

Damoon Ashtary-Larky

List of Publications by Year in descending order

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Version: 2024-02-01

61
papers

1,536
citations

411340

20
h-index

425179

34
g-index

62
all docs

62
docs citations

62
times ranked

1678
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of green tea supplementation on serum concentrations of adiponectin in patients with type 2 diabetes mellitus: a systematic review and meta-analysis. Archives of Physiology and Biochemistry, 2023, 129, 536-543.	1.0	15
2	Folic acid supplementation and blood pressure: a GRADE-assessed systematic review and dose-response meta-analysis of 41,633 participants. Critical Reviews in Food Science and Nutrition, 2023, 63, 1846-1861.	5.4	10
3	The effects of artificial- and stevia-based sweeteners on lipid profile in adults: a GRADE-assessed systematic review, meta-analysis, and meta-regression of randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2023, 63, 5063-5079.	5.4	6
4	Effects of resistance training combined with a ketogenic diet on body composition: a systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 5717-5732.	5.4	22
5	Effects of betaine supplementation on cardiovascular markers: A systematic review and Meta-analysis. Critical Reviews in Food Science and Nutrition, 2022, 62, 6516-6533.	5.4	14
6	Spirulina supplementation during gradual weight loss in competitive wrestlers. British Journal of Nutrition, 2022, 127, 248-256.	1.2	4
7	Beneficial effects of folic acid supplementation on lipid markers in adults: A GRADE-assessed systematic review and dose-response meta-analysis of data from 21,787 participants in 34 randomized controlled trials. Critical Reviews in Food Science and Nutrition, 2022, 62, 8435-8453.	5.4	14
8	Effects of Icelandic yogurt consumption and resistance training in healthy untrained older males. British Journal of Nutrition, 2022, 127, 1334-1342.	1.2	9
9	Ketogenic diets, physical activity and body composition: a review. British Journal of Nutrition, 2022, 127, 1898-1920.	1.2	21
10	Response to: resistance exercise in lean older adults: mind the gap in energy intake. British Journal of Nutrition, 2022, 128, 363-364.	1.2	3
11	The Effects of Soy Products on Cardiovascular Risk Factors in Patients with Type 2 Diabetes: A Systematic Review and Meta-analysis of Clinical Trials. Advances in Nutrition, 2022, 13, 455-473.	2.9	11
12	Betaine supplementation fails to improve body composition: a systematic review and meta-analysis. British Journal of Nutrition, 2022, 128, 975-988.	1.2	2
13	Preservation of fat-free mass in the first year after bariatric surgery: a systematic review and meta-analysis of 122 studies and 10,758 participants. Surgery for Obesity and Related Diseases, 2022, 18, 964-982.	1.0	8
14	Effects of beta-alanine supplementation on body composition: a GRADE-assessed systematic review and meta-analysis. Journal of the International Society of Sports Nutrition, 2022, 19, 196-218.	1.7	3
15	Effect of green tea on glycemic control in patients with type 2 diabetes mellitus: A systematic review and meta-analysis. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2021, 15, 23-31.	1.8	22
16	The effects of magnesium and vitamin E co-supplementation on some cardiovascular risk factors: A meta-analysis. Clinical Nutrition ESPEN, 2021, 41, 110-117.	0.5	13
17	The effects of gradual vs. rapid weight loss on serum concentrations of myokines and body composition in overweight and obese females. Archives of Physiology and Biochemistry, 2021, , 1-8.	1.0	5
18	The effect of exercise training on serum concentrations of chemerin in patients with metabolic diseases: a systematic review and meta-analysis. Archives of Physiology and Biochemistry, 2021, , 1-10.	1.0	4

