |
| 48 | A randomized trial of a reconciliation workshop with and without PTSD psychoeducation in Burundian sample. Journal of Traumatic Stress, 2010, 23, 305-312. | 1.0 | 50 |
| 49 | A Pilot Study of an Acceptance-Based Behavioral Intervention for Weight Regain After Bariatric Surgery. Obesity Surgery, 2016, 26, 2433-2441. | 1.1 | 50 |
| 50 | OnTrack: development and feasibility of a smartphone app designed to predict and prevent dietary lapses. Translational Behavioral Medicine, 2019, 9, 236-245. | 1.2 | 50 |
| 51 | Caution: The Differences Between CT and ACT May Be Larger (and Smaller) Than They Appear. Behavior Therapy, 2013, 44, 218-223. | 1.3 | 47 |
| 52 | Does impulsivity predict outcome in treatment for binge eating disorder? A multimodal investigation. Appetite, 2016, 105, 172-179. | 1.8 | 47 |
| 53 | Pain Intensity, Psychological Inflexibility, and Acceptance of Pain as Predictors of Functioning in Adolescents with Juvenile Idiopathic Arthritis: A Preliminary Investigation. Journal of Clinical Psychology in Medical Settings, 2011, 18, 291-298. | 0.8 | 46 |
| 54 | Randomized controlled trial of OnTrack, a just-in-time adaptive intervention designed to enhance weight loss. Translational Behavioral Medicine, 2019, 9, 989-1001. | 1.2 | 46 |

| # | Article | IF | Citations |
|----|---|-----|-----------|
| 55 | Efficacy of environmental and acceptanceâ€based enhancements to behavioral weight loss treatment: The ENACT trial. Obesity, 2017, 25, 866-872. | 1.5 | 45 |
| 56 | The independent and interacting effects of hedonic hunger and executive function on binge eating. Appetite, 2015, 89, 16-21. | 1.8 | 44 |
| 57 | Acceptance-based behavior therapy to promote HIV medication adherence. AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV, 2011, 23, 1660-1667. | 0.6 | 42 |
| 58 | Acceptance-based exposure therapy for public speaking anxiety. Journal of Contextual Behavioral Science, 2012, 1, 66-72. | 1.3 | 42 |
| 59 | Enhancing physical activity promotion in midlife women with technology-based self-monitoring and social connectivity: A pilot study. Journal of Health Psychology, 2016, 21, 1548-1555. | 1.3 | 41 |
| 60 | Computerized neurocognitive training for improving dietary health and facilitating weight loss. Journal of Behavioral Medicine, 2019, 42, 1029-1040. | 1.1 | 40 |
| 61 | Implicit internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. Eating Behaviors, 2011, 12, 207-213. | 1.1 | 39 |
| 62 | Popular self-help books for anxiety, depression, and trauma: How scientifically grounded and useful are they?. Professional Psychology: Research and Practice, 2008, 39, 537-545. | 0.6 | 37 |
| 63 | The BestFIT trial: A SMART approach to developing individualized weight loss treatments. Contemporary Clinical Trials, 2016, 47, 209-216. | 0.8 | 37 |
| 64 | Promising technological innovations in cognitive training to treat eating-related behavior. Appetite, 2018, 124, 68-77. | 1.8 | 37 |
| 65 | Application of Machine Learning to Predict Dietary Lapses During Weight Loss. Journal of Diabetes Science and Technology, 2018, 12, 1045-1052. | 1.3 | 37 |
| 66 | Empirically supported treatment: Recommendations for a new model Clinical Psychology: Science and Practice, 2015, 22, 317-338. | 0.6 | 36 |
| 67 | Acceptance-based behavioral treatment for weight control: a review and future directions. Current Opinion in Psychology, 2015, 2, 87-90. | 2.5 | 35 |
| 68 | Executive functioning and dietary intake: Neurocognitive correlates of fruit, vegetable, and saturated fat intake in adults with obesity. Appetite, 2017, 111, 79-85. | 1.8 | 35 |
| 69 | Measuring the Ability to Tolerate Activity-Related Discomfort: Initial Validation of the Physical Activity Acceptance Questionnaire (PAAQ). Journal of Physical Activity and Health, 2015, 12, 717-726. | 1.0 | 34 |
