

# Inger Hilde Nordhus

## List of Publications by Year in descending order

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Version: 2024-02-01

51  
papers

3,710  
citations

236612

25  
h-index

197535

49  
g-index

53  
all docs

53  
docs citations

53  
times ranked

4814  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise as a treatment for depression: A meta-analysis. <i>Journal of Affective Disorders</i> , 2016, 202, 67-86.	2.0	544
2	Cognitive Behavioral Therapy vs Zopiclone for Treatment of Chronic Primary Insomnia in Older Adults. <i>JAMA - Journal of the American Medical Association</i> , 2006, 295, 2851.	3.8	491
3	A New Scale for Measuring Insomnia: The Bergen Insomnia Scale. <i>Perceptual and Motor Skills</i> , 2008, 107, 691-706.	0.6	247
4	The Bidirectional Association Between Depression and Insomnia. <i>Psychosomatic Medicine</i> , 2012, 74, 758-765.	1.3	235
5	Shift Work Disorder in Nurses – Assessment, Prevalence and Related Health Problems. <i>PLoS ONE</i> , 2012, 7, e33981.	1.1	208
6	A 10-year trend of insomnia prevalence in the adult Norwegian population. <i>Sleep Medicine</i> , 2014, 15, 173-179.	0.8	193
7	Psychological characteristics of patients with chronic obstructive pulmonary disease: A review. <i>Journal of Psychosomatic Research</i> , 2005, 59, 429-443.	1.2	180
8	A Comparison of Actigraphy and Polysomnography in Older Adults Treated for Chronic Primary Insomnia. <i>Sleep</i> , 2006, 29, 1353-1358.	0.6	171
9	The Long-term Effect of Insomnia on Work Disability. <i>American Journal of Epidemiology</i> , 2006, 163, 1018-1024.	1.6	146
10	Prevalence and Risk Factors of Subjective Sleepiness in the General Adult Population. <i>Sleep</i> , 2007, 30, 619-624.	0.6	122
11	Insomnia and long sleep duration are risk factors for later work disability. The Hordaland Health Study. <i>Journal of Sleep Research</i> , 2009, 18, 122-128.	1.7	100
12	Cumulative childhood maltreatment and its dose-response relation with adult symptomatology: Findings in a sample of adult survivors of sexual abuse. <i>Child Abuse and Neglect</i> , 2017, 65, 99-111.	1.3	89
13	Nonpharmacological interventions for insomnia in older adults: A meta-analysis of treatment efficacy.. <i>Psychotherapy</i> , 1998, 35, 472-482.	0.7	79
14	The relationships among heart rate variability, executive functions, and clinical variables in patients with panic disorder. <i>International Journal of Psychophysiology</i> , 2012, 86, 269-275.	0.5	76
15	An Actigraphic Validation Study of Seven Morningness-Eveningness Inventories. <i>European Psychologist</i> , 2012, 17, 222-230.	1.8	75
16	Shift-related sleep problems vary according to work schedule. <i>Occupational and Environmental Medicine</i> , 2013, 70, 238-245.	1.3	75
17	Psychological treatment of late-life anxiety: An empirical review.. <i>Journal of Consulting and Clinical Psychology</i> , 2003, 71, 643-651.	1.6	67
18	The Effectiveness of Cognitive and Behavioural Treatment of Chronic Pain in the Elderly: A Quantitative Review. <i>Journal of Clinical Psychology in Medical Settings</i> , 2009, 16, 254-262.	0.8	63

