

# Lily Stojanovska

## List of Publications by Citations

**Source:** <https://exaly.com/author-pdf/1046368/lily-stojanovska-publications-by-citations.pdf>

**Version:** 2024-04-26

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

105  
papers

2,773  
citations

30  
h-index

50  
g-index

118  
ext. papers

3,700  
ext. citations

4.1  
avg, IF

5.63  
L-index

#	Paper	IF	Citations
105	Exercise and mental health. <i>Maturitas</i> , <b>2017</b> , 106, 48-56	5	244
104	Unus pro omnibus, omnes pro uno: A novel, evidence-based, unifying theory for the pathogenesis of endometriosis. <i>Medical Hypotheses</i> , <b>2017</b> , 103, 10-20	3.8	146
103	Germinated grains--sources of bioactive compounds. <i>Food Chemistry</i> , <b>2012</b> , 135, 950-9	8.5	146
102	Immune-boosting role of vitamins D, C, E, zinc, selenium and omega-3 fatty acids: Could they help against COVID-19?. <i>Maturitas</i> , <b>2021</b> , 143, 1-9	5	113
101	The complex immunological and inflammatory network of adipose tissue in obesity. <i>Molecular Nutrition and Food Research</i> , <b>2016</b> , 60, 43-57	5.9	111
100	Targeting antigens to dendritic cell receptors for vaccine development. <i>Journal of Drug Delivery</i> , <b>2013</b> , 2013, 869718	2.3	96
99	Cholesterol reduction mechanisms and fatty acid composition of cellular membranes of probiotic Lactobacilli and Bifidobacteria. <i>Journal of Functional Foods</i> , <b>2014</b> , 9, 295-305	5.1	94
98	Germinated grains: a superior whole grain functional food?. <i>Canadian Journal of Physiology and Pharmacology</i> , <b>2013</b> , 91, 429-41	2.4	83
97	Eating Habits and Lifestyle during COVID-19 Lockdown in the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	81
96	Methamphetamine: Effects on the brain, gut and immune system. <i>Pharmacological Research</i> , <b>2017</b> , 120, 60-67	10.2	77
95	The Effects of Vitamin B in Depression. <i>Current Medicinal Chemistry</i> , <b>2016</b> , 23, 4317-4337	4.3	69
94	MUC1 (CD227): a multi-tasked molecule. <i>Cellular and Molecular Life Sciences</i> , <b>2015</b> , 72, 4475-500	10.3	66
93	Role of the nervous system in cancer metastasis. <i>Journal of Experimental and Clinical Cancer Research</i> , <b>2018</b> , 37, 5	12.8	63
92	Beneficial effects of <i>Lepidium meyenii</i> (Maca) on psychological symptoms and measures of sexual dysfunction in postmenopausal women are not related to estrogen or androgen content. <i>Menopause</i> , <b>2008</b> , 15, 1157-62	2.5	60
91	To exercise, or, not to exercise, during menopause and beyond. <i>Maturitas</i> , <b>2014</b> , 77, 318-23	5	57
90	The effects of vitamin B on the immune/cytokine network and their involvement in depression. <i>Maturitas</i> , <b>2017</b> , 96, 58-71	5	53
89	PD-1/PD-L1 in disease. <i>Immunotherapy</i> , <b>2018</b> , 10, 149-160	3.8	47