| 70 | Internet-Delivered Acceptance-Based Cognitive-Behavioral Intervention for Social Anxiety Disorder With and Without Therapist Support: A Randomized Trial. Behavior Modification, 2017, 41, 583-608. | 1.1 | 34 |
| 71 | The role of therapist experiential avoidance in predicting therapist preference for exposure treatment for OCD. Journal of Contextual Behavioral Science, 2015, 4, 21-29. | 1.3 | 31 |
| 72 | The Effects of a Brief Acceptance-Based Behavioral Treatment Versus Traditional Cognitive-Behavioral Treatment for Public Speaking Anxiety. Behavior Modification, 2016, 40, 748-776. | 1.1 | 31 |

| # | Article | IF | CITATIONS |
|----|--|-----|-----------|
| 73 | Can the artificial intelligence technique of reinforcement learning use continuously-monitored digital data to optimize treatment for weight loss?. Journal of Behavioral Medicine, 2019, 42, 276-290. | 1.1 | 28 |
| 74 | Longâ€Term Followâ€up of the Mind Your Health Project: Acceptanceâ€Based versus Standard Behavioral Treatment for Obesity. Obesity, 2019, 27, 565-571. | 1.5 | 28 |
| 75 | Digital selfâ€monitoring: Does adherence or association with outcomes differ by selfâ€monitoring target?. Obesity Science and Practice, 2020, 6, 126-133. | 1.0 | 28 |
| 76 | Understanding the overlap and differences in terms describing patterns of maladaptive avoidance and intolerance of negative emotional states. Personality and Individual Differences, 2020, 158, 109859. | 1.6 | 28 |
| 77 | Suicidality and Psychosis: Beyond Depression and Hopelessness. Suicide and Life-Threatening Behavior, 2004, 34, 77-86. | 0.9 | 27 |
| 78 | Randomized controlled trial of acceptance and commitment therapy versus traditional cognitive behavior therapy for social anxiety disorder: Symptomatic and behavioral outcomes. Journal of Contextual Behavioral Science, 2018, 9, 88-96. | 1.3 | 27 |
| 79 | A Brief Report on the Assessment of Distress Tolerance: Are We Measuring the Same Construct?. Journal of Rational - Emotive and Cognitive - Behavior Therapy, 2016, 34, 87-99. | 1.0 | 26 |
| 80 | Developing an Acceptance-Based Behavioral Treatment for Binge Eating Disorder: Rationale and Challenges. Cognitive and Behavioral Practice, 2017, 24, 1-13. | 0.9 | 26 |
| 81 | The Importance of Theory in Cognitive Behavior Therapy: A Perspective of Contextual Behavioral Science. Behavior Therapy, 2013, 44, 580-591. | 1.3 | 24 |
| 82 | Using ecological momentary assessment to better understand dietary lapse types. Appetite, 2018, 129, 198-206. | 1.8 | 24 |
| 83 | Symptom comparison across multiple solicitation methods among Burundians with traumatic event histories. Journal of Traumatic Stress, 2008, 21, 231-234. | 1.0 | 23 |
| 84 | Attending to Dissociation: Assessing Change in Dissociation and Predicting Treatment Outcome. Journal of Trauma and Dissociation, 2008, 9, 301-319. | 1.0 | 23 |
| 85 | The discrepancy between implicit and explicit attitudes in predicting disinhibited eating. Eating Behaviors, 2014, 15, 164-170. | 1.1 | 23 |
| 86 | Not so fast: The impact of impulsivity on weight loss varies by treatment type. Appetite, 2017, 113, 193-199. | 1.8 | 23 |
| 87 | Relationship between ethane and ethylene diffusion inside ZIF-11 crystals confined in polymers to form mixed-matrix membranes. Journal of Membrane Science, 2020, 593, 117440. | 4.1 | 23 |
| 88 | Refining an algorithm-powered just-in-time adaptive weight control intervention: A randomized controlled trial evaluating model performance and behavioral outcomes. Health Informatics Journal, 2020, 26, 2315-2331. | 1,1 | 23 |
| 89 | A Clinician-Controlled Just-in-time Adaptive Intervention System (CBT+) Designed to Promote Acquisition and Utilization of Cognitive Behavioral Therapy Skills in Bulimia Nervosa: Development and Preliminary Evaluation Study. JMIR Formative Research, 2021, 5, e18261. | 0.7 | 23 |
