

# Lily Stojanovska

## List of Publications by Year in descending order

Source: [//exaly.com/author-pdf/1046368/publications.pdf](https://exaly.com/author-pdf/1046368/publications.pdf)

Version: 2024-02-01

115  
papers

4,580  
citations

122655

33  
h-index

115152

63  
g-index

116  
all docs

116  
docs citations

116  
times ranked

8807  
citing authors

#	ARTICLE	IF	CITATIONS
1	Exercise and mental health. <i>Maturitas</i> , 2017, 106, 48-56.	2.5	577
2	Immune-boosting role of vitamins D, C, E, zinc, selenium and omega-3 fatty acids: Could they help against COVID-19?. <i>Maturitas</i> , 2021, 143, 1-9.	2.5	281
3	Eating Habits and Lifestyle during COVID-19 Lockdown in the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 3314.	4.2	190
4	Unus pro omnibus, omnes pro uno: A novel, evidence-based, unifying theory for the pathogenesis of endometriosis. <i>Medical Hypotheses</i> , 2017, 103, 10-20.	1.5	184
5	Methamphetamine: Effects on the brain, gut and immune system. <i>Pharmacological Research</i> , 2017, 120, 60-67.	7.2	151
6	The complex immunological and inflammatory network of adipose tissue in obesity. <i>Molecular Nutrition and Food Research</i> , 2016, 60, 43-57.	3.9	144
7	Cholesterol reduction mechanisms and fatty acid composition of cellular membranes of probiotic <i>Lactobacilli</i> and <i>Bifidobacteria</i> . <i>Journal of Functional Foods</i> , 2014, 9, 295-305.	3.5	131
8	Targeting Antigens to Dendritic Cell Receptors for Vaccine Development. <i>Journal of Drug Delivery</i> , 2013, 2013, 1-22.	2.6	129
9	Immunomodulatory Effects of Dietary Polyphenols. <i>Nutrients</i> , 2021, 13, 728.	4.2	125
10	The Effects of Vitamin B in Depression. <i>Current Medicinal Chemistry</i> , 2016, 23, 4317-4337.	2.5	121
11	Impact of COVID-19 on mental health and quality of life: Is there any effect? A cross-sectional study of the MENA region. <i>PLoS ONE</i> , 2021, 16, e0249107.	2.5	119
12	Germinated grains: a superior whole grain functional food?. <i>Canadian Journal of Physiology and Pharmacology</i> , 2013, 91, 429-441.	1.5	118
13	Be well: A potential role for vitamin B in COVID-19. <i>Maturitas</i> , 2021, 144, 108-111.	2.5	117
14	The effects of vitamin B on the immune/cytokine network and their involvement in depression. <i>Maturitas</i> , 2017, 96, 58-71.	2.5	110
15	Role of the nervous system in cancer metastasis. <i>Journal of Experimental and Clinical Cancer Research</i> , 2018, 37, 5.	8.9	102
16	PD-1/PD-L1 in Disease. <i>Immunotherapy</i> , 2018, 10, 149-160.	2.0	95
17	MUC1 (CD227): a multi-tasked molecule. <i>Cellular and Molecular Life Sciences</i> , 2015, 72, 4475-4500.	5.5	89
18	To exercise, or, not to exercise, during menopause and beyond. <i>Maturitas</i> , 2014, 77, 318-323.	2.5	87