88	Bioavailability of isoflavone phytoestrogens in postmenopausal women consuming soya milk fermented with probiotic bifidobacteria. <i>British Journal of Nutrition</i> , <b>2005</b> , 93, 867-77	3.6	46
87	A circulatory model for calculating non-steady-state glucose fluxes. Validation and comparison with compartmental models. <i>Computer Methods and Programs in Biomedicine</i> , <b>2003</b> , 71, 269-81	6.9	45
86	Fermentation of calcium-fortified soymilk with <i>Lactobacillus</i> : effects on calcium solubility, isoflavone conversion, and production of organic acids. <i>Journal of Food Science</i> , <b>2007</b> , 72, M431-6	3.4	41
85	Impact of COVID-19 on mental health and quality of life: Is there any effect? A cross-sectional study of the MENA region. <i>PLoS ONE</i> , <b>2021</b> , 16, e0249107	3.7	38
84	Fourier transform infrared spectroscopy analysis of physicochemical changes in UHT milk during accelerated storage. <i>International Dairy Journal</i> , <b>2017</b> , 66, 99-107	3.5	37
83	Development of an isoflavone aglycone-enriched soymilk using soy germ, soy protein isolate and bifidobacteria. <i>Food Research International</i> , <b>2004</b> , 37, 301-312	7	36
82	Physical and immunological aspects of exercise in chronic diseases. <i>Immunotherapy</i> , <b>2014</b> , 6, 1145-57	3.8	35
81	Assessment of eating habits and lifestyle during the coronavirus 2019 pandemic in the Middle East and North Africa region: a cross-sectional study. <i>British Journal of Nutrition</i> , <b>2021</b> , 126, 757-766	3.6	33
80	Cognitive decline: A vitamin B perspective. <i>Maturitas</i> , <b>2016</b> , 93, 108-113	5	32
79	Anti-hypertensive peptides released from milk proteins by probiotics. <i>Maturitas</i> , <b>2018</b> , 115, 103-109	5	32
78	Immunomodulatory Effects of Dietary Polyphenols. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	31
77	Hypocholesterolaemic effect and anti-hypertensive properties of probiotics and prebiotics: A review. <i>Journal of Functional Foods</i> , <b>2016</b> , 25, 497-510	5.1	30
76	Crosstalk between cancer and the neuro-immune system. <i>Journal of Neuroimmunology</i> , <b>2018</b> , 315, 15-23	3.5	28
75	Dendritic cell immunotherapy: clinical outcomes. <i>Clinical and Translational Immunology</i> , <b>2014</b> , 3, e21	6.8	27
74	Maca reduces blood pressure and depression, in a pilot study in postmenopausal women. <i>Climacteric</i> , <b>2015</b> , 18, 69-78	3.1	27
73	Effect of active versus passive recovery on metabolism and performance during subsequent exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , <b>2004</b> , 14, 185-96	4.4	27
72	Is there a Link between Vitamin B and Multiple Sclerosis?. <i>Medicinal Chemistry</i> , <b>2018</b> , 14, 170-180	1.8	27
71	The mechanisms tumor cells utilize to evade the host's immune system. <i>Maturitas</i> , <b>2017</b> , 105, 8-15	5	26

