Alex M Wood

List of Publications by Citations

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7,806 88 107 39 h-index g-index citations papers 108 9,166 6.46 5.1 L-index avg, IF ext. citations ext. papers

#	Paper	IF	Citations
107	Gratitude and well-being: a review and theoretical integration. Clinical Psychology Review, 2010, 30, 890	O- 2 0.5	968
106	The authentic personality: A theoretical and empirical conceptualization and the development of the Authenticity Scale <i>Journal of Counseling Psychology</i> , 2008 , 55, 385-399	3.6	534
105	How to Do a Systematic Review: A Best Practice Guide for Conducting and Reporting Narrative Reviews, Meta-Analyses, and Meta-Syntheses. <i>Annual Review of Psychology</i> , 2019 , 70, 747-770	26.1	429
104	The role of gratitude in the development of social support, stress, and depression: Two longitudinal studies. <i>Journal of Research in Personality</i> , 2008 , 42, 854-871	2.8	374
103	Positive psychology: Past, present, and (possible) future. <i>Journal of Positive Psychology</i> , 2006 , 1, 3-16	3.2	344
102	The absence of positive psychological (eudemonic) well-being as a risk factor for depression: a ten year cohort study. <i>Journal of Affective Disorders</i> , 2010 , 122, 213-7	6.6	300
101	Positive Clinical Psychology: a new vision and strategy for integrated research and practice. <i>Clinical Psychology Review</i> , 2010 , 30, 819-29	10.8	282
100	A social-cognitive model of trait and state levels of gratitude. <i>Emotion</i> , 2008 , 8, 281-90	4.1	266
99	Using personal and psychological strengths leads to increases in well-being over time: A longitudinal study and the development of the strengths use questionnaire. <i>Personality and Individual Differences</i> , 2011 , 50, 15-19	3.3	257
98	Measuring happiness: The higher order factor structure of subjective and psychological well-being measures. <i>Personality and Individual Differences</i> , 2009 , 47, 878-884	3.3	236
97	Resilience to suicidality: the buffering hypothesis. Clinical Psychology Review, 2011, 31, 563-91	10.8	223
96	The role of defeat and entrapment in depression, anxiety, and suicide. <i>Psychological Bulletin</i> , 2011 , 137, 391-420	19.1	212
95	Gratitude predicts psychological well-being above the Big Five facets. <i>Personality and Individual Differences</i> , 2009 , 46, 443-447	3.3	208
94	Gratitude uniquely predicts satisfaction with life: Incremental validity above the domains and facets of the five factor model. <i>Personality and Individual Differences</i> , 2008 , 45, 49-54	3.3	179
93	Strengths Gym: The impact of a character strengths-based intervention on the life satisfaction and well-being of adolescents. <i>Journal of Positive Psychology</i> , 2011 , 6, 377-388	3.2	171
92	Coping Style as a Psychological Resource of Grateful People. <i>Journal of Social and Clinical Psychology</i> , 2007 , 26, 1076-1093	1.6	167
91	The dark side of conscientiousness: Conscientious people experience greater drops in life satisfaction following unemployment. <i>Journal of Research in Personality</i> , 2010 , 44, 535-539	2.8	158