| 90 | Delivering exposure and ritual prevention for obsessive–compulsive disorder via videoconference: Clinical considerations and recommendations. Journal of Obsessive-Compulsive and Related Disorders, 2013, 2, 137-145. | 0.7 | 22 |

| # | Article | IF | CITATIONS |
|-----|---|-----|-----------|
| 91 | Microscopic diffusion of pure and mixed methane and carbon dioxide in ZIF-11 by high field diffusion NMR. Microporous and Mesoporous Materials, 2017, 248, 158-163. | 2.2 | 22 |
| 92 | A Survey of Bariatric Surgery Patients' Interest in Postoperative Interventions. Obesity Surgery, 2016, 26, 332-338. | 1.1 | 21 |
| 93 | The Implicit Relational Assessment Procedure As a Measure of Self-Esteem. Psychological Record, 2010, 60, 679-698. | 0.6 | 19 |
| 94 | Ecological momentary assessment of self-attitudes in response to dietary lapses Health Psychology, 2018, 37, 148-152. | 1.3 | 19 |
| 95 | Executive Functioning as a Predictor of Weight Loss and Physical Activity Outcomes. Annals of Behavioral Medicine, 2019, 53, 909-917. | 1.7 | 17 |
| 96 | Using virtual reality to train inhibitory control and reduce binge eating: A proof-of-concept study. Appetite, 2021, 157, 104988. | 1.8 | 17 |
| 97 | Acceptance and Commitment Therapy for eating disorders: Clinical applications of a group treatment. Journal of Contextual Behavioral Science, 2013, 2, 85-94. | 1.3 | 16 |
| 98 | The role of negative reinforcement eating expectancies in the relation between experiential avoidance and disinhibition. Eating Behaviors, 2016, 21, 129-134. | 1.1 | 15 |
| 99 | A multimodal investigation of impulsivity as a moderator of the relation between momentary elevations in negative internal states and subsequent dietary lapses. Appetite, 2018, 127, 52-58. | 1.8 | 15 |
| 100 | Anomalous Relationship between Molecular Size and Diffusivity of Ethane and Ethylene inside Crystals of Zeolitic Imidazolate Framework-11. Journal of Physical Chemistry C, 2019, 123, 16813-16822. | 1.5 | 15 |
| 101 | Rethinking emotional eating: Retrospective and momentary indices of emotional eating represent distinct constructs. Appetite, 2021, 167, 105604. | 1.8 | 15 |
| 102 | Cultural Factors in Traumatic Stress. , 0, , 221-244. | | 14 |
| 103 | Guided Internet-Based Self-Help Intervention for Social Anxiety Disorder With Videoconferenced Therapist Support. Cognitive and Behavioral Practice, 2016, 23, 239-255. | 0.9 | 14 |
| 104 | Examination of Nutrition Literacy and Quality of Self-monitoring in Behavioral Weight Loss. Annals of Behavioral Medicine, 2018, 52, 809-816. | 1.7 | 14 |
| 105 | Pilot Test of an Acceptance-Based Behavioral Intervention to Promote Physical Activity During Weight Loss Maintenance. Behavioral Medicine, 2018, 44, 77-87. | 1.0 | 14 |
| 106 | Promotion of physical activity during weight loss maintenance: A randomized controlled trial Health Psychology, 2021, 40, 178-187. | 1.3 | 14 |
| 107 | Acceptance-Versus Change-Based Pain Management. Behavior Modification, 2012, 36, 37-48. | 1.1 | 13 |
| 108 | A pilot study of an acceptance-based behavioral treatment for binge eating disorder. Journal of Contextual Behavioral Science, 2017, 6, 1-7. | 1.3 | 13 |

| # | Article | IF | CITATIONS |
|-----|--|-----|-----------|
| 109 | Are individuals with lossâ€ofâ€control eating more prone to dietary lapse in behavioural weight loss treatment? An ecological momentary assessment study. European Eating Disorders Review, 2018, 26, 259-264. | 2.3 | 13 |
| 110 | The project REBOOT protocol: Evaluating a personalized inhibitory control training as an adjunct to cognitive behavioral therapy for bulimia nervosa and bingeâ€eating disorder. International Journal of Eating Disorders, 2020, 53, 1007-1013. | 2,1 | 13 |
