

Bas Verplanken

List of Publications by Year
in descending order

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Version: 2024-02-01

100
papers

14,091
citations

41323

49
h-index

46771

89
g-index

106
all docs

106
docs citations

106
times ranked

8920
citing authors

#	ARTICLE	IF	CITATIONS
1	Reflections on Past Behavior: A Self-Report Index of Habit Strength1. Journal of Applied Social Psychology, 2003, 33, 1313-1330.	1.3	1,399
2	Interventions to Break and Create Consumer Habits. Journal of Public Policy and Marketing, 2006, 25, 90-103.	2.2	831
3	Motivated decision making: Effects of activation and self-centrality of values on choices and behavior.. Journal of Personality and Social Psychology, 2002, 82, 434-447.	2.6	812
4	Habit, Attitude, and Planned Behaviour: Is Habit an Empty Construct or an Interesting Case of Goal-directed Automaticity?. European Review of Social Psychology, 1999, 10, 101-134.	5.8	771
5	Habit, information acquisition, and the process of making travel mode choices. European Journal of Social Psychology, 1997, 27, 539-560.	1.5	695
6	Predicting Behavior From Actions in the Past: Repeated Decision Making or a Matter of Habit?. Journal of Applied Social Psychology, 1998, 28, 1355-1374.	1.3	671
7	Context change and travel mode choice: Combining the habit discontinuity and self-activation hypotheses. Journal of Environmental Psychology, 2008, 28, 121-127.	2.3	490
8	Ethical values and motives driving organic food choice. Journal of Consumer Behaviour, 2006, 5, 420-430.	2.6	451
9	Attitude Versus General Habit: Antecedents of Travel Mode Choice 1. Journal of Applied Social Psychology, 1994, 24, 285-300.	1.3	440
10	Beyond frequency: Habit as mental construct. British Journal of Social Psychology, 2006, 45, 639-656.	1.8	434
11	Habit versus planned behaviour: A field experiment. British Journal of Social Psychology, 1998, 37, 111-128.	1.8	432
12	The automatic component of habit in health behavior: Habit as cue-contingent automaticity.. Health Psychology, 2010, 29, 374-383.	1.3	415
13	Individual differences in impulse buying tendency: feeling and no thinking. European Journal of Personality, 2001, 15, S71-S83.	1.9	374
14	Good intentions, bad habits, and effects of forming implementation intentions on healthy eating. European Journal of Social Psychology, 1999, 29, 591-604.	1.5	367
15	Empowering interventions to promote sustainable lifestyles: Testing the habit discontinuity hypothesis in a field experiment. Journal of Environmental Psychology, 2016, 45, 127-134.	2.3	287
16	Communal narcissism.. Journal of Personality and Social Psychology, 2012, 103, 854-878.	2.6	237
17	Habit and information use in travel mode choices. Acta Psychologica, 1997, 96, 1-14.	0.7	227
18	Intention to consume seafood—the importance of habit. Appetite, 2005, 45, 161-168.	1.8	205