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90	Attrition from self-directed interventions: investigating the relationship between psychological predictors, intervention content and dropout from a body dissatisfaction intervention. <i>Social Science and Medicine</i> , 2010 , 71, 30-7	5.1	135
89	Is Personality Fixed? Personality Changes as Much as Variable Economic Factors and More Strongly Predicts Changes to Life Satisfaction. <i>Social Indicators Research</i> , 2013 , 111, 287-305	2.7	122
88	Character strengths in the United Kingdom: The VIA Inventory of Strengths. <i>Personality and Individual Differences</i> , 2007 , 43, 341-351	3.3	120
87	Gratitude influences sleep through the mechanism of pre-sleep cognitions. <i>Journal of Psychosomatic Research</i> , 2009 , 66, 43-8	4.1	114
86	Goal conflict and well-being: A review and hierarchical model of goal conflict, ambivalence, self-discrepancy and self-concordance. <i>Personality and Individual Differences</i> , 2015 , 85, 212-229	3.3	100
85	Nice Thinking! An Educational Intervention That Teaches Children to Think Gratefully. <i>School Psychology Review</i> , 2014 , 43, 132-152	1.6	91
84	Dissociating the facets of hope: Agency and pathways predict dropout from unguided self-help therapy in opposite directions. <i>Journal of Research in Personality</i> , 2010 , 44, 155-158	2.8	91
83	Conceptualizing gratitude and appreciation as a unitary personality trait. <i>Personality and Individual Differences</i> , 2008 , 44, 621-632	3.3	91
82	Defeat and entrapment in schizophrenia: the relationship with suicidal ideation and positive psychotic symptoms. <i>Psychiatry Research</i> , 2010 , 178, 244-8	9.9	89
81	Does the CES-D measure a continuum from depression to happiness? Comparing substantive and artifactual models. <i>Psychiatry Research</i> , 2010 , 177, 120-3	9.9	79
80	An evolutionary based social rank explanation of why low income predicts mental distress: a 17 year cohort study of 30,000 people. <i>Journal of Affective Disorders</i> , 2012 , 136, 882-8	6.6	78
79	Personality prior to disability determines adaptation: agreeable individuals recover lost life satisfaction faster and more completely. <i>Psychological Science</i> , 2011 , 22, 1397-402	7.9	69
78	The Center for Epidemiologic Studies-Depression (CES-D) scale measures a continuum from well-being to depression: Testing two key predictions of positive clinical psychology. <i>Journal of Affective Disorders</i> , 2017 , 213, 180-186	6.6	67
77	A meta-analysis of perceptions of defeat and entrapment in depression, anxiety problems, posttraumatic stress disorder, and suicidality. <i>Journal of Affective Disorders</i> , 2015 , 184, 149-59	6.6	65
76	Adolescent conscientiousness predicts lower lifetime unemployment. <i>Journal of Applied Psychology</i> , 2017 , 102, 700-709	7.4	60
75	Appraisals and suicidality: the mediating role of defeat and entrapment. <i>Archives of Suicide Research</i> , 2010 , 14, 236-47	2.3	57
74	Quality of Life Therapy 2016 , 409-425		54
73	Integrating Positive and Clinical Psychology: Viewing Human Functioning as Continua from Positive to Negative Can Benefit Clinical Assessment, Interventions and Understandings of Resilience. Cognitive Therapy and Research, 2017, 41, 335-349	2.7	48

72	Gratitude uniquely predicts lower depression in chronic illness populations: A longitudinal study of inflammatory bowel disease and arthritis. <i>Health Psychology</i> , 2017 , 36, 122-132	5	47
71	Are defeat and entrapment best defined as a single construct?. <i>Personality and Individual Differences</i> , 2009 , 47, 795-797	3.3	44
7º	An integrative mechanistic account of psychological distress, therapeutic change and recovery: the Perceptual Control Theory approach. <i>Clinical Psychology Review</i> , 2011 , 31, 249-59	10.8	41
69	Thanks, but I'm used to better: a relative rank model of gratitude. <i>Emotion</i> , 2011 , 11, 175-80	4.1	40
68	The prospective role of defeat and entrapment in depression and anxiety: a 12-month longitudinal study. <i>Psychiatry Research</i> , 2014 , 216, 52-9	9.9	39
67	Extreme positive and negative appraisals of activated states interact to discriminate bipolar disorder from unipolar depression and non-clinical controls. <i>Journal of Affective Disorders</i> , 2011 , 134, 438-43	6.6	38
66	Personality predictors of levels of forgiveness two and a half years after the transgression. <i>Journal of Research in Personality</i> , 2008 , 42, 1088-1094	2.8	37
65	The Psychological Well-Being P ost-Traumatic Changes Questionnaire (PWB-PTCQ): Reliability and validity <i>Psychological Trauma: Theory, Research, Practice, and Policy,</i> 2012 , 4, 420-428	7.8	36
64	Nostalgia 2016 , 125-136		32
63	Flexible and tenacious goal pursuit lead to improving well-being in an aging population: a ten-year cohort study. <i>International Psychogeriatrics</i> , 2013 , 25, 16-24	3.4	31
62	Social norm influences on evaluations of the risks associated with alcohol consumption: applying the rank-based decision by sampling model to health judgments. <i>Alcohol and Alcoholism</i> , 2012 , 47, 57-67.	2 3.5	30
61	The development of the Short Defeat and Entrapment Scale (SDES). <i>Psychological Assessment</i> , 2015 , 27, 1182-94	5.3	29
60	Explaining the income and suicidality relationship: income rank is more strongly associated with suicidal thoughts and attempts than income. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2015 , 50, 929-37	4.5	28
59	Individual Differences in Loss Aversion: Conscientiousness Predicts How Life Satisfaction Responds to Losses Versus Gains in Income. <i>Personality and Social Psychology Bulletin</i> , 2016 , 42, 471-84	4.1	27
58	How are personality judgments made? A cognitive model of reference group effects, personality scale responses, and behavioral reactions. <i>Journal of Personality</i> , 2012 , 80, 1275-311	4.4	27
57	Positive clinical psychology and Schema Therapy (ST): The development of the Young Positive Schema Questionnaire (YPSQ) to complement the Young Schema Questionnaire 3 Short Form (YSQ-S3). <i>Psychological Assessment</i> , 2018 , 30, 1199-1213	5.3	27
56	Why does Income Relate to Depressive Symptoms? Testing the Income Rank Hypothesis Longitudinally. <i>Social Indicators Research</i> , 2015 , 124, 637-655	2.7	24
55	A behavioral test of Horney linkage between authenticity and aggression: People living authentically are less-likely to respond aggressively in unfair situations. <i>Personality and Individual Differences</i> 2012 52 41-44	3.3	20