| 111 | Personalization Paradox in Behavior Change Apps. Proceedings of the ACM on Human-Computer Interaction, 2021, 5, 1-21. | 2.5 | 13 |
| 112 | Is physical activity a risk or protective factor for subsequent dietary lapses among behavioral weight loss participants?. Health Psychology, 2020, 39, 240-244. | 1.3 | 13 |
| 113 | Player Modeling via Multi-Armed Bandits. , 2020, , . | | 13 |
| 114 | The association between negative affect and physical activity among adults in a behavioral weight loss treatment. Psychology of Sport and Exercise, 2020, 47, 101507. | 1.1 | 12 |
| 115 | Counselor Surveillance of Digital Selfâ€Monitoring Data: A Pilot Randomized Controlled Trial. Obesity, 2020, 28, 2339-2346. | 1.5 | 12 |
| 116 | Assessing the valuing process in Acceptance and Commitment Therapy: Experts' review of the current status and recommendations for future measure development. Journal of Contextual Behavioral Science, 2019, 12, 225-233. | 1.3 | 11 |
| 117 | Change in domain-specific but not general psychological flexibility relates to greater weight loss in acceptance-based behavioral treatment for obesity. Journal of Contextual Behavioral Science, 2019, 12, 59-65. | 1.3 | 11 |
| 118 | Weight-Related Information Avoidance Prospectively Predicts Poorer Self-Monitoring and Engagement in a Behavioral Weight Loss Intervention. Annals of Behavioral Medicine, 2021, 55, 103-111. | 1.7 | 11 |
| 119 | The relationship of alcohol use to weight loss in the context of behavioral weight loss treatment. Appetite, 2016, 99, 105-111. | 1.8 | 10 |
| 120 | Trusting homeostatic cues versus accepting hedonic cues: A randomized controlled trial comparing two distinct mindfulness-based intervention components. Journal of Contextual Behavioral Science, 2017, 6, 409-417. | 1.3 | 10 |
| 121 | Cognitive and Self-regulatory Mechanisms of Obesity Study (COSMOS): Study protocol for a randomized controlled weight loss trial examining change in biomarkers, cognition, and self-regulation across two behavioral treatments. Contemporary Clinical Trials, 2018, 66, 20-27. | 0.8 | 10 |
| 122 | A Randomized Controlled Trial of CBT+: A Clinician-Controlled, Just-In-Time, Adjunctive Intervention for Bulimia-Spectrum Disorders. Behavior Modification, 2023, 47, 551-572. | 1.1 | 10 |
| 123 | The relationship between dorsolateral prefrontal activation and speech performance-based social anxiety using functional near infrared spectroscopy. Brain Imaging and Behavior, 2017, 11, 797-807. | 1.1 | 9 |
| 124 | The association between previous success with weight loss through dietary change and success in a lifestyle modification program. Journal of Behavioral Medicine, 2018, 41, 152-159. | 1.1 | 9 |
| 125 | Gender differences in the effect of gamification on weight loss during a daily, neurocognitive training program. Translational Behavioral Medicine, 2021, 11, 1015-1022. | 1.2 | 9 |
| 126 | Lifestyle Modification for the Treatment of Obesity. , 2014, , 147-155. | | 9 |

| # | Article | IF | Citations |
|-----|---|-----|-----------|
| 127 | Rumination Derails Reinforcement Learning With Possible Implications for Ineffective Behavior. Clinical Psychological Science, 2022, 10, 714-733. | 2.4 | 9 |
| 128 | The psychotherapy dose effect in naturalistic settings revisited: Response to Gray Clinical Psychology: Science and Practice, 2003, 10, 507-508. | 0.6 | 8 |
| 129 | Baseline eating disorder severity predicts response to an acceptance and commitment therapy-based group treatment. Journal of Contextual Behavioral Science, 2013, 2, 74-78. | 1.3 | 8 |
| 130 | From last supper to selfâ€initiated weight loss: Pretreatment weight change may be more important than previously thought. Obesity, 2016, 24, 843-849. | 1.5 | 8 |
