

Lily Stojanovska

List of Publications by Year in descending order

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Version: 2024-02-01

117
papers

4,655
citations

101496

36
h-index

114418

63
g-index

118
all docs

118
docs citations

118
times ranked

6626
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise and mental health. <i>Maturitas</i> , 2017, 106, 48-56.	1.0	523
2	Immune-boosting role of vitamins D, C, E, zinc, selenium and omega-3 fatty acids: Could they help against COVID-19?. <i>Maturitas</i> , 2021, 143, 1-9.	1.0	263
3	Germinated grains – Sources of bioactive compounds. <i>Food Chemistry</i> , 2012, 135, 950-959.	4.2	188
4	Unus pro omnibus, omnes pro uno: A novel, evidence-based, unifying theory for the pathogenesis of endometriosis. <i>Medical Hypotheses</i> , 2017, 103, 10-20.	0.8	177
5	Eating Habits and Lifestyle during COVID-19 Lockdown in the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 3314.	1.7	174
6	Methamphetamine: Effects on the brain, gut and immune system. <i>Pharmacological Research</i> , 2017, 120, 60-67.	3.1	143
7	The complex immunological and inflammatory network of adipose tissue in obesity. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 43-57.	1.5	139
8	Targeting Antigens to Dendritic Cell Receptors for Vaccine Development. <i>Journal of Drug Delivery</i> , 2013, 2013, 1-22.	2.5	129
9	Cholesterol reduction mechanisms and fatty acid composition of cellular membranes of probiotic <i>Lactobacilli</i> and <i>Bifidobacteria</i> . <i>Journal of Functional Foods</i> , 2014, 9, 295-305.	1.6	126
10	Germinated grains: a superior whole grain functional food?. <i>Canadian Journal of Physiology and Pharmacology</i> , 2013, 91, 429-441.	0.7	117
11	The Effects of Vitamin B in Depression. <i>Current Medicinal Chemistry</i> , 2016, 23, 4317-4337.	1.2	112
12	Impact of COVID-19 on mental health and quality of life: Is there any effect? A cross-sectional study of the MENA region. <i>PLoS ONE</i> , 2021, 16, e0249107.	1.1	109
13	Be well: A potential role for vitamin B in COVID-19. <i>Maturitas</i> , 2021, 144, 108-111.	1.0	108
14	Immunomodulatory Effects of Dietary Polyphenols. <i>Nutrients</i> , 2021, 13, 728.	1.7	106
15	The effects of vitamin B on the immune/cytokine network and their involvement in depression. <i>Maturitas</i> , 2017, 96, 58-71.	1.0	104
16	Role of the nervous system in cancer metastasis. <i>Journal of Experimental and Clinical Cancer Research</i> , 2018, 37, 5.	3.5	95
17	PD-1/PD-L1 in disease. <i>Immunotherapy</i> , 2018, 10, 149-160.	1.0	90
18	MUC1 (CD227): a multi-tasked molecule. <i>Cellular and Molecular Life Sciences</i> , 2015, 72, 4475-4500.	2.4	85