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54	Trait reappraisal amplifies subjective defeat, sadness, and negative affect in response to failure versus success in nonclinical and psychosis populations. <i>Journal of Abnormal Psychology</i> , 2011 , 120, 92	2-34	19	
53	A Dark Side of Gratitude? Distinguishing between Beneficial Gratitude and its Harmful Impostors for the Positive Clinical Psychology of Gratitude and Well-Being 2016 , 137-151		18	
52	The position of authenticity within extant models of personality. <i>Personality and Individual Differences</i> , 2012 , 52, 269-273	3.3	18	
51	Does income relate to health due to psychosocial or material factors? Consistent support for the psychosocial hypothesis requires operationalization with income rank not the Yitzhaki Index. <i>Social Science and Medicine</i> , 2016 , 150, 76-84	5.1	17	
50	Contextual effects on the perceived health benefits of exercise: the exercise rank hypothesis. Journal of Sport and Exercise Psychology, 2012, 34, 828-41	1.5	16	
49	Using Eudaimonic Well-being to Improve Lives 2016 , 153-166		16	
48	An Existential-Humanistic View of Personality Change: Co-Occurring Changes with Psychological Well-Being in a 10 Year Cohort Study. <i>Social Indicators Research</i> , 2015 , 121, 455-470	2.7	15	
47	Do Student Evaluations of University Reflect Inaccurate Beliefs or Actual Experience? A Relative Rank Model. <i>Journal of Behavioral Decision Making</i> , 2015 , 28, 14-26	2.4	13	
46	Positive and negative appraisals of the consequences of activated states uniquely relate to symptoms of hypomania and depression. <i>Cognition and Emotion</i> , 2012 , 26, 899-906	2.3	13	
45	The perceived personal control (PPC) questionnaire: reliability and validity in a sample from the United Kingdom. <i>American Journal of Medical Genetics, Part A,</i> 2012 , 158A, 367-72	2.5	12	
44	Exploring the tripartite model of authenticity within Gray® approach and inhibition systems and Cloninger® bio-social model of personality. <i>Personality and Individual Differences</i> , 2011 , 51, 194-197	3.3	12	
43	Money or mental health: the cost of alleviating psychological distress with monetary compensation versus psychological therapy. <i>Health Economics, Policy and Law,</i> 2010 , 5, 509-16	2.3	12	
42	Reconceptualizing Anxiety as a Continuum That Ranges From High Calmness to High Anxiety: The Joint Importance of Reducing Distress and Increasing Well-Being. <i>Journal of Personality and Social Psychology</i> , 2018 , 114, e1-e11	6.5	11	
41	The Great Recession and subjective well-being: How did the life satisfaction of people living in the United Kingdom change following the financial crisis?. <i>PLoS ONE</i> , 2018 , 13, e0201215	3.7	11	
40	Modeling bivariate change in individual differences: Prospective associations between personality and life satisfaction. <i>Journal of Personality and Social Psychology</i> , 2018 , 115, e12-e29	6.5	10	
39	Development and Validation of the Positive Parenting Schema Inventory (PPSI) to Complement the Young Parenting Inventory (YPI) for Schema Therapy (ST). <i>Assessment</i> , 2020 , 27, 766-786	3.7	10	
38	The prospective role of defeat and entrapment in caregiver burden and depression amongst formal caregivers. <i>Personality and Individual Differences</i> , 2018 , 120, 24-31	3.3	9	
37	Schema Therapy 2016 , 461-476		9	