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19	Strategic Ingestion of High-Protein Dairy Milk during a Resistance Training Program Increases Lean Mass, Strength, and Power in Trained Young Males. <i>Nutrients</i> , 2021, 13, 948.	1.7	23
20	The effects of exercise training on serum concentrations of chemerin in individuals with overweight and obesity: a systematic review, meta-analysis, and meta-regression of 43 clinical trials. <i>Archives of Physiology and Biochemistry</i> , 2021, , 1-16.	1.0	5
21	Impact of saffron (<i>Crocus Sativus</i> Linn) supplementation and resistance training on markers implicated in depression and happiness levels in untrained young males. <i>Physiology and Behavior</i> , 2021, 233, 113352.	1.0	21
22	Effects of Folic Acid Supplementation on Oxidative Stress Markers: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Antioxidants</i> , 2021, 10, 871.	2.2	46
23	Effects of 6 Months of Soy-Enriched High Protein Compared to Eucaloric Low Protein Snack Replacement on Appetite, Dietary Intake, and Body Composition in Normal-Weight Obese Women: A Randomized Controlled Trial. <i>Nutrients</i> , 2021, 13, 2266.	1.7	9
24	The Effects of Nano-Curcumin Supplementation on Risk Factors for Cardiovascular Disease: A GRADE-Assessed Systematic Review and Meta-Analysis of Clinical Trials. <i>Antioxidants</i> , 2021, 10, 1015.	2.2	41
25	Effects of chromium supplementation on lipid profile in patients with type 2 diabetes: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Journal of Trace Elements in Medicine and Biology</i> , 2021, 66, 126741.	1.5	23
26	Folic Acid Supplementation Improves Glycemic Control for Diabetes Prevention and Management: A Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2355.	1.7	29
27	Effects of Folic Acid Supplementation on Inflammatory Markers: A Grade-Assessed Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2327.	1.7	24
28	Does vitamin C supplementation exert profitable effects on serum lipid profile in patients with type 2 diabetes? A systematic review and dose-response meta-analysis. <i>Pharmacological Research</i> , 2021, 169, 105665.	3.1	22
29	Effects of chromium supplementation on blood pressure, body mass index, liver function enzymes and malondialdehyde in patients with type 2 diabetes: A systematic review and dose-response meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2021, 60, 102755.	1.3	22
30	Effects of intermittent fasting combined with resistance training on body composition: a systematic review and meta-analysis. <i>Physiology and Behavior</i> , 2021, 237, 113453.	1.0	15
31	The Effect of Saffron Supplementation on Blood Pressure in Adults: A Systematic Review and Dose-Response Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2021, 13, 2736.	1.7	13
32	The Association between Vitamin D and Zinc Status and the Progression of Clinical Symptoms among Outpatients Infected with SARS-CoV-2 and Potentially Non-Infected Participants: A Cross-Sectional Study. <i>Nutrients</i> , 2021, 13, 3368.	1.7	15
33	Whole Egg Vs. Egg White Ingestion During 12 weeks of Resistance Training in Trained Young Males: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 411-419.	1.0	21
34	The Effects of TRX Suspension Training Combined with Taurine Supplementation on Body Composition, Glycemic and Lipid Markers in Women with Type 2 Diabetes. <i>Nutrients</i> , 2021, 13, 3958.	1.7	10
35	A single injection of vitamin D ₃ improves insulin sensitivity and β -cell function but not muscle damage or the inflammatory and cardiovascular responses to an acute bout of resistance exercise in vitamin D-deficient resistance-trained males. <i>British Journal of Nutrition</i> , 2020, 123, 394-401.	1.2	8
36	Does green tea extract enhance the anti-inflammatory effects of exercise on fat loss?. <i>British Journal of Clinical Pharmacology</i> , 2020, 86, 753-762.	1.1	58

