

Davide Grassi

List of Publications by Year in descending order

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83
papers

4,699
citations

109137

35
h-index

98622

67
g-index

88
all docs

88
docs citations

88
times ranked

6089
citing authors

#	ARTICLE	IF	CITATIONS
1	Cocoa Reduces Blood Pressure and Insulin Resistance and Improves Endothelium-Dependent Vasodilation in Hypertensives. <i>Hypertension</i> , 2005, 46, 398-405.	1.3	490
2	Short-term administration of dark chocolate is followed by a significant increase in insulin sensitivity and a decrease in blood pressure in healthy persons. <i>American Journal of Clinical Nutrition</i> , 2005, 81, 611-614.	2.2	462
3	Blood Pressure Is Reduced and Insulin Sensitivity Increased in Glucose-Intolerant, Hypertensive Subjects after 15 Days of Consuming High-Polyphenol Dark Chocolate ¹³ . <i>Journal of Nutrition</i> , 2008, 138, 1671-1676.	1.3	402
4	Cocoa flavanol consumption improves cognitive function, blood pressure control, and metabolic profile in elderly subjects: the Cocoa, Cognition, and Aging (CoCoA) Study—a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 538-548.	2.2	261
5	Benefits in Cognitive Function, Blood Pressure, and Insulin Resistance Through Cocoa Flavanol Consumption in Elderly Subjects With Mild Cognitive Impairment. <i>Hypertension</i> , 2012, 60, 794-801.	1.3	258
6	Air Pollution Exposure and Blood Pressure: An Updated Review of the Literature. <i>Current Pharmaceutical Design</i> , 2015, 22, 28-51.	0.9	205
7	Flavonoids, Vascular Function and Cardiovascular Protection. <i>Current Pharmaceutical Design</i> , 2009, 15, 1072-1084.	0.9	163
8	Flavonoids: Antioxidants Against Atherosclerosis. <i>Nutrients</i> , 2010, 2, 889-902.	1.7	158
9	Chronic Hyperuricemia, Uric Acid Deposit and Cardiovascular Risk. <i>Current Pharmaceutical Design</i> , 2013, 19, 2432-2438.	0.9	154
10	Black tea consumption dose-dependently improves flow-mediated dilation in healthy males. <i>Journal of Hypertension</i> , 2009, 27, 774-781.	0.3	116
11	Effect of monoclonal antibodies to PCSK9 on high-sensitivity C-reactive protein levels: a meta-analysis of 16 randomized controlled treatment arms. <i>British Journal of Clinical Pharmacology</i> , 2016, 81, 1175-1190.	1.1	96
12	Effects of pomegranate juice on blood pressure: A systematic review and meta-analysis of randomized controlled trials. <i>Pharmacological Research</i> , 2017, 115, 149-161.	3.1	93
13	Protective Effects of Flavanol-Rich Dark Chocolate on Endothelial Function and Wave Reflection During Acute Hyperglycemia. <i>Hypertension</i> , 2012, 60, 827-832.	1.3	91
14	Cocoa consumption dose-dependently improves flow-mediated dilation and arterial stiffness decreasing blood pressure in healthy individuals. <i>Journal of Hypertension</i> , 2015, 33, 294-303.	0.3	91
15	Tea, Flavonoids, and Nitric Oxide-Mediated Vascular Reactivity. <i>Journal of Nutrition</i> , 2008, 138, 1554S-1560S.	1.3	89
16	Tea, flavonoids, and cardiovascular health: endothelial protection. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 1660S-1666S.	2.2	85
17	Ferritin is associated with the severity of lung involvement but not with worse prognosis in patients with COVID-19: data from two Italian COVID-19 units. <i>Scientific Reports</i> , 2021, 11, 4863.	1.6	73
18	Peripheral vascular dysfunction in migraine: a review. <i>Journal of Headache and Pain</i> , 2013, 14, 80.	2.5	72