70	Acupuncture as an adjunct therapy in the treatment of eating disorders: a randomised cross-over pilot study. <i>Complementary Therapies in Medicine</i> , <b>2010</b> , 18, 233-40	3.5	24
69	Breast cancer and exercise: The role of adiposity and immune markers. <i>Maturitas</i> , <b>2017</b> , 105, 16-22	5	23
68	Phytase activity from <i>Lactobacillus</i> spp. in calcium-fortified soymilk. <i>Journal of Food Science</i> , <b>2010</b> , 75, M373-6	3.4	22
67	Rosiglitazone lowers blood pressure and increases arterial compliance in postmenopausal women with type 2 diabetes. <i>Diabetes Care</i> , <b>2003</b> , 26, 3194-5	14.6	22
66	Preliminary results of a single-arm pilot study to assess the safety and efficacy of visnadine, prenylflavonoids and bovine colostrum in postmenopausal sexually active women affected by vulvovaginal atrophy. <i>Maturitas</i> , <b>2018</b> , 109, 78-80	5	21
65	The role of depressive symptomatology in peri- and post-menopause. <i>Maturitas</i> , <b>2015</b> , 81, 306-10	5	21
64	Physical activity and breast cancer survivors: Importance of adherence, motivational interviewing and psychological health. <i>Maturitas</i> , <b>2018</b> , 116, 66-72	5	20
63	Being in the script of menopause: mapping the complexities of coping strategies. <i>Qualitative Health Research</i> , <b>2009</b> , 19, 30-41	3.9	20
62	Effects of malted and non-malted whole-grain wheat on metabolic and inflammatory biomarkers in overweight/obese adults: a randomised crossover pilot study. <i>Food Chemistry</i> , <b>2016</b> , 194, 495-502	8.5	19
61	Enhanced Dendritic Cell-Mediated Antigen-Specific CD4+ T Cell Responses: IFN-Gamma Aids TLR Stimulation. <i>Journal of Drug Delivery</i> , <b>2013</b> , 2013, 516749	2.3	17
60	Progesterone does not influence vascular function in postmenopausal women. <i>Journal of Hypertension</i> , <b>2003</b> , 21, 1145-9	1.9	17
59	Role of the Nervous System in Tumor Angiogenesis. <i>Cancer Microenvironment</i> , <b>2018</b> , 11, 1-11	6.1	16
58	Anti-Tumor Effects of Vitamin B2, B6 and B9 in Promonocytic Lymphoma Cells. <i>International Journal of Molecular Sciences</i> , <b>2019</b> , 20,	6.3	16
57	Effect of Flavourzyme( ) on Angiotensin-Converting Enzyme Inhibitory Peptides Formed in Skim Milk and Whey Protein Concentrate during Fermentation by <i>Lactobacillus helveticus</i> . <i>Journal of Food Science</i> , <b>2016</b> , 81, M135-43	3.4	14
56	Calcium absorption in Australian osteopenic post-menopausal women: an acute comparative study of fortified soymilk to cowsSmilk. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2010</b> , 19, 243-9	1	13
55	Impact of the Coronavirus Pandemic (COVID-19) Lockdown on Mental Health and Well-Being in the United Arab Emirates. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 633230	5	12
54	Fermentation of calcium-fortified soya milk does not appear to enhance acute calcium absorption in osteopenic post-menopausal women. <i>British Journal of Nutrition</i> , <b>2011</b> , 105, 282-6	3.6	11
53	Characterization of blood monocyte phenotype in patients with endometrial cancer. <i>International Journal of Gynecological Cancer</i> , <b>2012</b> , 22, 1500-8	3.5	11