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19	The Psychology of Impulse Buying: An Integrative Self-Regulation Approach. <i>Journal of Consumer Policy</i> , 2011, 34, 197-210.	0.6	189
20	Mental habits: Metacognitive reflection on negative self-thinking.. <i>Journal of Personality and Social Psychology</i> , 2007, 92, 526-541.	2.6	173
21	Need for Cognition and External Information Search: Responses to Time Pressure during Decision-Making. <i>Journal of Research in Personality</i> , 1993, 27, 238-252.	0.9	171
22	Predicting habit: The case of physical exercise. <i>Psychology of Sport and Exercise</i> , 2008, 9, 15-26.	1.1	171
23	Habitual behaviors or patterns of practice? Explaining and changing repetitive climate-relevant actions. <i>Wiley Interdisciplinary Reviews: Climate Change</i> , 2015, 6, 113-128.	3.6	164
24	Old Habits Die Hard. <i>Environment and Behavior</i> , 2015, 47, 1089-1106.	2.1	162
25	Accessibility of affective versus cognitive components of attitudes. <i>European Journal of Social Psychology</i> , 1998, 28, 23-35.	1.5	149
26	On the nature of attitude-behavior relations: the strong guide, the weak follow. <i>European Journal of Social Psychology</i> , 2002, 32, 869-876.	1.5	149
27	Need for cognition and external information search effort. <i>Journal of Research in Personality</i> , 1992, 26, 128-136.	0.9	147
28	Consumer style and health: The role of impulsive buying in unhealthy eating. <i>Psychology and Health</i> , 2005, 20, 429-441.	1.2	144
29	Predicting Fruit Consumption: Cognitions, Intention, and Habits. <i>Journal of Nutrition Education and Behavior</i> , 2006, 38, 73-81.	0.3	143
30	Motivated decision making: Effects of activation and self-centrality of values on choices and behavior.. <i>Journal of Personality and Social Psychology</i> , 2002, 82, 434-447.	2.6	140
31	Measuring implementation intentions in the context of the theory of planned behavior. <i>Scandinavian Journal of Psychology</i> , 2003, 44, 87-95.	0.8	132
32	On the nature of eco-anxiety: How constructive or unconstructive is habitual worry about global warming?. <i>Journal of Environmental Psychology</i> , 2020, 72, 101528.	2.3	122
33	The strength of habit. <i>Health Psychology Review</i> , 2015, 9, 311-317.	4.4	119
34	Value congruence and job satisfaction among nurses: a human relations perspective. <i>International Journal of Nursing Studies</i> , 2004, 41, 599-605.	2.5	106
35	“My Worries Are Rational, Climate Change Is Not”: Habitual Ecological Worrying Is an Adaptive Response. <i>PLoS ONE</i> , 2013, 8, e74708.	1.1	100
36	Understanding Attitudes Towards Genetically Modified Food: The Role of Values and Attitude Strength. <i>Journal of Consumer Policy</i> , 2004, 27, 401-420.	0.6	96

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37	From repetition to conviction: Attitude accessibility as a determinant of attitude certainty. <i>Journal of Experimental Social Psychology</i> , 2003, 39, 594-601.	1.3	86
38	Cracks in the Wall: Habit Discontinuities as Vehicles for Behaviour Change. , 2018, , 189-205.		73
39	Attitudes, Habits, and Behavior Change. <i>Annual Review of Psychology</i> , 2022, 73, 327-352.	9.9	72
40	Danger and Fear Control in Response to Fear Appeals: The Role of Need for Cognition. <i>Basic and Applied Social Psychology</i> , 2004, 26, 13-24.	1.2	71
41	Intention-behaviour consistency: Effects of consideration set size, involvement and need for cognition. <i>European Journal of Social Psychology</i> , 1995, 25, 531-543.	1.5	69
42	Beliefs, Attitudes, and Intentions toward Nuclear Energy before and after Chernobyl in a Longitudinal within-subjects Design. <i>Environment and Behavior</i> , 1989, 21, 371-392.	2.1	66
43	Collective self and individual choice: The effects of intergroup comparative context on environmental values and behaviour. <i>British Journal of Social Psychology</i> , 2012, 51, 551-569.	1.8	63
44	Consumption experience of impulse buying in Indonesia: Emotional arousal and hedonistic considerations. <i>Asian Journal of Social Psychology</i> , 2009, 12, 20-31.	1.1	62
45	The Role of Coping Appraisal in Reactions to Fear Appeals: Do We Need Threat Information?. <i>Journal of Health Psychology</i> , 2003, 8, 465-474.	1.3	61
46	When bittersweet turns sour: Adverse effects of nostalgia on habitual worriers. <i>European Journal of Social Psychology</i> , 2012, 42, 285-289.	1.5	61
47	Differences and Similarities between Impulse Buying and Variety Seeking: A Personality-based Perspective. <i>Psychology and Marketing</i> , 2016, 33, 36-47.	4.6	60
48	Individual differences in reverse Hindsight bias: I never thought something like chernobyl would happen. Did I?. <i>Journal of Behavioral Decision Making</i> , 1988, 1, 131-147.	1.0	57
49	Persuasive Communication of Risk Information: A Test of Cue Versus Message Processing Effects in a Field Experiment. <i>Personality and Social Psychology Bulletin</i> , 1991, 17, 188-193.	1.9	57
50	Progress and Prospects in Habit Research. , 2018, , 397-409.		55
51	Social Psychological Factors in Lifestyle Change and Their Relevance to Policy. <i>Social Issues and Policy Review</i> , 2007, 1, 99-137.	3.7	54
52	Habitual negative body image thinking as psychological risk factor in adolescents. <i>Body Image</i> , 2008, 5, 133-140.	1.9	52
53	Think global, act local: The effect of goal and mindset specificity on willingness to donate to an environmental organization. <i>Journal of Environmental Psychology</i> , 2009, 29, 391-399.	2.3	50
54	Habitual Worrying and Benefits of Mindfulness. <i>Mindfulness</i> , 2014, 5, 566-573.	1.6	50