#	ARTICLE	IF	CITATIONS
19	Assessment of eating habits and lifestyle during the coronavirus 2019 pandemic in the Middle East and North Africa region: a cross-sectional study. <i>British Journal of Nutrition</i> , 2021, 126, 757-766.	2.7	87
20	Beneficial effects of <i>Lepidium meyenii</i> (Maca) on psychological symptoms and measures of sexual dysfunction in postmenopausal women are not related to estrogen or androgen content. <i>Menopause</i> , 2008, 15, 1157-1162.	2.0	81
21	Physical activity and breast cancer survivors: Importance of adherence, motivational interviewing and psychological health. <i>Maturitas</i> , 2018, 116, 66-72.	2.5	70
22	Cognitive decline: A vitamin B perspective. <i>Maturitas</i> , 2016, 93, 108-113.	2.5	63
23	Fourier transform infrared spectroscopy analysis of physicochemical changes in UHT milk during accelerated storage. <i>International Dairy Journal</i> , 2017, 66, 99-107.	3.1	60
24	The mechanisms tumor cells utilize to evade the host's immune system. <i>Maturitas</i> , 2017, 105, 8-15.	2.5	53
25	Bioavailability of isoflavone phytoestrogens in postmenopausal women consuming soya milk fermented with probiotic bifidobacteria. <i>British Journal of Nutrition</i> , 2005, 93, 867-877.	2.7	52
26	Is there a Link between Vitamin B and Multiple Sclerosis?. <i>Medicinal Chemistry</i> , 2018, 14, 170-180.	1.6	52
27	Crosstalk between cancer and the neuro-immune system. <i>Journal of Neuroimmunology</i> , 2018, 315, 15-23.	2.4	51
28	Anti-Tumor Effects of Vitamin B2, B6 and B9 in Promonocytic Lymphoma Cells. <i>International Journal of Molecular Sciences</i> , 2019, 20, 3763.	4.2	47
29	Physical and Immunological Aspects of Exercise in Chronic Diseases. <i>Immunotherapy</i> , 2014, 6, 1145-1157.	2.0	45
30	Anti-hypertensive peptides released from milk proteins by probiotics. <i>Maturitas</i> , 2018, 115, 103-109.	2.5	45
31	Hypocholesterolaemic effect and anti-hypertensive properties of probiotics and prebiotics: A review. <i>Journal of Functional Foods</i> , 2016, 25, 497-510.	3.5	42
32	Dendritic cell immunotherapy: clinical outcomes. <i>Clinical and Translational Immunology</i> , 2014, 3, e21.	3.9	40
33	Impact of the Coronavirus Pandemic (COVID-19) Lockdown on Mental Health and Well-Being in the United Arab Emirates. <i>Frontiers in Psychiatry</i> , 2021, 12, 633230.	2.7	38
34	Role of the Nervous System in Tumor Angiogenesis. <i>Cancer Microenvironment</i> , 2018, 11, 1-11.	3.0	35
35	Breast cancer and exercise: The role of adiposity and immune markers. <i>Maturitas</i> , 2017, 105, 16-22.	2.5	34
36	Dietary Habits and Lifestyle During Coronavirus Pandemic Lockdown: Experience From Lebanon. <i>Frontiers in Nutrition</i> , 2021, 8, 730425.	3.8	34

#	ARTICLE	IF	CITATIONS
37	Phytase Activity from <i>Lactobacillus</i> spp. in Calcium-Fortified Soymilk. <i>Journal of Food Science</i> , 2010, 75, M373-6.	3.2	32
38	The role of depressive symptomatology in peri- and post-menopause. <i>Maturitas</i> , 2015, 81, 306-310.	2.5	29
39	Rosiglitazone Lowers Blood Pressure and Increases Arterial Compliance in Postmenopausal Women With Type 2 Diabetes. <i>Diabetes Care</i> , 2003, 26, 3194-3195.	9.1	27
40	Acupuncture as an adjunct therapy in the treatment of eating disorders: A randomised cross-over pilot study. <i>Complementary Therapies in Medicine</i> , 2010, 18, 233-240.	2.8	27
41	Preliminary results of a single-arm pilot study to assess the safety and efficacy of visnadine, prenylflavonoids and bovine colostrum in postmenopausal sexually active women affected by vulvovaginal atrophy. <i>Maturitas</i> , 2018, 109, 78-80.	2.5	27
42	Being in the Script of Menopause: Mapping the Complexities of Coping Strategies. <i>Qualitative Health Research</i> , 2009, 19, 30-41.	2.2	25
43	Effects of malted and non-malted whole-grain wheat on metabolic and inflammatory biomarkers in overweight/obese adults: A randomised crossover pilot study. <i>Food Chemistry</i> , 2016, 194, 495-502.	8.4	25
44	Anti-cancer effects of polyphenol-rich sugarcane extract. <i>PLoS ONE</i> , 2021, 16, e0247492.	2.5	23
45	Motivational strategies to improve adherence to physical activity in breast cancer survivors: A systematic review and meta-analysis. <i>Maturitas</i> , 2021, 152, 32-47.	2.5	23
46	Enhanced Dendritic Cell-Mediated Antigen-Specific CD4+ T Cell Responses: IFN-Gamma Aids TLR Stimulation. <i>Journal of Drug Delivery</i> , 2013, 2013, 1-9.	2.6	22
47	Progesterone does not influence vascular function in postmenopausal women. <i>Journal of Hypertension</i> , 2003, 21, 1145-1149.	0.5	21
48	The Role of Vitamin D Supplementation in Children with Autism Spectrum Disorder: A Narrative Review. <i>Nutrients</i> , 2022, 14, 26.	4.2	20
49	The Effects of Bariatric Surgery on Vitamin B Status and Mental Health. <i>Nutrients</i> , 2021, 13, 1383.	4.2	19
50	Effect of Flavourzyme <sup>®</sup> on Angiotensin-Converting Enzyme Inhibitory Peptides Formed in Skim Milk and Whey Protein Concentrate during Fermentation by <i>Lactobacillus helveticus</i> . <i>Journal of Food Science</i> , 2016, 81, M135-43.	3.2	18
51	Resveratrol alleviates oxidative damage in enteric neurons and associated gastrointestinal dysfunction caused by chemotherapeutic agent oxaliplatin. <i>Maturitas</i> , 2017, 105, 100-106.	2.5	18
52	Cyclic citrullinated MBP87-99 peptide stimulates T cell responses: Implications in triggering disease. <i>Bioorganic and Medicinal Chemistry</i> , 2017, 25, 528-538.	3.1	17
53	Yeast based spreads improve anxiety and stress. <i>Journal of Functional Foods</i> , 2018, 40, 471-476.	3.5	16
54	The Effect of Gum Arabic ( <i>Acacia senegal</i> ) on Cardiovascular Risk Factors and Gastrointestinal Symptoms in Adults at Risk of Metabolic Syndrome: A Randomized Clinical Trial. <i>Nutrients</i> , 2021, 13, 194.	4.2	16

