

# Robert H Schneider

## List of Publications by Year in descending order

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Version: 2024-02-01

44  
papers

3,165  
citations

218592

26  
h-index

254106

43  
g-index

45  
all docs

45  
docs citations

45  
times ranked

2039  
citing authors

#	ARTICLE	IF	CITATIONS
1	A Randomized Controlled Trial of Stress Reduction for Hypertension in Older African Americans. <i>Hypertension</i> , 1995, 26, 820-827.	1.3	285
2	Stress reduction programs in patients with elevated blood pressure: A systematic review and meta-analysis. <i>Current Hypertension Reports</i> , 2007, 9, 520-528.	1.5	237
3	Effects of Stress Reduction on Carotid Atherosclerosis in Hypertensive African Americans. <i>Stroke</i> , 2000, 31, 568-573.	1.0	197
4	A Randomized Controlled Trial on Effects of the Transcendental Meditation Program on Blood Pressure, Psychological Distress, and Coping in Young Adults. <i>American Journal of Hypertension</i> , 2009, 22, 1326-1331.	1.0	195
5	Effects of the transcendental meditation program on adaptive mechanisms: Changes in hormone levels and responses to stress after 4 months of practice. <i>Psychoneuroendocrinology</i> , 1997, 22, 277-295.	1.3	192
6	Stress Reduction in the Secondary Prevention of Cardiovascular Disease. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2012, 5, 750-758.	0.9	189
7	Long-Term Effects of Stress Reduction on Mortality in Persons ≥55 Years of Age With Systemic Hypertension. <i>American Journal of Cardiology</i> , 2005, 95, 1060-1064.	0.7	144
8	Psychosocial Stress and Cardiovascular Disease: Pathophysiological Links. <i>Behavioral Medicine</i> , 2002, 27, 141-147.	1.0	137
9	A self-referential default brain state: patterns of coherence, power, and eLORETA sources during eyes-closed rest and Transcendental Meditation practice. <i>Cognitive Processing</i> , 2010, 11, 21-30.	0.7	133
10	A randomized controlled trial of stress reduction in African Americans treated for hypertension for over one year. <i>American Journal of Hypertension</i> , 2005, 18, 88-98.	1.0	127
11	Effects of Transcendental Meditation practice on brain functioning and stress reactivity in college students. <i>International Journal of Psychophysiology</i> , 2009, 71, 170-176.	0.5	122
12	A Controlled Study of the Effects of the Transcendental Meditation® Program on Cardiovascular Reactivity and Ambulatory Blood Pressure. <i>International Journal of Neuroscience</i> , 1997, 89, 15-28.	0.8	116
13	Trial of Stress Reduction for Hypertension in Older African Americans. <i>Hypertension</i> , 1996, 28, 228-237.	1.3	111
14	Usefulness of the transcendental meditation program in the treatment of patients with coronary artery disease. <i>American Journal of Cardiology</i> , 1996, 77, 867-870.	0.7	108
15	Review of Controlled Research on the Transcendental Meditation Program and Cardiovascular Disease. <i>Cardiology in Review</i> , 2004, 12, 262-266.	0.6	82
16	Lower Lipid Peroxide Levels in Practitioners of the Transcendental Meditation [registered sign] Program. <i>Psychosomatic Medicine</i> , 1998, 60, 38-41.	1.3	77
17	Psychosocial Stress and Cardiovascular Disease Part 2: Effectiveness of the Transcendental Meditation Program in Treatment and Prevention. <i>Behavioral Medicine</i> , 2002, 28, 106-123.	1.0	69
18	Neuroimaging of meditation's effect on brain reactivity to pain. <i>NeuroReport</i> , 2006, 17, 1359-1363.	0.6	68