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55	Self-criticism as a mediator in the relationship between unhealthy perfectionism and distress. <i>Personality and Individual Differences</i> , 2015, 79, 123-128.	1.6	47
56	The Measurement of Habit. , 2018, , 31-49.		47
57	Habit and Identity: Behavioral, Cognitive, Affective, and Motivational Facets of an Integrated Self. <i>Frontiers in Psychology</i> , 2019, 10, 1504.	1.1	47
58	Involvement and need for cognition as moderators of beliefsâ€™attitudeâ€™intention consistency. <i>British Journal of Social Psychology</i> , 1989, 28, 115-122.	1.8	42
59	The stability of nuclear attitudes after chernobyl. <i>Journal of Environmental Psychology</i> , 1990, 10, 111-119.	2.3	41
60	Promoting Sustainability: Towards a Segmentation Model of Individual and Household Behaviour and Behaviour Change. <i>Sustainable Development</i> , 2018, 26, 193-205.	6.9	41
61	Reflective and impulsive influences on unhealthy snacking. The moderating effects of food related self-control. <i>Appetite</i> , 2012, 58, 616-622.	1.8	40
62	Habit and climate change. <i>Current Opinion in Behavioral Sciences</i> , 2021, 42, 42-46.	2.0	40
63	Different selves, different values: Effects of selfâ€™construals on value activation and use. <i>European Journal of Social Psychology</i> , 2009, 39, 909-919.	1.5	38
64	No body is perfect: The significance of habitual negative thinking about appearance for body dissatisfaction, eating disorder propensity, self-esteem and snacking. <i>Psychology and Health</i> , 2011, 26, 685-701.	1.2	33
65	Householdersâ€™™ Mental Models of Domestic Energy Consumption: Using a Sort-And-Cluster Method to Identify Shared Concepts of Appliance Similarity. <i>PLoS ONE</i> , 2016, 11, e0158949.	1.1	29
66	How extreme dieting becomes compulsive: A novel hypothesis for the role of anxiety in the development and maintenance of anorexia nervosa. <i>Medical Hypotheses</i> , 2017, 108, 144-150.	0.8	25
67	Graphical energy labels and consumers' decisions about home appliances: A process tracing approach. <i>Journal of Economic Psychology</i> , 1993, 14, 739-752.	1.1	24
68	The Need for Web-Based Cognitive Behavior Therapy Among University Students. <i>Journal of Technology in Human Services</i> , 2008, 26, 239-258.	0.9	24
69	Accounting for the role of habit in behavioural strategies for injury prevention. <i>International Journal of Injury Control and Safety Promotion</i> , 2008, 15, 33-40.	1.0	23
70	Image, not environmentalism: A qualitative exploration of factors influencing vehicle purchasing decisions. <i>Transportation Research, Part A: Policy and Practice</i> , 2017, 97, 89-105.	2.0	23
71	A systematic review of studies probing longitudinal associations between anxiety and anorexia nervosa. <i>Psychiatry Research</i> , 2019, 276, 175-185.	1.7	22
72	Exploring the Relationships Between Mindfulness, Self-Compassion, and Shame. <i>SAGE Open</i> , 2019, 9, 215824401986629.	0.8	20