#	ARTICLE	IF	CITATIONS
55	Fermentation of calcium-fortified soya milk does not appear to enhance acute calcium absorption in osteopenic post-menopausal women. <i>British Journal of Nutrition</i> , 2011, 105, 282-286.	2.7	15
56	Mannosylated Linear and Cyclic Single Amino Acid Mutant Peptides Using a Small 10 Amino Acid Linker Constitute Promising Candidates Against Multiple Sclerosis. <i>Frontiers in Immunology</i> , 2015, 6, 136.	4.9	15
57	Inflammatory biomarkers: impact for diabetes and diabetic vascular disease. <i>Acta Biochimica Et Biophysica Sinica</i> , 2015, 47, 1029-1031.	2.0	15
58	Characterization of Blood Monocyte Phenotype in Patients With Endometrial Cancer. <i>International Journal of Gynecological Cancer</i> , 2012, 22, 1.	2.8	14
59	Influence of fibrinogen and C-RP on progression of peripheral arterial disease in type 2 diabetes: a preliminary report. <i>Cardiovascular Diabetology</i> , 2013, 12, 29.	6.9	14
60	Effects of fermented skim milk drink by <i>Kluyveromyces marxianus</i> LAF4 co-cultured with lactic acid bacteria to release angiotensin-converting enzyme inhibitory activities. <i>International Journal of Dairy Technology</i> , 2018, 71, 130-140.	2.7	14
61	Invited review: Potential effects of short- and long-term intake of fermented dairy products on prevention and control of type 2 diabetes mellitus. <i>Journal of Dairy Science</i> , 2022, 105, 4722-4733.	3.3	13
62	Progression of carotid-artery disease in type 2 diabetic patients: a cohort prospective study. <i>Vascular Health and Risk Management</i> , 2015, 11, 549.	2.3	12
63	Processing and sensory characteristics of a fermented low-fat skim milk drink containing bioactive antihypertensive peptides, a functional milk product. <i>International Journal of Dairy Technology</i> , 2018, 71, 230-239.	2.7	12
64	Feasibility Study of a Newly Developed Technology-Mediated Lifestyle Intervention for Overweight and Obese Young Adults. <i>Nutrients</i> , 2021, 13, 2547.	4.2	12
65	The Anti-Atherogenic Effects of Thiazolidinediones. <i>Current Diabetes Reviews</i> , 2007, 3, 67-74.	1.3	11
66	CRP and fibrinogen imply clinical outcome of patients with Type-2 diabetes and coronary artery disease. <i>Acta Biochimica Et Biophysica Sinica</i> , 2017, 49, 284-285.	2.0	11
67	The Role of Bioactive Compounds from Dietary Spices in the Management of Metabolic Syndrome: An Overview. <i>Nutrients</i> , 2022, 14, 175.	4.2	11
68	Hormone Therapy Impairs Endothelial Function in Postmenopausal Women with Type 2 Diabetes Mellitus Treated with Rosiglitazone. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2004, 89, 4615-4619.	3.6	10
69	Proteolytic and angiotensin-converting enzyme-inhibitory activities of selected probiotic bacteria. <i>International Journal of Food Science and Technology</i> , 2016, 51, 865-874.	2.7	10
70	Impact of coronavirus 2019 on mental health and lifestyle adaptations of pregnant women in the United Arab Emirates: a cross-sectional study. <i>BMC Pregnancy and Childbirth</i> , 2021, 21, 515.	2.4	10
71	A randomised cross-over pilot study investigating the use of acupuncture to promote weight loss and mental health in overweight and obese individuals participating in a weight loss program. <i>Eating and Weight Disorders</i> , 2015, 20, 379-387.	2.6	8
72	Prognostic implications of myocardial perfusion imaging and coronary calcium score in a Macedonian cohort of asymptomatic patients with type 2 diabetes. <i>Diabetes and Vascular Disease Research</i> , 2017, 14, 285-294.	2.0	8