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19	C-Reactive Protein: Interaction with the Vascular Endothelium and Possible Role in Human Atherosclerosis. <i>Current Pharmaceutical Design</i> , 2007, 13, 1631-1645.	0.9	70
20	Oxidative Stress and Endothelial Dysfunction: Say NO to Cigarette Smoking!. <i>Current Pharmaceutical Design</i> , 2010, 16, 2539-2550.	0.9	65
21	Blood pressure and cardiovascular risk: What about cocoa and chocolate?. <i>Archives of Biochemistry and Biophysics</i> , 2010, 501, 112-115.	1.4	65
22	Gender differences in predictors of intensive care units admission among COVID-19 patients: The results of the SARS-RAS study of the Italian Society of Hypertension. <i>PLoS ONE</i> , 2020, 15, e0237297.	1.1	51
23	Nutrients and Nutraceuticals for the Management of High Normal Blood Pressure: An Evidence-Based Consensus Document. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2019, 26, 9-25.	1.0	50
24	Black Tea Lowers Blood Pressure and Wave Reflections in Fasted and Postprandial Conditions in Hypertensive Patients: A Randomised Study. <i>Nutrients</i> , 2015, 7, 1037-1051.	1.7	48
25	Diet and Brain Health: Which Role for Polyphenols?. <i>Current Pharmaceutical Design</i> , 2018, 24, 227-238.	0.9	48
26	Flavanol-rich chocolate acutely improves arterial function and working memory performance counteracting the effects of sleep deprivation in healthy individuals. <i>Journal of Hypertension</i> , 2016, 34, 1298-1308.	0.3	47
27	Cardiovascular Risk and Endothelial Dysfunction: The Preferential Route for Atherosclerosis. <i>Current Pharmaceutical Biotechnology</i> , 2011, 12, 1343-1353.	0.9	46
28	Protective effects of dark chocolate on endothelial function and diabetes. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2013, 16, 662-668.	1.3	45
29	Lipid profile changes after pomegranate consumption: A systematic review and meta-analysis of randomized controlled trials. <i>Phytomedicine</i> , 2016, 23, 1103-1112.	2.3	43
30	Short-term supplementation with flavanol-rich cocoa improves lipid profile, antioxidant status and positively influences the AA/EPA ratio in healthy subjects. <i>Journal of Nutritional Biochemistry</i> , 2018, 61, 33-39.	1.9	43
31	Endothelium/nitric oxide mechanism mediates vasorelaxation and counteracts vasoconstriction induced by low concentration of flavanols. <i>European Journal of Nutrition</i> , 2013, 52, 263-272.	1.8	42
32	Angiotensin-converting-enzyme inhibition counteracts angiotensin II-mediated endothelial cell dysfunction by modulating the p38/SirT1 axis. <i>Journal of Hypertension</i> , 2013, 31, 1972-1983.	0.3	41
33	Hyperuricemia and cardiovascular risk. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2014, 21, 235-242.	1.0	39
34	Cardioprotection by Cocoa Polyphenols and ω -3 Fatty Acids: A Disease-Prevention Perspective on Aging-Associated Cardiovascular Risk. <i>Journal of Medicinal Food</i> , 2018, 21, 1060-1069.	0.8	37
35	Metabolic effect of berberine-silymarin association: A meta-analysis of randomized, double-blind, placebo-controlled clinical trials. <i>Phytotherapy Research</i> , 2019, 33, 862-870.	2.8	37
36	Cocoa, Blood Pressure, and Cardiovascular Health. <i>Journal of Agricultural and Food Chemistry</i> , 2015, 63, 9901-9909.	2.4	33