| 131 | Associations between change in sedentary behavior and outcome in standard behavioral weight loss treatment. Translational Behavioral Medicine, 2018, 8, 299-304. | 1.2 | 8 |
| 132 | Differential Programming Needs of College Students Preferring Web-Based Versus In-Person Physical Activity Programs. Health Communication, 2018, 33, 1509-1515. | 1.8 | 8 |
| 133 | Self-report versus clinical interview: Discordance among measures of binge eating in a weight-loss seeking sample. Eating and Weight Disorders, 2021, 26, 1259-1263. | 1.2 | 8 |
| 134 | Feasibility, Acceptability, and Preliminary Target Engagement of a Healthy Physical Activity Promotion Intervention for Bulimia Nervosa: Development and Evaluation via Case Series Design. Cognitive and Behavioral Practice, 2022, 29, 598-613. | 0.9 | 8 |
| 135 | Comparing ecological momentary assessment to sensor-based approaches in predicting dietary lapse. Translational Behavioral Medicine, 2021, 11, 2099-2109. | 1.2 | 8 |
| 136 | Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss: Protocol for a multiphase optimization strategy trial. Contemporary Clinical Trials, 2021, 110, 106573. | 0.8 | 8 |
| 137 | Acceptance-based treatment and quality of life among patients with an eating disorder. Journal of Contextual Behavioral Science, 2015, 4, 42-47. | 1.3 | 7 |
| 138 | Developing more efficient, effective, and disseminable treatments for eating disorders: an overview of the multiphase optimization strategy. Eating and Weight Disorders, 2019, 24, 983-995. | 1.2 | 7 |
| 139 | Examination of the relationship between lapses and weight loss in a smartphone-based just-in time adaptive intervention. Translational Behavioral Medicine, 2021, 11, 993-1005. | 1.2 | 7 |
| 140 | The project <scp>COMPASS</scp> protocol: Optimizing mindfulness and acceptanceâ€based behavioral treatment for bingeâ€eating spectrum disorders. International Journal of Eating Disorders, 2021, 54, 451-458. | 2.1 | 7 |
| 141 | Efficacy of telehealth acceptance and commitment therapy for weight loss: a pilot randomized clinical trial. Translational Behavioral Medicine, 2021, 11, 1527-1536. | 1.2 | 7 |
| 142 | Incorporating automated digital interventions into coach-delivered weight loss treatment: A meta-analysis Health Psychology, 2021, 40, 534-545. | 1.3 | 7 |
| 143 | Near-infrared spectroscopic assessment of in vivo prefrontal activation in public speaking anxiety: A preliminary study Psychology of Consciousness: Theory Research, and Practice, 2014, 1, 271-283. | 0.3 | 6 |
| 144 | Energy intake highs and lows: how much does consistency matter in weight control?. Clinical Obesity, 2016, 6, 193-201. | 1.1 | 6 |

| # | Article | IF | CITATIONS |
|-----|---|-----|-----------|
| 145 | Does executive function moderate the relation between momentary affective and physical states and subsequent dietary lapse? An EMA investigation. Journal of Behavioral Medicine, 2019, 42, 1148-1152. | 1.1 | 6 |
| 146 | The relationship of weight suppression to treatment outcomes during behavioral weight loss. Journal of Behavioral Medicine, 2019, 42, 365-375. | 1.1 | 6 |
| 147 | Depressive symptoms, psychological flexibility, and binge eating in individuals seeking behavioral weight loss treatment. Journal of Contextual Behavioral Science, 2019, 14, 50-54. | 1.3 | 5 |
| 148 | Pragmatic recommendations to address challenges in disseminating evidenced-based treatment guidelines Canadian Psychology, 2016, 57, 160-171. | 1.4 | 5 |
| 149 | Could technology help us tackle the obesity crisis?. Future Science OA, 2016, 2, FSO151. | 0.9 | 4 |
| 150 | Do participants with children age 18 and under have suboptimal weight loss?. Eating Behaviors, 2018, 29, 68-74. | 1.1 | 4 |
| 151 | BestFIT Sequential Multiple Assignment Randomized Trial Results: A SMART Approach to Developing Individualized Weight Loss Treatment Sequences. Annals of Behavioral Medicine, 2022, 56, 291-304. | 1.7 | 4 |