#	ARTICLE	IF	CITATIONS
73	Assessment of Sodium Knowledge and Urinary Sodium Excretion among Regions of the United Arab Emirates: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 2747.	4.2	8
74	Consumption, Attitudes, and Trends of Vending Machine Foods at a University Campus: A Cross-Sectional Study. <i>Foods</i> , 2021, 10, 2122.	4.3	8
75	Cancer Patients during COVID-19 Pandemic: A Mini-Review. <i>Healthcare (Switzerland)</i> , 2023, 11, 248.	2.1	8
76	The Role of Lifestyle Interventions in the Prevention and Treatment of Gestational Diabetes Mellitus. <i>Medicina (Lithuania)</i> , 2023, 59, 287.	2.0	8
77	Impact of a Nutrition Education Intervention on Salt/Sodium Related Knowledge, Attitude, and Practice of University Students. <i>Frontiers in Nutrition</i> , 2022, 9, 830262.	3.8	7
78	Soluble and Insoluble Dietary Fibre in Date Fruit Varieties: An Evaluation of Methods and Their Implications for Human Health. <i>Foods</i> , 2023, 12, 1231.	4.3	7
79	Letâ€™s Go Bananas! Green Bananas and their Health Benefits. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2017, 38, 147-151.	0.5	6
80	Progression of carotid artery disease could stratify a risk of coronary artery disease patients with type 2 diabetes. <i>Acta Biochimica Et Biophysica Sinica</i> , 2018, 51, 120-122.	2.0	6
81	Assessment of Dietary and Lifestyle Responses After COVID-19 Vaccine Availability in Selected Arab Countries. <i>Frontiers in Nutrition</i> , 2022, 9, 849314.	3.8	6
82	Total dietary fiber analysis in dates and other dry fruits without starch and protein hydrolyzing enzymes. <i>Journal of Food Composition and Analysis</i> , 2022, 108, 104415.	4.0	5
83	Development of a Chinese Medicine Pattern Severity Index for Understanding Eating Disorders. <i>Journal of Alternative and Complementary Medicine</i> , 2012, 18, 597-606.	2.2	4
84	Hormone Therapy Reduces Bone Resorption but not Bone Formation in Postmenopausal Athletes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 15-21.	0.5	4
85	MUC1 immunotherapy against a metastatic mammary adenocarcinoma model: Importance of IFN-gamma. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 15-25.	0.5	4
86	An Effective Model for Prevention and Management of Type 2 Diabetes. <i>Qualitative Health Research</i> , 2016, 26, 603-612.	2.2	4
87	The prevalence of diabetes amongst young Emirati female adults in the United Arab Emirates: A cross-sectional study. <i>PLoS ONE</i> , 2021, 16, e0252884.	2.5	4
88	Polyphenol Rich Sugar Cane Extract Inhibits Bacterial Growth. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2020, 41, 49-57.	0.5	4
89	Plasma Homocysteine in Patients with Coronary and Carotid Artery Disease: A Case Control Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2020, 41, 15-22.	0.5	4
90	Validation of a quantitative web-based food frequency questionnaire to assess dietary intake in the adult Emirati population. <i>PLoS ONE</i> , 2022, 17, e0262150.	2.5	4