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37	Cocoa, Glucose Tolerance, and Insulin Signaling: Cardiometabolic Protection. <i>Journal of Agricultural and Food Chemistry</i> , 2015, 63, 9919-9926.	2.4	33
38	Black Tea Increases Circulating Endothelial Progenitor Cells and Improves Flow Mediated Dilatation Counteracting Deleterious Effects from a Fat Load in Hypertensive Patients: A Randomized Controlled Study. <i>Nutrients</i> , 2016, 8, 727.	1.7	32
39	Different Effects of Angiotensin Converting Enzyme Inhibitors on Endothelin-1 and Nitric Oxide Balance in Human Vascular Endothelial Cells: Evidence of an Oxidant-Sensitive Pathway. <i>Mediators of Inflammation</i> , 2008, 2008, 1-7.	1.4	31
40	Brain Protection and Cognitive Function: Cocoa Flavonoids as Nutraceuticals. <i>Current Pharmaceutical Design</i> , 2015, 22, 145-151.	0.9	31
41	Political Determinants of State Capacity in Latin America. <i>World Development</i> , 2016, 88, 94-106.	2.6	23
42	Therapeutic Approaches to Chronic Hyperuricemia and Gout. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2014, 21, 243-250.	1.0	22
43	Determinants of healing among patients with coronavirus disease 2019: the results of the SARS-RAS study of the Italian Society of Hypertension. <i>Journal of Hypertension</i> , 2021, 39, 376-380.	0.3	20
44	Pericarditis after SARS-CoV-2 Infection: Another Pebble in the Mosaic of Long COVID?. <i>Viruses</i> , 2021, 13, 1997.	1.5	20
45	New Insight into Urate-Related Mechanism of Cardiovascular Damage. <i>Current Pharmaceutical Design</i> , 2014, 20, 6089-6095.	0.9	16
46	Enhanced Plasma Soluble CD40 Ligand Levels in Essential Hypertensive Patients With Blunted Nocturnal Blood Pressure Decrease. <i>American Journal of Hypertension</i> , 2007, 20, 70-76.	1.0	15
47	Antioxidants and Beneficial Microvascular Effects. <i>Hypertension</i> , 2010, 55, 1310-1311.	1.3	15
48	Prevalence of hypertension and associated cardiovascular risk factors among pharmacies customers: an Italian nationwide epidemiological survey. <i>European Journal of Preventive Cardiology</i> , 2020, 27, 1228-1230.	0.8	15
49	Increased cardiovascular death rates in a COVID-19 low prevalence area. <i>Journal of Clinical Hypertension</i> , 2020, 22, 1932-1935.	1.0	15
50	Neuroprotective activities of bacopa, lycopene, astaxanthin, and vitamin B12 combination on oxidative stress-dependent neuronal death. <i>Journal of Cellular Biochemistry</i> , 2020, 121, 4862-4869.	1.2	15
51	Enhanced proatherogenic inflammation after recombinant human TSH administration in patients monitored for thyroid cancer remnant. <i>Clinical Endocrinology</i> , 2009, 71, 429-433.	1.2	14
52	Anti-Inflammatory and Anti-Nociceptive Effects of Cocoa: A Review on Future Perspectives in Treatment of Pain. <i>Pain and Therapy</i> , 2020, 9, 231-240.	1.5	14
53	Cognitive Decline as a Consequence of Essential Hypertension. <i>Current Pharmaceutical Design</i> , 2011, 17, 3032-3038.	0.9	13
54	Soluble CD40 ligand is predictive of combined cardiovascular morbidity and mortality in patients on haemodialysis at a relatively short-term follow-up. <i>Nephrology Dialysis Transplantation</i> , 2011, 26, 2983-2988.	0.4	13