52	Dietary Habits and Lifestyle During Coronavirus Pandemic Lockdown: Experience From Lebanon. <i>Frontiers in Nutrition</i> , <b>2021</b> , 8, 730425	6.2	11
51	Influence of fibrinogen and C-RP on progression of peripheral arterial disease in type 2 diabetes: a preliminary report. <i>Cardiovascular Diabetology</i> , <b>2013</b> , 12, 29	8.7	10
50	Progression of carotid-artery disease in type 2 diabetic patients: a cohort prospective study. <i>Vascular Health and Risk Management</i> , <b>2015</b> , 11, 549-53	4.4	10
49	Dexamethasone-induced increase in the rate of appearance in plasma of gut-derived glucose following an oral glucose load in rats. <i>Metabolism: Clinical and Experimental</i> , <b>1991</b> , 40, 297-301	12.7	10
48	Proteolytic and angiotensin-converting enzyme-inhibitory activities of selected probiotic bacteria. <i>International Journal of Food Science and Technology</i> , <b>2016</b> , 51, 865-874	3.8	10
47	Cyclic citrullinated MBP peptide stimulates T cell responses: Implications in triggering disease. <i>Bioorganic and Medicinal Chemistry</i> , <b>2017</b> , 25, 528-538	3.4	9
46	Yeast based spreads improve anxiety and stress. <i>Journal of Functional Foods</i> , <b>2018</b> , 40, 471-476	5.1	9
45	CRP and fibrinogen imply clinical outcome of patients with Type-2 diabetes and coronary artery disease. <i>Acta Biochimica Et Biophysica Sinica</i> , <b>2017</b> , 49, 284-285	2.8	8
44	Mannosylated Linear and Cyclic Single Amino Acid Mutant Peptides Using a Small 10 Amino Acid Linker Constitute Promising Candidates Against Multiple Sclerosis. <i>Frontiers in Immunology</i> , <b>2015</b> , 6, 136	8.4	8
43	Inflammatory biomarkers: impact for diabetes and diabetic vascular disease. <i>Acta Biochimica Et Biophysica Sinica</i> , <b>2015</b> , 47, 1029-31	2.8	8
42	Processing and sensory characteristics of a fermented low-fat skim milk drink containing bioactive antihypertensive peptides, a functional milk product. <i>International Journal of Dairy Technology</i> , <b>2018</b> , 71, 230-239	3.7	8
41	Resveratrol alleviates oxidative damage in enteric neurons and associated gastrointestinal dysfunction caused by chemotherapeutic agent oxaliplatin. <i>Maturitas</i> , <b>2017</b> , 105, 100-106	5	7
40	Effects of fermented skim milk drink by <i>Kluyveromyces marxianus</i> LAF4 co-cultured with lactic acid bacteria to release angiotensin-converting enzyme inhibitory activities. <i>International Journal of Dairy Technology</i> , <b>2018</b> , 71, 130-140	3.7	7
39	Urinary excretion of equol by postmenopausal women consuming soymilk fermented by probiotic bifidobacteria. <i>European Journal of Clinical Nutrition</i> , <b>2007</b> , 61, 438-41	5.2	7
38	Hormone therapy impairs endothelial function in postmenopausal women with type 2 diabetes mellitus treated with rosiglitazone. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2004</b> , 89, 4615-9	5.6	7
37	Prognostic implications of myocardial perfusion imaging and coronary calcium score in a Macedonian cohort of asymptomatic patients with type 2 diabetes. <i>Diabetes and Vascular Disease Research</i> , <b>2017</b> , 14, 285-294	3.3	6
36	A randomised cross-over pilot study investigating the use of acupuncture to promote weight loss and mental health in overweight and obese individuals participating in a weight loss program. <i>Eating and Weight Disorders</i> , <b>2015</b> , 20, 379-87	3.6	6
35	The anti-atherogenic effects of thiazolidinediones. <i>Current Diabetes Reviews</i> , <b>2007</b> , 3, 67-74	2.7	6

34	Anti-cancer effects of polyphenol-rich sugarcane extract. <i>PLoS ONE</i> , <b>2021</b> , 16, e0247492	3.7	6
33	The Effect of Gum Arabic (Acacia Senegal) on Cardiovascular Risk Factors and Gastrointestinal Symptoms in Adults at Risk of Metabolic Syndrome: A Randomized Clinical Trial. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	5
32	An Effective Model for Prevention and Management of Type 2 Diabetes. <i>Qualitative Health Research</i> , <b>2016</b> , 26, 603-12	3.9	4
31	Let's Go Bananas! Green Bananas and their Health Benefits. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2017</b> , 38, 147-151	0.5	4
30	MUC1 immunotherapy against a metastatic mammary adenocarcinoma model: Importance of IFN-gamma. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2016</b> , 37, 15-25	0.5	4
29	Progression of carotid artery disease could stratify a risk of coronary artery disease patients with type 2 diabetes. <i>Acta Biochimica Et Biophysica Sinica</i> , <b>2019</b> , 51, 120-122	2.8	3
28	Assessment of Sodium Knowledge and Urinary Sodium Excretion among Regions of the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	3
27	The Effects of Bariatric Surgery on Vitamin B Status and Mental Health. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	3
26	Hormone Therapy Reduces Bone Resorption but not Bone Formation in Postmenopausal Athletes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2016</b> , 37, 15-21	0.5	3
25	Risk Factors for Carotid Artery Disease and Chronic Kidney Disease: Same or Unique?. <i>Therapeutic Apheresis and Dialysis</i> , <b>2018</b> , 22, 410-411	1.9	2
24	Health promoting effect of synbiotic yogurt containing pomegranate polyphenols: Scientific evidence. <i>Maturitas</i> , <b>2017</b> , 100, 141	5	2
23	Development of a Chinese medicine pattern severity index for understanding eating disorders. <i>Journal of Alternative and Complementary Medicine</i> , <b>2012</b> , 18, 597-606	2.4	2
22	Total dietary fiber analysis in dates and other dry fruits without starch and protein hydrolyzing enzymes. <i>Journal of Food Composition and Analysis</i> , <b>2022</b> , 108, 104415	4.1	2
21	The Role of Bioactive Compounds from Dietary Spices in the Management of Metabolic Syndrome: An Overview.. <i>Nutrients</i> , <b>2021</b> , 14,	6.7	2
20	Polyphenol Rich Sugar Cane Extract Inhibits Bacterial Growth. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2020</b> , 41, 49-57	0.5	2
19	Impact of coronavirus 2019 on mental health and lifestyle adaptations of pregnant women in the United Arab Emirates: a cross-sectional study. <i>BMC Pregnancy and Childbirth</i> , <b>2021</b> , 21, 515	3.2	2
18	The Effects of Hormonal Therapy and Exercise on Bone Turnover in Postmenopausal Women: A Randomised Double-Blind Pilot Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2016</b> , 37, 23-32	0.5	2
17	The PAPHIO study protocol: a randomised controlled trial with a 2 x 2 crossover design of physical activity adherence, psychological health and immunological outcomes in breast cancer survivors. <i>BMC Public Health</i> , <b>2020</b> , 20, 696	4.1	1