36	Income and Social Rank Influence UK Children's Behavioral Problems: A Longitudinal Analysis. <i>Child Development</i> , 2017 , 88, 1302-1320	4.9	9
35	Psychometric validation of the Young Parenting Inventory - Revised (YPI-R2): Replication and Extension of a commonly used parenting scale in Schema Therapy (ST) research and practice. <i>PLoS ONE</i> , 2018 , 13, e0205605	3.7	9
34	Money May Buy Happiness, but Often So Little That It Doesn't Matter. <i>Psychological Science</i> , 2017 , 28, 544-546	7.9	8
33	A rank based social norms model of how people judge their levels of drunkenness whilst intoxicated. <i>BMC Public Health</i> , 2016 , 16, 798	4.1	8
32	The interactive role of income (material position) and income rank (psychosocial position) in psychological distress: a 9-year longitudinal study of 30,000 UK parents. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2016 , 51, 1361-1372	4.5	8
31	Positive Activity Interventions for Mental Health Conditions 2016 , 349-363		7
30	Positive Psychological Interventions 2016 , 305-320		7
29	Involving Parents in Cognitive-Behavioral Therapy for Child Anxiety Problems: A Case Study. <i>Clinical Case Studies</i> , 2014 , 13, 322-335	0.6	6
28	Students' concern about indebtedness: a rank based social norms account. <i>Studies in Higher Education</i> , 2015 , 40, 1307-1327	2.6	5
27	Discrepancies in parental and self-appraisals of prosocial characteristics predict emotional problems in adolescents. <i>British Journal of Clinical Psychology</i> , 2013 , 52, 269-84	3.6	5
26	Positive Psychotherapy 2016 , 321-347		5
25	Mindfulness in Positive Clinical Psychology 2016 , 381-393		4
24	Psychometric Properties and Development of the Brief Adolescent Prosocial Perception Scales (BAPPS). <i>Journal of Child and Family Studies</i> , 2014 , 23, 1417-1429	2.3	4
23	Inequality and Social Rank: Income Increases Buy More Life Satisfaction in More Equal Countries. <i>Personality and Social Psychology Bulletin</i> , 2021 , 47, 519-539	4.1	4
22	How do Personality and Social Structures Interact with Each other to Predict Important Life Outcomes? The Importance of Accounting for Personality Change. <i>European Journal of Personality</i> , 2017 , 31, 279-290	5.1	3
21	Comparing indices of relative deprivation using behavioural evidence. <i>Social Science and Medicine</i> , 2020 , 259, 112914	5.1	3
20	Central bank interest rate decisions, household indebtedness, and psychiatric morbidity and distress: Evidence from the UK. <i>Journal of Affective Disorders</i> , 2018 , 234, 311-317	6.6	3
19	Letter to the Editor: An agenda for the next decade of psychotherapy research and practice. <i>Psychological Medicine</i> , 2010 , 40, 1055-6	6.9	3

18	Improving the Capacity to Treat Depression using Talking Therapies 2016 , 181-204		3
17	Why the field of moral philosophy must guide any discussion on well-being. <i>World Psychiatry</i> , 2020 , 19, 53-55	14.4	2
16	Recommendations for conducting mindfulness based cognitive therapy trials. <i>Psychiatry Research</i> , 2013 , 207, 229-31	9.9	2
15	Don't Worry, Be Happy 2016 , 205-221		2
14	Person-Centered Psychology 2016 , 427-444		2
13	A Practical Guide to Positive Functioning Assessment in Clinical Psychology 2016 , 47-56		2
12	Positive Clinical Psychology and the Promotion of Happiness, Compassion, and Autonomy in People with Psychosis 2016 , 245-260		2
11	Developing, Evaluating, and Using Subjective Scales of Personality, Preferences, and Well-Being: A Guide to Psychometrics for Psychologists and Economists 2017 , 88-103		1
10	Interventions to Promote Forgiveness are Exemplars of Positive Clinical Psychology 2016 , 365-380		1
9	Toward a More Positive Clinical Psychology 2016 , 19-29		1
8	Applications of Positive Psychology 2020 ,		1
7	Resilience and Protective Factors in Childhood and Adolescence 2016 , 279-291		1
6	Positive Clinical Gerontology 2016 , 167-179		1
5	Well-being Therapy 2016 , 395-407		1
4	Why Clinical Psychology Should Not Go Positive Mand/or Negative 2016, 31-45		1
3	An Integrative Model of Personality Strengths and Weaknesses 2016 , 261-277		O
2	The effect of journal metrics on academic resume assessment. Studies in Higher Education,1-13	2.6	0
1	Positive Clinical Psychology 2016 , 1-17		