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19	To exercise, or, not to exercise, during menopause and beyond. <i>Maturitas</i> , 2014, 77, 318-323.	1.0	84
20	Beneficial effects of <i>Lepidium meyenii</i> (Maca) on psychological symptoms and measures of sexual dysfunction in postmenopausal women are not related to estrogen or androgen content. <i>Menopause</i> , 2008, 15, 1157-1162.	0.8	81
21	Assessment of eating habits and lifestyle during the coronavirus 2019 pandemic in the Middle East and North Africa region: a cross-sectional study. <i>British Journal of Nutrition</i> , 2021, 126, 757-766.	1.2	75
22	Physical activity and breast cancer survivors: Importance of adherence, motivational interviewing and psychological health. <i>Maturitas</i> , 2018, 116, 66-72.	1.0	61
23	Fourier transform infrared spectroscopy analysis of physicochemical changes in UHT milk during accelerated storage. <i>International Dairy Journal</i> , 2017, 66, 99-107.	1.5	58
24	Fermentation of Calcium-Fortified Soymilk with <i>Lactobacillus</i> : Effects on Calcium Solubility, Isoflavone Conversion, and Production of Organic Acids. <i>Journal of Food Science</i> , 2007, 72, M431-6.	1.5	55
25	Cognitive decline: A vitamin B perspective. <i>Maturitas</i> , 2016, 93, 108-113.	1.0	55
26	Bioavailability of isoflavone phytoestrogens in postmenopausal women consuming soya milk fermented with probiotic bifidobacteria. <i>British Journal of Nutrition</i> , 2005, 93, 867-877.	1.2	52
27	A circulatory model for calculating non-steady-state glucose fluxes. Validation and comparison with compartmental models. <i>Computer Methods and Programs in Biomedicine</i> , 2003, 71, 269-281.	2.6	51
28	The mechanisms tumor cells utilize to evade the host's immune system. <i>Maturitas</i> , 2017, 105, 8-15.	1.0	48
29	Crosstalk between cancer and the neuro-immune system. <i>Journal of Neuroimmunology</i> , 2018, 315, 15-23.	1.1	48
30	Physical and immunological aspects of exercise in chronic diseases. <i>Immunotherapy</i> , 2014, 6, 1145-1157.	1.0	45
31	Anti-hypertensive peptides released from milk proteins by probiotics. <i>Maturitas</i> , 2018, 115, 103-109.	1.0	45
32	Maca reduces blood pressure and depression, in a pilot study in postmenopausal women. <i>Climacteric</i> , 2015, 18, 69-78.	1.1	44
33	Is there a Link between Vitamin B and Multiple Sclerosis?. <i>Medicinal Chemistry</i> , 2018, 14, 170-180.	0.7	42
34	Anti-Tumor Effects of Vitamin B2, B6 and B9 in Promonocytic Lymphoma Cells. <i>International Journal of Molecular Sciences</i> , 2019, 20, 3763.	1.8	40
35	Hypocholesterolaemic effect and anti-hypertensive properties of probiotics and prebiotics: A review. <i>Journal of Functional Foods</i> , 2016, 25, 497-510.	1.6	39
36	Development of an isoflavone aglycone-enriched soymilk using soy germ, soy protein isolate and bifidobacteria. <i>Food Research International</i> , 2004, 37, 301-312.	2.9	37

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37	Effect of Active versus Passive Recovery on Metabolism and Performance during Subsequent Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2004, 14, 185-196.	1.0	36
38	Dendritic cell immunotherapy: clinical outcomes. <i>Clinical and Translational Immunology</i> , 2014, 3, e21.	1.7	36
39	Role of the Nervous System in Tumor Angiogenesis. <i>Cancer Microenvironment</i> , 2018, 11, 1-11.	3.1	33
40	Impact of the Coronavirus Pandemic (COVID-19) Lockdown on Mental Health and Well-Being in the United Arab Emirates. <i>Frontiers in Psychiatry</i> , 2021, 12, 633230.	1.3	33
41	Breast cancer and exercise: The role of adiposity and immune markers. <i>Maturitas</i> , 2017, 105, 16-22.	1.0	32
42	Dietary Habits and Lifestyle During Coronavirus Pandemic Lockdown: Experience From Lebanon. <i>Frontiers in Nutrition</i> , 2021, 8, 730425.	1.6	32
43	Phytase Activity from <i>Lactobacillus</i> spp. in Calcium-Fortified Soymilk. <i>Journal of Food Science</i> , 2010, 75, M373-6.	1.5	30
44	Rosiglitazone Lowers Blood Pressure and Increases Arterial Compliance in Postmenopausal Women With Type 2 Diabetes. <i>Diabetes Care</i> , 2003, 26, 3194-3195.	4.3	27
45	Acupuncture as an adjunct therapy in the treatment of eating disorders: A randomised cross-over pilot study. <i>Complementary Therapies in Medicine</i> , 2010, 18, 233-240.	1.3	26
46	The role of depressive symptomatology in peri- and post-menopause. <i>Maturitas</i> , 2015, 81, 306-310.	1.0	26
47	Preliminary results of a single-arm pilot study to assess the safety and efficacy of visnadine, prenylflavonoids and bovine colostrum in postmenopausal sexually active women affected by vulvovaginal atrophy. <i>Maturitas</i> , 2018, 109, 78-80.	1.0	26
48	Being in the Script of Menopause: Mapping the Complexities of Coping Strategies. <i>Qualitative Health Research</i> , 2009, 19, 30-41.	1.0	25
49	Effects of malted and non-malted whole-grain wheat on metabolic and inflammatory biomarkers in overweight/obese adults: A randomised crossover pilot study. <i>Food Chemistry</i> , 2016, 194, 495-502.	4.2	24
50	Enhanced Dendritic Cell-Mediated Antigen-Specific CD4+ T Cell Responses: IFN-Gamma Aids TLR Stimulation. <i>Journal of Drug Delivery</i> , 2013, 2013, 1-9.	2.5	22
51	Anti-cancer effects of polyphenol-rich sugarcane extract. <i>PLoS ONE</i> , 2021, 16, e0247492.	1.1	21
52	Progesterone does not influence vascular function in postmenopausal women. <i>Journal of Hypertension</i> , 2003, 21, 1145-1149.	0.3	20
53	Motivational strategies to improve adherence to physical activity in breast cancer survivors: A systematic review and meta-analysis. <i>Maturitas</i> , 2021, 152, 32-47.	1.0	20
54	Effect of Flavourzyme [®] on Angiotensin-Converting Enzyme Inhibitory Peptides Formed in Skim Milk and Whey Protein Concentrate during Fermentation by <i>Lactobacillus helveticus</i> . <i>Journal of Food Science</i> , 2016, 81, M135-43.	1.5	18