16	Exercise in Menopausal Women <b>2017</b> , 285-307		1
15	Validation of a quantitative web-based food frequency questionnaire to assess dietary intake in the adult Emirati population.. <i>PLoS ONE</i> , <b>2022</b> , 17, e0262150	3.7	1
14	Immunomodulatory Properties of Polyphenol-Rich Sugarcane Extract on Human Monocytes. <i>Biologics</i> , <b>2021</b> , 1, 211-221		1
13	Motivational strategies to improve adherence to physical activity in breast cancer survivors: A systematic review and meta-analysis. <i>Maturitas</i> , <b>2021</b> , 152, 32-47	5	1
12	Assessment of Dietary and Lifestyle Responses After COVID-19 Vaccine Availability in Selected Arab Countries.. <i>Frontiers in Nutrition</i> , <b>2022</b> , 9, 849314	6.2	1
11	Plasma Homocysteine in Patients with Coronary and Carotid Artery Disease: A Case Control Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2020</b> , 41, 15-22	0.5	0
10	Effect of Calorie Restriction and Exercise on Type 2 Diabetes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2021</b> , 42, 109-126	0.5	0
9	The prevalence of diabetes amongst young Emirati female adults in the United Arab Emirates: A cross-sectional study. <i>PLoS ONE</i> , <b>2021</b> , 16, e0252884	3.7	0
8	Impact of a Nutrition Education Intervention on Salt/Sodium Related Knowledge, Attitude, and Practice of University Students.. <i>Frontiers in Nutrition</i> , <b>2022</b> , 9, 830262	6.2	0
7	Type 2 Diabetes in People from Culturally and Linguistically Diverse Backgrounds: Perspectives for Training and Practice from Nutritional Therapy and Dietician Professions. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2017</b> , 38, 15-24	0.5	
6	Single-Photon Emission Computed Tomography Myocardial Ischemia Detection in High-Risk Asymptomatic Patients: Correlation with Coronary Calcium Score and High-Sensitivity C-Reactive Protein. <i>Indian Journal of Nuclear Medicine</i> , <b>2019</b> , 34, 99-106	0.4	
5	Calcium Absorption from Fortified Soymilk in Osteopenic Postmenopausal Women <b>2013</b> , 79-89		
4	The Role of Carotid Stenosis in a Prediction of Prognosis of Coronary Artery Disease. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , <b>2021</b> , 42, 53-66	0.5	
3	The First United Arab Emirates National Representative Birth Cohort Study: Study Protocol.. <i>Frontiers in Pediatrics</i> , <b>2022</b> , 10, 857034	3.4	
2	Identification and Effects of Skim Milk-Derived Bioactive Antihypertensive Peptides. <i>Biologics</i> , <b>2022</b> , 2, 1-14		
1	Exercise and menopause <b>2022</b> , 175-192		