| 152 | Identifying behavioral types of dietary lapse from a mobile weight loss program: Preliminary investigation from a secondary data analysis. Appetite, 2021, 166, 105440. | 1.8 | 4 |
| 153 | Real-time fluctuations in mindful awareness, willingness, and values clarity, and their associations with craving and dietary lapse among those seeking weight loss. Journal of Contextual Behavioral Science, 2021, 22, 87-92. | 1.3 | 4 |
| 154 | Small weight gains during obesity treatment: normative or cause for concern?. Obesity Science and Practice, 2016, 2, 366-375. | 1.0 | 3 |
| 155 | Physical Activity Intentions and Behavior Mediate Treatment Response in an Acceptance-Based Weight Loss Intervention. Annals of Behavioral Medicine, 2019, 53, 1009-1019. | 1.7 | 3 |
| 156 | Guidelines for caregivers and healthcare professionals on speaking to children about overweight and obesity: a systematic review of the gray literature. Translational Behavioral Medicine, 2020, 10, 1144-1154. | 1.2 | 3 |
| 157 | Subjective Experiences of Physical Activity and Forecasting Bias During Behavioral Weight Loss. Obesity Science and Practice, 0, , . | 1.0 | 3 |
| 158 | Evaluating the Feasibility, Acceptability, and Effects of Deposit Contracts With and Without Daily Feedback to Promote Physical Activity. Journal of Physical Activity and Health, 2020, 17, 29-36. | 1.0 | 3 |
| 159 | Time to Peak Weight Loss During Extended Behavioral Treatment. Obesity, 2018, 26, 658-664. | 1.5 | 2 |
| 160 | Physical discomfort intolerance as a predictor of weight loss and physical activity in a lifestyle modification program. Journal of Behavioral Medicine, 2020, 43, 1041-1046. | 1.1 | 2 |
| 161 | Project Step: A Randomized Controlled Trial Investigating the Effects of Frequent Feedback and Contingent Incentives on Physical Activity. Journal of Physical Activity and Health, 2021, 18, 247-253. | 1.0 | 2 |
| 162 | Family Instability and Young Adolescent Maladjustment: The Mediating Effects of Parenting Quality and Adolescent Appraisals of Family Security. , 0, . | | 2 |

| # | Article | IF | CITATIONS |
|-----|--|-----|-----------|
| 163 | Session 1: Welcome. , 2016, , 1-14. | | 2 |
| 164 | A Pilot Study to Assess Feasibility, Acceptability, and Effectiveness of a Remotely-Delivered Intervention to Address Weight Regain after Bariatric Surgery. Surgery for Obesity and Related Diseases, 2015, 11, S55. | 1.0 | 1 |
| 165 | Discrepancies Between Clinician and Participant Intervention Adherence Ratings Predict Percent Weight Change During a Six-Month Behavioral Weight Loss Intervention. Translational Behavioral Medicine, 2021, 11, 1006-1014. | 1.2 | 1 |
| 166 | Does acceptance-based treatment moderate the effect of stress on dietary lapses? Translational Behavioral Medicine, 2021, 11, 2110-2115. | 1.2 | 1 |
| 167 | Validation of the food craving Acceptance and action questionnaire (FAAQ) in a weight loss-seeking sample. Appetite, 2021, 168, 105680. | 1.8 | 1 |
| 168 | Momentary predictors of dietary lapse from a mobile health weight loss intervention. Journal of Behavioral Medicine, 2021, , 1. | 1.1 | 1 |
| 169 | Remotely Delivered Behavioral Weight Loss Intervention Using an Ad Libitum Plant-Based Diet: Pilot Acceptability, Feasibility, and Preliminary Results. JMIR Formative Research, 2022, 6, e37414. | 0.7 | 1 |
| 170 | Optimizing an mHealth Intervention to Change Food Purchasing Behaviors for Cancer Prevention: Protocol for a Pilot Randomized Controlled Trial. JMIR Research Protocols, 2022, 11, e39669. | 0.5 | 0 |
| 171 | Efficacy and mechanisms of a brief adaptive goal-setting intervention for physical activity: A randomised pilot trial. International Journal of Sport and Exercise Psychology, 2023, 21, 894-916. | 1.1 | 0 |