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55	Resveratrol alleviates oxidative damage in enteric neurons and associated gastrointestinal dysfunction caused by chemotherapeutic agent oxaliplatin. <i>Maturitas</i> , 2017, 105, 100-106.	1.0	17
56	Cyclic citrullinated MBP87â€‘99 peptide stimulates T cell responses: Implications in triggering disease. <i>Bioorganic and Medicinal Chemistry</i> , 2017, 25, 528-538.	1.4	16
57	The Effect of Gum Arabic (<i>Acacia senegal</i>) on Cardiovascular Risk Factors and Gastrointestinal Symptoms in Adults at Risk of Metabolic Syndrome: A Randomized Clinical Trial. <i>Nutrients</i> , 2021, 13, 194.	1.7	16
58	The Effects of Bariatric Surgery on Vitamin B Status and Mental Health. <i>Nutrients</i> , 2021, 13, 1383.	1.7	16
59	Calcium absorption in Australian osteopenic post-menopausal women: an acute comparative study of fortified soymilk to cows' milk. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2010, 19, 243-9.	0.3	16
60	The Role of Vitamin D Supplementation in Children with Autism Spectrum Disorder: A Narrative Review. <i>Nutrients</i> , 2022, 14, 26.	1.7	15
61	Characterization of Blood Monocyte Phenotype in Patients With Endometrial Cancer. <i>International Journal of Gynecological Cancer</i> , 2012, 22, 1.	1.2	14
62	Influence of fibrinogen and C-RP on progression of peripheral arterial disease in type 2 diabetes: a preliminary report. <i>Cardiovascular Diabetology</i> , 2013, 12, 29.	2.7	14
63	Inflammatory biomarkers: impact for diabetes and diabetic vascular disease. <i>Acta Biochimica Et Biophysica Sinica</i> , 2015, 47, 1029-1031.	0.9	14
64	Fermentation of calcium-fortified soya milk does not appear to enhance acute calcium absorption in osteopenic post-menopausal women. <i>British Journal of Nutrition</i> , 2011, 105, 282-286.	1.2	13
65	Mannosylated Linear and Cyclic Single Amino Acid Mutant Peptides Using a Small 10 Amino Acid Linker Constitute Promising Candidates Against Multiple Sclerosis. <i>Frontiers in Immunology</i> , 2015, 6, 136.	2.2	13
66	Effects of fermented skim milk drink by <i>Kluyveromyces marxianus</i> LAF4 co-cultured with lactic acid bacteria to release angiotensinâ€‘converting enzyme inhibitory activities. <i>International Journal of Dairy Technology</i> , 2018, 71, 130-140.	1.3	13
67	Yeast based spreads improve anxiety and stress. <i>Journal of Functional Foods</i> , 2018, 40, 471-476.	1.6	13
68	Progression of carotid-artery disease in type 2 diabetic patients: a cohort prospective study. <i>Vascular Health and Risk Management</i> , 2015, 11, 549.	1.0	12
69	Processing and sensory characteristics of a fermented low-fat skim milk drink containing bioactive antihypertensive peptides, a functional milk product. <i>International Journal of Dairy Technology</i> , 2018, 71, 230-239.	1.3	12
70	The Anti-Atherogenic Effects of Thiazolidinediones. <i>Current Diabetes Reviews</i> , 2007, 3, 67-74.	0.6	11
71	Feasibility Study of a Newly Developed Technology-Mediated Lifestyle Intervention for Overweight and Obese Young Adults. <i>Nutrients</i> , 2021, 13, 2547.	1.7	11
72	Dexamethasone-induced increase in the rate of appearance in plasma of gut-derived glucose following an oral glucose load in rats. <i>Metabolism: Clinical and Experimental</i> , 1991, 40, 297-301.	1.5	10

