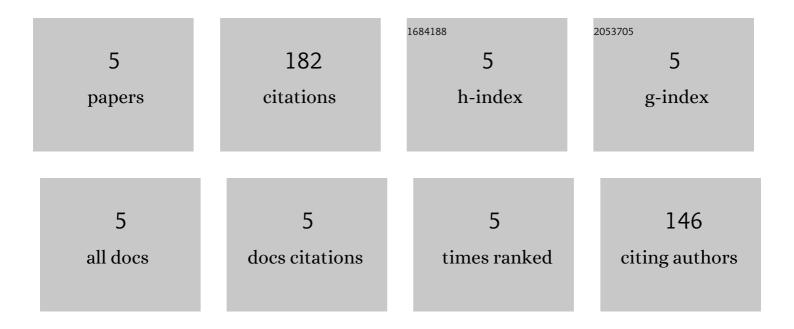
Luc Thomas

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/10491335/publications.pdf Version: 2024-02-01



LUC THOMAS

#	Article	IF	CITATIONS
1	A Theoretical Study of Taper Characteristics to Optimize Performance. Medicine and Science in Sports and Exercise, 2005, 37, 1615-1621.	0.4	59
2	A model study of optimal training reduction during pre-event taper in elite swimmers. Journal of Sports Sciences, 2008, 26, 643-652.	2.0	46
3	Using Mathematical Modeling in Training Planning. International Journal of Sports Physiology and Performance, 2006, 1, 400-405.	2.3	33
4	Computer Simulations Assessing the Potential Performance Benefit of a Final Increase in Training During Pre-Event Taper. Journal of Strength and Conditioning Research, 2009, 23, 1729-1736.	2.1	25
5	Modelling training response in elite female gymnasts and optimal strategies of overload training and taper. Journal of Sports Sciences, 2013, 31, 1510-1519.	2.0	19