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73	Strengthening the Persuasive Impact of Fear Appeals: The Role of Action Framing. <i>Journal of Social Psychology</i> , 2003, 143, 397-400.	1.0	18
74	Consumer habits and sustainable consumption. , 2015, , .		18
75	Making Sense of Sustainability: Exploring the Subjective Meaning of Sustainable Consumption. <i>Applied Environmental Education and Communication</i> , 2015, 14, 187-195.	0.6	14
76	Factors contributing to the experience of shame and shame management: Adverse childhood experiences, peer acceptance, and attachment styles. <i>Journal of Social Psychology</i> , 2021, 161, 129-145.	1.0	13
77	The Effect of Catastrophe Potential on the Interpretation of Numerical Probabilities of the Occurrence of Hazards ¹ . <i>Journal of Applied Social Psychology</i> , 1997, 27, 1453-1467.	1.3	12
78	A cluster randomised controlled trial of an intervention to promote healthy lifestyle habits to school leavers: study rationale, design, and methods. <i>BMC Public Health</i> , 2014, 14, 221.	1.2	12
79	Understanding the nature of association between anxiety phenotypes and anorexia nervosa: a triangulation approach. <i>BMC Psychiatry</i> , 2020, 20, 495.	1.1	12
80	The (bitter) sweet taste of nudge effectiveness: The role of habits in a portion size nudge, a proof of concept study. <i>Appetite</i> , 2020, 151, 104699.	1.8	12
81	Changing Behavior Using Habit Theory. , 2020, , 178-192.		11
82	Changing healthcare professionals' non-reflective processes to improve the quality of care. <i>Social Science and Medicine</i> , 2022, 298, 114840.	1.8	11
83	Effects of Stereotypicality and Perceived Group Variability on the Use of Attitudinal Information in Impression Formation. <i>Personality and Social Psychology Bulletin</i> , 1996, 22, 960-971.	1.9	10
84	By Force of Habit. , 2010, , 73-82.		9
85	Cross Cultural Application of the WHOQOL-SRPB in the Chinese Community with Diverse Spiritual Affiliations. <i>Social Indicators Research</i> , 2017, 132, 291-312.	1.4	9
86	Conscientiousness and (un)healthy eating: The role of impulsive eating and age in the consumption of daily main meals. <i>Scandinavian Journal of Psychology</i> , 2015, 56, 397-404.	0.8	8
87	Anxiety and the development and maintenance of anorexia nervosa: protocol for a systematic review. <i>Systematic Reviews</i> , 2018, 7, 14.	2.5	7
88	Habit and Behavior Change. , 2019, , 65-78.		7
89	Accessibility of affective versus cognitive components of attitudes. , 1998, 28, 23.		5
90	Acceptance of shame and embarrassment: Scale development and initial findings in a clinical sample. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 13-21.	1.3	4

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91	Habit, information acquisition, and the process of making travel mode choices. <i>European Journal of Social Psychology</i> , 1997, 27, 539-560.	1.5	4
92	A relationship that makes life worth-living: levels of value orientation explain differences in meaning and life satisfaction. <i>Heliyon</i> , 2022, 8, e08802.	1.4	4
93	Public reactions to the Chernobyl accident: a case of rationality?. <i>Industrial Crisis Quarterly</i> , 1991, 5, 253-269.	0.6	3
94	Perception of vulnerability in young females™ experiences of oral sex: Findings from the focus group discussions. <i>Cogent Psychology</i> , 2017, 4, 1418643.	0.6	3
95	Habit, information acquisition, and the process of making travel mode choices. , 0, .		3
96	Habits and behavioral complexity “ dynamic and distinct constructs. <i>Health Psychology Review</i> , 2023, 17, 485-489.	4.4	3
97	The readiness to invest cognitive effort affects the accuracy of self-reports of visual functioning among elderly. <i>Visual Impairment Research</i> , 1999, 1, 33-39.	0.2	2
98	Identifying as someone who avoids virus transmission strengthens physical distancing habit behaviour relationships: A longitudinal multi-national study during the COVID-19 pandemic. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1464-1482.	1.6	2
99	Predictors of Ideas about Seasonal Psychological Fluctuations. <i>Environment and Behavior</i> , 2005, 37, 220-236.	2.1	1
100	Title is missing!. <i>Journal of Environmental Psychology</i> , 1990, 10, 285-288.	2.3	0