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19	Effect of a multimodality natural medicine program on carotid atherosclerosis in older subjects: a pilot trial of Maharishi Vedic Medicine. <i>American Journal of Cardiology</i> , 2002, 89, 952-958.	0.7	67
20	Non-trauma-focused meditation versus exposure therapy in veterans with post-traumatic stress disorder: a randomised controlled trial. <i>Lancet Psychiatry</i> , 2018, 5, 975-986.	3.7	66
21	A Randomized Controlled Trial of the Effects of Transcendental Meditation on Quality of Life in Older Breast Cancer Patients. <i>Integrative Cancer Therapies</i> , 2009, 8, 228-234.	0.8	54
22	Beta-adrenergic receptor sensitivity in subjects practicing transcendental meditation. <i>Journal of Psychosomatic Research</i> , 1990, 34, 29-33.	1.2	51
23	Lowering Cortisol and CVD Risk in Postmenopausal Women: A Pilot Study Using the Transcendental Meditation Program. <i>Annals of the New York Academy of Sciences</i> , 2004, 1032, 211-215.	1.8	47
24	Effects of Lifestyle Modification on Telomerase Gene Expression in Hypertensive Patients: A Pilot Trial of Stress Reduction and Health Education Programs in African Americans. <i>PLoS ONE</i> , 2015, 10, e0142689.	1.1	44
25	The Effects of the transcendental meditation program on mindfulness. <i>Journal of Clinical Psychology</i> , 2009, 65, 574-589.	1.0	43
26	Improvements in Chronic Diseases With a Comprehensive Natural Medicine Approach: A Review and Case Series. <i>Behavioral Medicine</i> , 2000, 26, 34-46.	1.0	26
27	Anger Expression Correlates With Platelet Aggregation. <i>Behavioral Medicine</i> , 1997, 22, 174-177.	1.0	24
28	Disease Prevention and Health Promotion in the Aging with a Traditional System of Natural Medicine. <i>Journal of Aging and Health</i> , 2002, 14, 57-78.	0.9	19
29	Psychosocial Stress and Cardiovascular Disease Part 3: Clinical and Policy Implications of Research on the Transcendental Meditation Program. <i>Behavioral Medicine</i> , 2005, 30, 173-184.	1.0	19
30	2020 International Society of Hypertension global hypertension practice guidelines "lifestyle modification". <i>Journal of Hypertension</i> , 2020, 38, 2340-2341.	0.3	16
31	Behavioral Treatment of Hypertensive Heart Disease in African Americans: Rationale and Design of a Randomized Controlled Trial. <i>Behavioral Medicine</i> , 2001, 27, 83-95.	1.0	13
32	Effects of cardiac rehabilitation with and without meditation on myocardial blood flow using quantitative positron emission tomography: A pilot study. <i>Journal of Nuclear Cardiology</i> , 2021, 28, 1596-1607.	1.4	13
33	A Systematic Review and Meta-Analysis of Ayurvedic Herbal Preparations for Hypercholesterolemia. <i>Medicina (Lithuania)</i> , 2021, 57, 546.	0.8	13
34	Transcendental Meditation in the prevention and treatment of cardiovascular disease and pathophysiological mechanisms: An evidence-based review. <i>Advances in Integrative Medicine</i> , 2014, 1, 107-112.	0.4	12
35	Cardiovascular disease prevention and health promotion with the transcendental meditation program and Maharishi consciousness-based health care. <i>Ethnicity and Disease</i> , 2006, 16, S4-15-26.	1.0	12
36	Stress Reduction in the Prevention of Left Ventricular Hypertrophy: A Randomized Controlled Trial of Transcendental Meditation and Health Education in Hypertensive African Americans. <i>Ethnicity and Disease</i> , 2019, 29, 577-586.	1.0	10

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37	The Future of Medicine: Frontiers in Integrative Health and Medicine. Medicina (Lithuania), 2021, 57, 1303.	0.8	10
38	Design and rationale of a comparative effectiveness trial evaluating transcendental meditation against established therapies for PTSD. Contemporary Clinical Trials, 2014, 39, 50-56.	0.8	6
39	Randomized controlled trial of stress reduction with meditation and health education in black men and women with high normal and normal blood pressure. American Journal of Preventive Cardiology, 2021, 8, 100279.	1.3	5
40	The 2017 ACC/AHA Hypertension Guidelines: Should they have included proven nonpharmacological blood pressure-lowering strategies such as Transcendental Meditation?. Journal of Clinical Hypertension, 2019, 21, 434-434.	1.0	2
41	Evidence for Upgrading the Ratings for Transcendental Meditation: Response to AHA Scientific Statement on Alternative Methods and BP. Hypertension, 2013, 62, e42.	1.3	1
42	Editorial commentary on AHA scientific statement on meditation and cardiovascular risk reduction. Journal of the American Society of Hypertension, 2018, 12, e57-e58.	2.3	1
43	Managing the Built Environment for Health Promotion and Disease Prevention With Maharishi Vastu Architecture: A Review. Global Advances in Health and Medicine, 2022, 11, 2164957X2210770.	0.7	1
44	Meditation in Prevention and Treatment of Cardiovascular Disease: An Evidence-Based Review. , 2022, , 303-325.		1