

Lina Begdache

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/102309/publications.pdf>

Version: 2024-02-01

16
papers

210
citations

1306789

7
h-index

1125271

13
g-index

16
all docs

16
docs citations

16
times ranked

204
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|--|-----|-----------|
| 1 | The Impact of the Different Stages of COVID-19, Time of the Week and Exercise Frequency on Mental Distress in Men and Women. <i>Nutrients</i> , 2022, 14, 2572. | 1.7 | 2 |
| 2 | Dietary Factors, Time of the Week, Physical Fitness and Saliva Cortisol: Their Modulatory Effect on Mental Distress and Mood. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7001. | 1.2 | 2 |
| 3 | Customization of Diet May Promote Exercise and Improve Mental Wellbeing in Mature Adults: The Role of Exercise as a Mediator. <i>Journal of Personalized Medicine</i> , 2021, 11, 435. | 1.1 | 7 |
| 4 | A Differential Threshold of Breakfast, Caffeine and Food Groups May Be Impacting Mental Well-Being in Young Adults: The Mediation Effect of Exercise. <i>Frontiers in Nutrition</i> , 2021, 8, 676604. | 1.6 | 3 |
| 5 | Dynamic associations between daily alternate healthy eating index, exercise, sleep, seasonal change and mental distress among young and mature men and women. <i>Journal of Affective Disorders Reports</i> , 2021, 5, 100157. | 0.9 | 0 |
| 6 | Diet, Exercise, Lifestyle, and Mental Distress among Young and Mature Men and Women: A Repeated Cross-Sectional Study. <i>Nutrients</i> , 2021, 13, 24. | 1.7 | 18 |
| 7 | Validity and reliability of Turkish version of the Foodâ€Mood Questionnaire for university students. <i>Public Health Nutrition</i> , 2021, , 1-9. | 1.1 | 1 |
| 8 | College Education on Dietary Supplements May Promote Responsible Use In Young Adults. <i>Journal of Dietary Supplements</i> , 2020, 17, 67-80. | 1.4 | 9 |
| 9 | Principal component analysis identifies differential gender-specific dietary patterns that may be linked to mental distress in human adults. <i>Nutritional Neuroscience</i> , 2020, 23, 295-308. | 1.5 | 13 |
| 10 | Sweat and saliva cortisol response to stress and nutrition factors. <i>Scientific Reports</i> , 2020, 10, 19050. | 1.6 | 52 |
| 11 | Prediction of Mental Illness in Heart Disease Patients: Association of Comorbidities, Dietary Supplements, and Antibiotics as Risk Factors. <i>Journal of Personalized Medicine</i> , 2020, 10, 214. | 1.1 | 3 |
| 12 | Common and differential associations between levels of alcohol drinking, gender-specific neurobehaviors and mental distress in college students. <i>Trends in Neuroscience and Education</i> , 2020, 19, 100129. | 1.5 | 3 |
| 13 | Comparison of Colorimetric Analyses to Determine Cortisol in Human Sweat. <i>ACS Omega</i> , 2020, 5, 8211-8218. | 1.6 | 41 |
| 14 | Validity and reliability of Foodâ€Mood Questionnaire (FMQ). <i>Nutrition and Health</i> , 2019, 25, 253-264. | 0.6 | 10 |
| 15 | Principal component regression of academic performance, substance use and sleep quality in relation to risk of anxiety and depression in young adults. <i>Trends in Neuroscience and Education</i> , 2019, 15, 29-37. | 1.5 | 23 |
| 16 | Assessment of dietary factors, dietary practices and exercise on mental distress in young adults versus matured adults: A cross-sectional study. <i>Nutritional Neuroscience</i> , 2019, 22, 488-498. | 1.5 | 23 |