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37	Effects of Ramadan intermittent fasting on inflammatory and biochemical biomarkers in males with obesity. <i>Physiology and Behavior</i> , 2020, 225, 113090.	1.0	33
38	Effects of Interval Jump Rope Exercise Combined with Dark Chocolate Supplementation on Inflammatory Adipokine, Cytokine Concentrations, and Body Composition in Obese Adolescent Boys. <i>Nutrients</i> , 2020, 12, 3011.	1.7	22
39	Comparison of whole egg <i>v</i>. egg white ingestion during 12 weeks of resistance training on skeletal muscle regulatory markers in resistance-trained men. <i>British Journal of Nutrition</i> , 2020, 124, 1035-1043.	1.2	22
40	Effects of gradual weight loss <i>v</i>. rapid weight loss on body composition and RMR: a systematic review and meta-analysis. <i>British Journal of Nutrition</i> , 2020, 124, 1121-1132.	1.2	29
41	The effect of 12 weeks of euenergetic high-protein diet in regulating appetite and body composition of women with normal-weight obesity: a randomised controlled trial. <i>British Journal of Nutrition</i> , 2020, 124, 1044-1051.	1.2	14
42	Effects of the Mediterranean diet on cardiovascular risk factors in non-alcoholic fatty liver disease patients: A systematic review and meta-analysis. <i>Clinical Nutrition ESPEN</i> , 2020, 37, 148-156.	0.5	35
43	Effects of green tea extract supplementation and endurance training on irisin, pro-inflammatory cytokines, and adiponectin concentrations in overweight middle-aged men. <i>European Journal of Applied Physiology</i> , 2020, 120, 915-923.	1.2	42
44	Effect of green tea extract on lipid profile in patients with type 2 diabetes mellitus: A systematic review and meta-analysis. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020, 14, 293-301.	1.8	25
45	Effects of hydrotherapy with massage on serum nerve growth factor concentrations and balance in middle aged diabetic neuropathy patients. <i>Complementary Therapies in Clinical Practice</i> , 2020, 39, 101141.	0.7	11
46	Are young Iranian women with metabolically healthy obesity at increased risk of CVD incidence?. <i>Jornal Vascular Brasileiro</i> , 2020, 19, e20190106.	0.1	9
47	An update and systematic review on the treatment of primary dysmenorrhea. <i>Jornal Brasileiro De Reproducao Assistida</i> , 2019, 23, 51-57.	0.3	55
48	Anti-Inflammatory and Immunomodulatory Effects of Barberry (<i>Berberis vulgaris</i>) and Its Main Compounds. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-10.	1.9	25
49	The Influence of Psychological Stress on the Initiation and Progression of Diabetes and Cancer. <i>International Journal of Endocrinology and Metabolism</i> , 2019, In Press, e67400.	0.3	24
50	Waist Circumference to Height Ratio: Better Correlation with Fat Mass Than Other Anthropometric Indices During Dietary Weight Loss in Different Rates. <i>International Journal of Endocrinology and Metabolism</i> , 2018, 16, e55023.	0.3	32
51	Rapid Weight Loss vs. Slow Weight Loss: Which is More Effective on Body Composition and Metabolic Risk Factors?. <i>International Journal of Endocrinology and Metabolism</i> , 2017, In Press, e13249.	0.3	35
52	Inflammatory and Biochemical Biomarkers in Response to High Intensity Resistance Training in Trained and Untrained Men. <i>Asian Journal of Sports Medicine</i> , 2017, In Press, .	0.1	8
53	The role of medicinal plants in the treatment of diabetes: a systematic review. <i>Electronic Physician</i> , 2016, 8, 1832-1842.	0.2	247
54	Inflammatory Biomarkersâ€™ Response to Two Different Intensities of a Single Bout Exercise Among Soccer Players. <i>Iranian Red Crescent Medical Journal</i> , 2016, In Press, e21498.	0.5	30

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55	Anti-fertility effect of hydro-alcoholic extract of fennel (<i>Foeniculum vulgare</i> Mill) seed in male Wistar rats. <i>Journal of Veterinary Research (Poland)</i> , 2016, 60, 357-363.	0.3	17
56	Phytochemistry, pharmacology, and therapeutic uses of black seed (<i>Nigella sativa</i>). <i>Chinese Journal of Natural Medicines</i> , 2016, 14, 732-745.	0.7	152
57	Evaluation of Insulin Resistance Indices in Type 2 Diabetic Patients Treated with Different Anti-Diabetic Drugs. <i>Open Journal of Endocrine and Metabolic Diseases</i> , 2016, 06, 95-101.	0.2	10
58	Salivary Testosterone Levels Under Psychological Stress and Its Relationship with Rumination and Five Personality Traits in Medical Students. <i>Psychiatry Investigation</i> , 2016, 13, 637.	0.7	19
59	Association of Smoking With Semen Quality and $\tilde{\mu}$ -Calpain Level in Normospermia: A Case-Control Study. <i>Journal of Family & Reproductive Health</i> , 2016, 10, 15-20.	0.4	1
60	The Effect of Hydro-Alcoholic Extract of <i>Foeniculum vulgare</i> Mill on Leukocytes and Hematological Tests in Male Rats. <i>Jundishapur Journal of Natural Pharmaceutical Products</i> , 2015, 10, e18396.	0.3	19
61	The Effects of Hydroalcoholic Extract of <i>Apium graveolens</i> Leaf on the Number of Sexual Cells and Testicular Structure in Rat. <i>Jundishapur Journal of Natural Pharmaceutical Products</i> , 2014, 9, e17532.	0.3	29