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73	Hormone Therapy Impairs Endothelial Function in Postmenopausal Women with Type 2 Diabetes Mellitus Treated with Rosiglitazone. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 4615-4619.	1.8	10
74	Proteolytic and angiotensin-converting enzyme-inhibitory activities of selected probiotic bacteria. <i>International Journal of Food Science and Technology</i> , 2016, 51, 865-874.	1.3	10
75	CRP and fibrinogen imply clinical outcome of patients with Type-2 diabetes and coronary artery disease. <i>Acta Biochimica Et Biophysica Sinica</i> , 2017, 49, 284-285.	0.9	10
76	Invited review: Potential effects of short- and long-term intake of fermented dairy products on prevention and control of type 2 diabetes mellitus. <i>Journal of Dairy Science</i> , 2022, 105, 4722-4733.	1.4	10
77	Urinary excretion of equol by postmenopausal women consuming soymilk fermented by probiotic bifidobacteria. <i>European Journal of Clinical Nutrition</i> , 2007, 61, 438-441.	1.3	8
78	A randomised cross-over pilot study investigating the use of acupuncture to promote weight loss and mental health in overweight and obese individuals participating in a weight loss program. <i>Eating and Weight Disorders</i> , 2015, 20, 379-387.	1.2	8
79	The Role of Bioactive Compounds from Dietary Spices in the Management of Metabolic Syndrome: An Overview. <i>Nutrients</i> , 2022, 14, 175.	1.7	8
80	Prognostic implications of myocardial perfusion imaging and coronary calcium score in a Macedonian cohort of asymptomatic patients with type 2 diabetes. <i>Diabetes and Vascular Disease Research</i> , 2017, 14, 285-294.	0.9	7
81	Assessment of Sodium Knowledge and Urinary Sodium Excretion among Regions of the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 2747.	1.7	7
82	Impact of coronavirus 2019 on mental health and lifestyle adaptations of pregnant women in the United Arab Emirates: a cross-sectional study. <i>BMC Pregnancy and Childbirth</i> , 2021, 21, 515.	0.9	7
83	Letâ€™s Go Bananas! Green Bananas and their Health Benefits. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2017, 38, 147-151.	0.2	6
84	Progression of carotid artery disease could stratify a risk of coronary artery disease patients with type 2 diabetes. <i>Acta Biochimica Et Biophysica Sinica</i> , 2018, 51, 120-122.	0.9	6
85	Assessment of Dietary and Lifestyle Responses After COVID-19 Vaccine Availability in Selected Arab Countries. <i>Frontiers in Nutrition</i> , 2022, 9, 849314.	1.6	6
86	Consumption, Attitudes, and Trends of Vending Machine Foods at a University Campus: A Cross-Sectional Study. <i>Foods</i> , 2021, 10, 2122.	1.9	5
87	Total dietary fiber analysis in dates and other dry fruits without starch and protein hydrolyzing enzymes. <i>Journal of Food Composition and Analysis</i> , 2022, 108, 104415.	1.9	5
88	Impact of a Nutrition Education Intervention on Salt/Sodium Related Knowledge, Attitude, and Practice of University Students. <i>Frontiers in Nutrition</i> , 2022, 9, 830262.	1.6	5
89	Hormone Therapy Reduces Bone Resorption but not Bone Formation in Postmenopausal Athletes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 15-21.	0.2	4
90	MUC1 immunotherapy against a metastatic mammary adenocarcinoma model: Importance of IFN-gamma. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 15-25.	0.2	4