#	ARTICLE	IF	CITATIONS
91	Lifestyle Interventions for Prevention and Management of Diet-Linked Non-Communicable Diseases among Adults in Arab Countries. <i>Healthcare (Switzerland)</i> , 2023, 11, 45.	2.1	4
92	The Effects of Hormonal Therapy and Exercise on Bone Turnover in Postmenopausal Women: A Randomised Double-Blind Pilot Study. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2016, 37, 23-32.	0.5	3
93	Health promoting effect of synbiotic yogurt containing pomegranate polyphenols: Scientific evidence. <i>Maturitas</i> , 2017, 100, 141.	2.5	3
94	Risk Factors for Carotid Artery Disease and Chronic Kidney Disease: Same or Unique?. <i>Therapeutic Apheresis and Dialysis</i> , 2018, 22, 410-411.	0.9	3
95	The PAPHIO study protocol: a randomised controlled trial with a 2 x 2 crossover design of physical activity adherence, psychological health and immunological outcomes in breast cancer survivors. <i>BMC Public Health</i> , 2020, 20, 696.	3.0	3
96	Role of vitamin D supplementation in aging patients with COVID-19. <i>Maturitas</i> , 2021, 152, 63-65.	2.5	3
97	Effect of Calorie Restriction and Exercise on Type 2 Diabetes. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2021, 42, 109-126.	0.5	3
98	Psychosocial factors affecting dietary habits of university students: A cross-sectional study. <i>Heliyon</i> , 2022, 8, e09768.	3.3	3
99	Exercise in Menopausal Women. , 2017, , 285-307.		2
100	Immunomodulatory Properties of Polyphenol-Rich Sugarcane Extract on Human Monocytes. <i>Biologics</i> , 2021, 1, 211-221.	4.6	2
101	Single-photon emission computed tomography myocardial ischemia detection in high-risk asymptomatic patients: correlation with coronary calcium score and high-sensitivity C-reactive protein. <i>Indian Journal of Nuclear Medicine</i> , 2019, 34, 99.	0.3	2
102	The First United Arab Emirates National Representative Birth Cohort Study: Study Protocol. <i>Frontiers in Pediatrics</i> , 2022, 10, 857034.	1.9	2
103	Exercise and menopause. , 2022, , 175-192.		2
104	Feeding Practices of Infants and Toddlers by Their Mothers in Selected Northern Emirates of the United Arab Emirates. <i>Nutrients</i> , 2022, 14, 3719.	4.2	2
105	To exercise or not to exercise: relationship between menopausal experience and exercise avoidance. <i>Maturitas</i> , 2015, 81, 138.	2.5	1
106	Effects of a new vaginal cream containing visnadine, prenylflavonoids and bovine colostrum on Vaginal Health Index Score and Female Sexual Function Index in post-menopausal sexually active women affected by vaginal dryness: A pilot study. <i>Maturitas</i> , 2017, 100, 123.	2.5	1
107	The Role of Carotid Stenosis in a Prediction of Prognosis of Coronary Artery Disease. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2021, 42, 53-66.	0.5	1
108	Identification and Effects of Skim Milk-Derived Bioactive Antihypertensive Peptides. <i>Biologics</i> , 2022, 2, 1-14.	4.6	1

#	ARTICLE	IF	CITATIONS
109	Impact of coronavirus 2019 pandemic on post-traumatic stress disorder symptoms among pregnant women in Jordan. <i>Women's Health</i> , 2022, 18, 174550572211129.	1.5	1
110	Barriers and Facilitators of Weight Management among School Children with Obesity: A Qualitative Investigation of Parents's Perceptions. <i>Nutrients</i> , 2022, 14, 5117.	4.2	1
111	The Effect of Therapeutic Doses of Culinary Spices in Metabolic Syndrome: A Randomized Controlled Trial. <i>Nutrients</i> , 2024, 16, 1685.	4.2	1
112	The effects of vitamin B in mental health and cognition. <i>Maturitas</i> , 2017, 100, 188-189.	2.5	0
113	Type 2 Diabetes in People from Culturally and Linguistically Diverse Backgrounds: Perspectives for Training and Practice from Nutritional Therapy and Dietician Professions. <i>Prilozi - Makedonska Akademija Na Naukite I Umetnostite Oddelenie Za Medicinski Nauki</i> , 2017, 38, 15-24.	0.5	0
114	Calcium Absorption from Fortified Soymilk in Osteopenic Postmenopausal Women. , 2013, , 79-89.		0
115	Calcium-Fortified Soymilk: Function and Health Benefits. , 2015, , 310-328.		0