Marius S Fimland

List of Publications by Year
in descending order

Source: https://exaly.com/author-pdf/1037179/publications.pdf

Version: 2024-02-01

29	904	471371	477173
papers	citations	17	29
		h-index	g-index

29	29	29	920
all docs	docs citations	times ranked	citing authors

#	Article	IF	Citations
1	Neural adaptations underlying cross-education after unilateral strength training. European Journal of Applied Physiology, 2009, 107, 723-730.	1.2	89
2	Enhanced neural drive after maximal strength training in multiple sclerosis patients. European Journal of Applied Physiology, 2010, 110, 435-443.	1.2	84
3	A comparison of muscle activity and 1-RM strength of three chest-press exercises with different stability requirements. Journal of Sports Sciences, 2011, 29, 533-538.	1.0	70
4	Muscle Force Output and Electromyographic Activity in Squats With Various Unstable Surfaces. Journal of Strength and Conditioning Research, 2013, 27, 130-136.	1.0	65
5	The influence of maximal isometric activity on twitch and H-reflex potentiation, and quadriceps femoris performance. European Journal of Applied Physiology, 2008, 104, 739-748.	1.2	60
6	Maximal Strength Training Enhances Strength and Functional Performance in Chronic Stroke Survivors. American Journal of Physical Medicine and Rehabilitation, 2012, 91, 393-400.	0.7	55
7	Maximal strength training improves work economy, rate of force development and maximal strength more than conventional strength training. European Journal of Applied Physiology, 2013, 113, 1565-1573.	1.2	55
8	Electromyographic Activity and 6RM Strength in Bench Press on Stable and Unstable Surfaces. Journal of Strength and Conditioning Research, 2013, 27, 1101-1107.	1.0	52
9	Functional maximal strength training induces neural transfer to single-joint tasks. European Journal of Applied Physiology, 2009, 107, 21-29.	1.2	47
10	Occupational rehabilitation programs for musculoskeletal pain and common mental health disorders: study protocol of a randomized controlled trial. BMC Public Health, 2014, 14, 368.	1.2	46
11	No Time to Lift? Designing Time-Efficient Training Programs for Strength and Hypertrophy: A Narrative Review. Sports Medicine, 2021, 51, 2079-2095.	3.1	46
12	Effects of Body Position and Loading Modality on Muscle Activity and Strength in Shoulder Presses. Journal of Strength and Conditioning Research, 2013, 27, 1824-1831.	1.0	27
13	Test-Retest Reliability of V-Wave Responses in the Soleus and Gastrocnemius Medialis. Journal of Clinical Neurophysiology, 2011, 28, 217-221.	0.9	22
14	Effects of Grip Width on Muscle Strength and Activation in the Lat Pull-Down. Journal of Strength and Conditioning Research, 2014, 28, 1135-1142.	1.0	21
15	Effects of BOSU Ball(s) During Sit-Ups With Body Weight and Added Resistance on Core Muscle Activation. Journal of Strength and Conditioning Research, 2014, 28, 3515-3522.	1.0	20
16	Sick-listed personsâ€™ experiences with taking part in an in-patient occupational rehabilitation program based on Acceptance and Commitment Therapy: a qualitative focus group interview study. BMC Health Services Research, 2015, 15, 526.	0.9	20
17	Effects of Replacing Free Weights With Elastic Band Resistance in Squats on Trunk Muscle Activation. Journal of Strength and Conditioning Research, 2014, 28, 3056-3062.	1.0	19
18	No effect of prior caffeine ingestion on neuromuscular recovery after maximal fatiguing contractions. European Journal of Applied Physiology, 2010, 108, 123-130.	1.2	17

#	Article	IF	Citations
19	Elastic Bands in Combination With Free Weights in Strength Training. Journal of Strength and Conditioning Research, 2015, 29, 2932-2940.	1.0	17
20	Explosive Resistance Training Using Elastic Bands in Young Female Team Handball Players. Sports Medicine International Open, 2018, 02, E171-E178.	0.3	14
21	Electromyographic comparison of the barbell deadlift using constant versus variable resistance in healthy, trained men. PLoS ONE, 2019, 14, e0211021.	1.1	13
22	Core Muscle Activation in One-Armed and Two-Armed Kettlebell Swing. Journal of Strength and Conditioning Research, 2016, 30, 1196-1204.	1.0	12
23	Nordic walking and specific strength training for neck- and shoulder pain in office workers: a pilot-study. European Journal of Physical and Rehabilitation Medicine, 2017, 53, 928-935.	1.1	12
24	Periodized resistance training for persistent non-specific low back pain: a mixed methods feasibility study. BMC Sports Science, Medicine and Rehabilitation, 2020, 12, 30.	0.7	7
25	Describing patients with a duration of sick leave over and under one year in Norway. Scandinavian Journal of Occupational Therapy, 2015, 22, 72-80.	1.1	4
26	Unfolding the values of work â€“ therapistsÂ´ experience of addressing the return to work process in occupational rehabilitation based on Acceptance and Commitment Therapy. BMC Health Services Research, 2018, 18, 303.	0.9	3
27	The acceptance and commitment therapy model in occupational rehabilitation of musculoskeletal and common mental disorders: a qualitative focus group study. Disability and Rehabilitation, 2019, 41, 3181-3191.	0.9	3
28	Response to Comment on: â€œNo Time to Lift? Designing Timeâ€Efficient Training Programs for Strength and Hypertrophy: A Narrative Reviewâ€• Sports Medicine, 2021, , 1.	3.1	2
29	Classification of kneeling and squatting in workers wearing protective equipment: development and validation of a rule-based model using wireless triaxial accelerometers. Ergonomics, 2022, 65, 1410-1420.	1.1	2