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91	An Effective Model for Prevention and Management of Type 2 Diabetes. <i>Qualitative Health Research</i> , 2016, 26, 603-612.	1.0	4
92	Polyphenol Rich Sugar Cane Extract Inhibits Bacterial Growth. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2020, 41, 49-57.	0.2	4
93	Development of a Chinese Medicine Pattern Severity Index for Understanding Eating Disorders. <i>Journal of Alternative and Complementary Medicine</i> , 2012, 18, 597-606.	2.1	3
94	The Effects of Hormonal Therapy and Exercise on Bone Turnover in Postmenopausal Women: A Randomised Double-Blind Pilot Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 23-32.	0.2	3
95	Health promoting effect of synbiotic yogurt containing pomegranate polyphenols: Scientific evidence. <i>Maturitas</i> , 2017, 100, 141.	1.0	3
96	Risk Factors for Carotid Artery Disease and Chronic Kidney Disease: Same or Unique?. <i>Therapeutic Apheresis and Dialysis</i> , 2018, 22, 410-411.	0.4	3
97	The PAPHIO study protocol: a randomised controlled trial with a 2 x 2 crossover design of physical activity adherence, psychological health and immunological outcomes in breast cancer survivors. <i>BMC Public Health</i> , 2020, 20, 696.	1.2	3
98	The prevalence of diabetes amongst young Emirati female adults in the United Arab Emirates: A cross-sectional study. <i>PLoS ONE</i> , 2021, 16, e0252884.	1.1	3
99	Exercise in Menopausal Women. , 2017, , 285-307.		2
100	Role of vitamin D supplementation in aging patients with COVID-19. <i>Maturitas</i> , 2021, 152, 63-65.	1.0	2
101	Effect of Calorie Restriction and Exercise on Type 2 Diabetes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2021, 42, 109-126.	0.2	2
102	Immunomodulatory Properties of Polyphenol-Rich Sugarcane Extract on Human Monocytes. <i>Biologics</i> , 2021, 1, 211-221.	2.3	2
103	Single-photon emission computed tomography myocardial ischemia detection in high-risk asymptomatic patients: correlation with coronary calcium score and high-sensitivity C-reactive protein. <i>Indian Journal of Nuclear Medicine</i> , 2019, 34, 99.	0.1	2
104	Plasma Homocysteine in Patients with Coronary and Carotid Artery Disease: A Case Control Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2020, 41, 15-22.	0.2	2
105	Validation of a quantitative web-based food frequency questionnaire to assess dietary intake in the adult Emirati population. <i>PLoS ONE</i> , 2022, 17, e0262150.	1.1	2
106	Exercise and menopause. , 2022, , 175-192.		2
107	To exercise or not to exercise: relationship between menopausal experience and exercise avoidance. <i>Maturitas</i> , 2015, 81, 138.	1.0	1
108	The Role of Carotid Stenosis in a Prediction of Prognosis of Coronary Artery Disease. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2021, 42, 53-66.	0.2	1

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109	The First United Arab Emirates National Representative Birth Cohort Study: Study Protocol. <i>Frontiers in Pediatrics</i> , 2022, 10, 857034.	0.9	1
110	Identification and Effects of Skim Milk-Derived Bioactive Antihypertensive Peptides. <i>Biologics</i> , 2022, 2, 1-14.	2.3	1
111	Psychosocial factors affecting dietary habits of university students: A cross-sectional study. <i>Heliyon</i> , 2022, 8, e09768.	1.4	1
112	Impact of coronavirus 2019 pandemic on post-traumatic stress disorder symptoms among pregnant women in Jordan. <i>Women's Health</i> , 2022, 18, 174550572211129.	0.7	1
113	O899 Calcium absorption in Australian osteopenic postmenopausal women. <i>International Journal of Gynecology and Obstetrics</i> , 2009, 107, S349.	1.0	0
114	Effects of a new vaginal cream containing visnadine, prenylflavonoids and bovine colostrum on Vaginal Health Index Score and Female Sexual Function Index in post-menopausal sexually active women affected by vaginal dryness: A pilot study. <i>Maturitas</i> , 2017, 100, 123.	1.0	0
115	The effects of vitamin B in mental health and cognition. <i>Maturitas</i> , 2017, 100, 188-189.	1.0	0
116	Type 2 Diabetes in People from Culturally and Linguistically Diverse Backgrounds: Perspectives for Training and Practice from Nutritional Therapy and Dietician Professions. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2017, 38, 15-24.	0.2	0
117	Calcium-Fortified Soymilk: Function and Health Benefits. <i>Food and Nutritional Components in Focus</i> , 2015, , 310-328.	0.1	0