#	ARTICLE	IF	CITATIONS
19	Time trends in sleep-onset difficulties among Norwegian adolescents: 1983–2005. <i>Scandinavian Journal of Public Health</i> , 2008, 36, 889-895.	1.2	59
20	Knowledge about Alzheimer's disease among Norwegian psychologists: The Alzheimer's disease knowledge scale. <i>Aging and Mental Health</i> , 2012, 16, 521-528.	1.5	44
21	A Norwegian adaptation of the Penn State Worry Questionnaire: Factor structure, reliability, validity and norms. <i>Scandinavian Journal of Psychology</i> , 2006, 47, 281-291.	0.8	41
22	Daytime functioning in older patients suffering from chronic insomnia: Treatment outcome in a randomized controlled trial comparing CBT with Zopiclone. <i>Behaviour Research and Therapy</i> , 2008, 46, 623-641.	1.6	40
23	Posttraumatic symptom profiles among adult survivors of childhood sexual abuse: A longitudinal study. <i>Child Abuse and Neglect</i> , 2017, 67, 280-293.	1.3	35
24	Factors affecting health status in COPD patients with co-morbid anxiety or depression. <i>International Journal of COPD</i> , 2007, 2, 323-8.	0.9	31
25	Combining Acceptance and Commitment Therapy and Cognitive Behavioral Therapy for the Treatment of Chronic Pain in Older Adults. <i>Clinical Case Studies</i> , 2009, 8, 296-308.	0.5	29
26	A Reliability and Validity Study of the Bergen Shift Work Sleep Questionnaire in Nurses Working Three-Shift Rotations. <i>Chronobiology International</i> , 2012, 29, 937-946.	0.9	27
27	Effects of Sleep Fragmentation and Induced Mood on Pain Tolerance and Pain Sensitivity in Young Healthy Adults. <i>Frontiers in Psychology</i> , 2018, 9, 2089.	1.1	25
28	The effects of bright light treatment on affective symptoms in people with dementia: a 24-week cluster randomized controlled trial. <i>BMC Psychiatry</i> , 2021, 21, 377.	1.1	23
29	Subjective sleep quality in relation to inhibition and heart rate variability in patients with panic disorder. <i>Journal of Affective Disorders</i> , 2013, 150, 152-155.	2.0	21
30	Management of insomnia in older adults. <i>British Journal of Psychiatry</i> , 2007, 190, 285-286.	1.7	18
31	Insomnia in patients with coronary heart disease: prevalence and correlates. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 931-938.	1.4	18
32	Insomnia symptom trajectories among adult survivors of childhood sexual abuse: A longitudinal study. <i>Child Abuse and Neglect</i> , 2019, 93, 263-276.	1.3	16
33	Ambient bright light treatment improved proxy-rated sleep but not sleep measured by actigraphy in nursing home patients with dementia: a placebo-controlled randomised trial. <i>BMC Geriatrics</i> , 2021, 21, 312.	1.1	14
34	Predictors and correlates of lifetime and persistent non-suicidal self-injury and suicide attempts among adult survivors of childhood sexual abuse. <i>HÅrge Utbildning</i> , 2020, 11, 1815282.	1.4	13
35	An Actigraphy-Based Validation Study of the Sleep Disorder Inventory in the Nursing Home. <i>Frontiers in Psychiatry</i> , 2020, 11, 173.	1.3	11
36	Patients with delayed sleep-wake phase disorder show poorer executive functions compared to good sleepers. <i>Sleep Medicine</i> , 2019, 54, 244-249.	0.8	10

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37	A Cross-National Analysis of the Psychometric Properties of the Geriatric Anxiety Inventory. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2020, 75, 1475-1483.	2.4	9
38	A Feasibility study on Combining Internet-Based Cognitive Behaviour Therapy with Physical Exercise as Treatment for Panic Disorder – Treatment Protocol and Preliminary Results. <i>Cognitive Behaviour Therapy</i> , 2015, 44, 275-287.	1.9	7
39	Longitudinal Relationships between Perceived Social Support and Symptom Outcomes: Findings from a sample of Adult Survivors of Childhood Sexual Abuse. <i>Child Abuse and Neglect</i> , 2020, 107, 104566.	1.3	7
40	Insomnia as a predictor of recurrent cardiovascular events in patients with coronary heart disease. <i>SLEEP Advances</i> , 2022, 3, .	0.1	7
41	Novel oxygen desaturation parameters are associated with cardiac troponin I: Data from the Akershus Sleep Apnea Project. <i>Journal of Sleep Research</i> , 2022, 31, e13581.	1.7	7
42	Worry and rumination predict insomnia in patients with coronary heart disease: a cross-sectional study with long-term follow-up. <i>Journal of Clinical Sleep Medicine</i> , 2022, 18, 779-787.	1.4	6
43	Habitual Sleep, Social Jetlag, and Reaction Time in Youths With Delayed Sleep – Wake Phase Disorder. A Case – Control Study. <i>Frontiers in Psychology</i> , 2019, 10, 2569.	1.1	5
44	Observing Music Therapy in Dementia: Repeated Single-case Studies Assessing Well-being and Sociable Interaction. <i>Clinical Gerontologist</i> , 2022, 45, 968-982.	1.2	5
45	Manifestations of Depression and Anxiety in Older Adults. , 0, , 95-110.		5
46	Sleep and sleep disorders in chronic users of zopiclone and drug-free insomniacs. <i>Journal of Clinical Sleep Medicine</i> , 2009, 5, 349-54.	1.4	5
47	Physical exercise augmented cognitive behaviour therapy for older adults with generalised anxiety disorder (PEXACOG): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 174.	0.7	4
48	Implementation of Quality of Life Assessment in Long Term Care. <i>International Psychogeriatrics</i> , 2021, 33, 1-8.	0.6	2
49	The Effect of Bright Light Treatment on Rest – Activity Rhythms in People with Dementia: A 24-Week Cluster Randomized Controlled Trial. <i>Clocks &amp; Sleep</i> , 2021, 3, 449-464.	0.9	2
50	Assessing Momentary Well-Being in People Living With Dementia: A Systematic Review of Observational Instruments. <i>Frontiers in Psychology</i> , 2021, 12, 742510.	1.1	2
51	To make a run for IT – A feasibility study of ICBT combined with physical exercise for patients with panic disorder. <i>Psychiatry Research</i> , 2020, 293, 113381.	1.7	0