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55	Cocoa beans, endothelial function and aging: an unexpected friendship?. <i>Journal of Hypertension</i> , 2006, 24, 1471-1474.	0.3	12
56	Combination therapy with lercanidipine and enalapril reduced central blood pressure augmentation in hypertensive patients with metabolic syndrome. <i>Vascular Pharmacology</i> , 2017, 92, 16-21.	1.0	11
57	Low Density Lipoprotein (LDL) Cholesterol as a Causal Role for Atherosclerotic Disease: Potential Role of PCSK9 Inhibitors. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2019, 26, 199-207.	1.0	10
58	Real-World Hypertension Prevalence, Awareness, Treatment, and Control in Adult Diabetic Individuals: An Italian Nationwide Epidemiological Survey. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2021, 28, 301-307.	1.0	10
59	Preexisting Oral Anticoagulant Therapy Ameliorates Prognosis in Hospitalized COVID-19 Patients. <i>Frontiers in Cardiovascular Medicine</i> , 2021, 8, 633878.	1.1	10
60	Aortic stiffness, blood pressure and renal dysfunction. <i>Internal and Emergency Medicine</i> , 2011, 6, 111-114.	1.0	9
61	Democracy and Social Welfare in Uruguay and Paraguay. <i>Latin American Politics and Society</i> , 2014, 56, 120-143.	0.4	8
62	Non-pharmacological Strategies Against Systemic Inflammation: Molecular Basis and Clinical Evidence. <i>Current Pharmaceutical Design</i> , 2020, 26, 2620-2629.	0.9	8
63	Improvement of Executive Function after Short-Term Administration of an Antioxidants Mix Containing Bacopa, Lycopene, Astaxanthin and Vitamin B12: The BLAtwelve Study. <i>Nutrients</i> , 2021, 13, 56.	1.7	7
64	Diet in Rheumatoid Arthritis versus Systemic Lupus Erythematosus: Any Differences?. <i>Nutrients</i> , 2021, 13, 772.	1.7	6
65	Adherence to the Mediterranean diet and the impact on clinical features in primary Sjögren's syndrome. <i>Clinical and Experimental Rheumatology</i> , 2021, 39, 190-196.	0.4	6
66	Effects of agalsidase- β administration on vascular function and blood pressure in familial Anderson-Fabry disease. <i>European Journal of Human Genetics</i> , 2021, 29, 218-224.	1.4	4
67	Cocoa, Flavonoids and Cardiovascular Protection. , 2014, , 1009-1023.		3
68	Democracy, social welfare and political violence: the case of Latin America. <i>Journal of International Relations and Development</i> , 2014, 17, 242-273.	0.8	3
69	Effects of a Novel Fixed Combination of Nutraceuticals on Serum Uric Acid Concentrations and the Lipid Profile in Asymptomatic Hyperuricemic Patients. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2016, 23, 381-386.	1.0	3
70	Cocoa, Chocolate and Hypertension. , 2012, , 115-125.		3
71	Reduction of High Cholesterol Levels by a Preferably Fixed-Combination Strategy as the First Step in the Treatment of Hypertensive Patients with Hypercholesterolemia and High/Very High Cardiovascular Risk: A Consensus Document by the Italian Society of Hypertension. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2022, 29, 105-113.	1.0	3
72	Differences in Diagnosis and Management of Hypertensive Urgencies and Emergencies According to Italian Doctors from Different Departments Who Deal With Acute Increase in Blood Pressure Data from Gear (Gestione Dell'emergenza e Urgenza in ARea Critica) Study. <i>Journal of Clinical Medicine</i> , 2022, 11, 2986.	1.0	3

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73	Democratic Consolidation in Latin America: Recent Theoretical Developments, Facilitating Conditions and Outcomes. <i>Swiss Political Science Review</i> , 1998, 4, 7-32.	1.2	2
74	Electrophysiological effects of short-term antihypertensive therapy. <i>Expert Review of Cardiovascular Therapy</i> , 2008, 6, 1343-1346.	0.6	2
75	Democracy, political partisanship, and state capacity in Latin America. <i>Rivista Italiana Di Scienza Politica</i> , 2016, 46, 47-69.	0.6	2
76	Acute and Long Term Effects of a Nutraceutical Combination on Lipid Profile, Glucose Metabolism and Vascular Function in Patients with Dyslipidaemia with and Without Cigarette Smoking. <i>High Blood Pressure and Cardiovascular Prevention</i> , 2021, 28, 483-491.	1.0	2
77	The history of primary hyperaldosteronism with simultaneous hypercortisolism. <i>Journal of Hypertension</i> , 2012, 30, 432-433.	0.3	1
78	Exercise training improves cardiopulmonary and endothelial function in women with breast cancer: findings from the Diana-5 study. <i>Internal and Emergency Medicine</i> , 2016, 11, 171-173.	1.0	1
79	Response to: "Correspondence on "Lung involvement in macrophage activation syndrome and severe COVID-19: results from a cross-sectional study to assess clinical, laboratory and artificial intelligence" radiological differences" by Ruscitti et al" by Chen et al. <i>Annals of the Rheumatic Diseases</i> , 2022, 81, e221-e221.	0.5	1
80	Oxidative Stress and Endothelial Dysfunction: Say NO to Cigarette Smoking!. <i>Current Pharmaceutical Design</i> , 2010, 999, 1-12.	0.9	1
81	METABOLIC SYNDROME PER SE SIGNIFICANTLY INCREASES TARGET ORGAN DAMAGE IN SUBJECTS WITHOUT OVERT CARDIOVASCULAR RISK FACTORS. <i>European Journal of Internal Medicine</i> , 2008, 19, S48.	1.0	0
82	Hidden sodium in Mediterranean food. <i>Journal of Hypertension</i> , 2011, 29, 2041-2042.	0.3	0
83	Adherence to the Mediterranean diet and the impact on clinical features in primary Sjögren's syndrome. <i>Clinical and Experimental Rheumatology</i> , 2021, , .	0.4	0