

T Brock Symons

List of Publications by Year in descending order

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8
papers

1,002
citations

1163117

8
h-index

1588992

8
g-index

8
all docs

8
docs citations

8
times ranked

1227
citing authors

#	ARTICLE	IF	CITATIONS
1	A Moderate Serving of High-Quality Protein Maximally Stimulates Skeletal Muscle Protein Synthesis in Young and Elderly Subjects. <i>Journal of the American Dietetic Association</i> , 2009, 109, 1582-1586.	1.1	289
2	Aging does not impair the anabolic response to a protein-rich meal. <i>American Journal of Clinical Nutrition</i> , 2007, 86, 451-456.	4.7	217
3	EAA supplementation to increase nitrogen intake improves muscle function during bed rest in the elderly. <i>Clinical Nutrition</i> , 2010, 29, 18-23.	5.0	208
4	Functional and Metabolic Consequences of Sarcopenia. <i>Applied Physiology, Nutrition, and Metabolism</i> , 2001, 26, 90-101.	1.7	92
5	Effects of Maximal Isometric and Isokinetic Resistance Training on Strength and Functional Mobility in Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2005, 60, 777-781.	3.6	81
6	Reliability of a Single-Session Isokinetic and Isometric Strength Measurement Protocol in Older Men. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2005, 60, 114-119.	3.6	62
7	Reliability of Isokinetic and Isometric Knee-Extensor Force in Older Women. <i>Journal of Aging and Physical Activity</i> , 2004, 12, 525-537.	1.0	40
8	EFFECTS OF DEEP HEAT AS A PREVENTATIVE MECHANISM ON DELAYED ONSET MUSCLE SORENESS. <i>Journal of Strength and Conditioning Research</i> , 2004, 18, 155-161.	2.1	13