

Lina Begdache

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/102309/publications.pdf>

Version: 2024-02-01

16
papers

210
citations

1306789

7
h-index

1125271

13
g-index

16
all docs

16
docs citations

16
times ranked

204
citing authors

#	ARTICLE	IF	CITATIONS
1	Sweat and saliva cortisol response to stress and nutrition factors. <i>Scientific Reports</i> , 2020, 10, 19050.	1.6	52
2	Comparison of Colorimetric Analyses to Determine Cortisol in Human Sweat. <i>ACS Omega</i> , 2020, 5, 8211-8218.	1.6	41
3	Principal component regression of academic performance, substance use and sleep quality in relation to risk of anxiety and depression in young adults. <i>Trends in Neuroscience and Education</i> , 2019, 15, 29-37.	1.5	23
4	Assessment of dietary factors, dietary practices and exercise on mental distress in young adults versus matured adults: A cross-sectional study. <i>Nutritional Neuroscience</i> , 2019, 22, 488-498.	1.5	23
5	Diet, Exercise, Lifestyle, and Mental Distress among Young and Mature Men and Women: A Repeated Cross-Sectional Study. <i>Nutrients</i> , 2021, 13, 24.	1.7	18
6	Principal component analysis identifies differential gender-specific dietary patterns that may be linked to mental distress in human adults. <i>Nutritional Neuroscience</i> , 2020, 23, 295-308.	1.5	13
7	Validity and reliability of Foodâ€™Mood Questionnaire (FMQ). <i>Nutrition and Health</i> , 2019, 25, 253-264.	0.6	10
8	College Education on Dietary Supplements May Promote Responsible Use In Young Adults. <i>Journal of Dietary Supplements</i> , 2020, 17, 67-80.	1.4	9
9	Customization of Diet May Promote Exercise and Improve Mental Wellbeing in Mature Adults: The Role of Exercise as a Mediator. <i>Journal of Personalized Medicine</i> , 2021, 11, 435.	1.1	7
10	Prediction of Mental Illness in Heart Disease Patients: Association of Comorbidities, Dietary Supplements, and Antibiotics as Risk Factors. <i>Journal of Personalized Medicine</i> , 2020, 10, 214.	1.1	3
11	Common and differential associations between levels of alcohol drinking, gender-specific neurobehaviors and mental distress in college students. <i>Trends in Neuroscience and Education</i> , 2020, 19, 100129.	1.5	3
12	A Differential Threshold of Breakfast, Caffeine and Food Groups May Be Impacting Mental Well-Being in Young Adults: The Mediation Effect of Exercise. <i>Frontiers in Nutrition</i> , 2021, 8, 676604.	1.6	3
13	The Impact of the Different Stages of COVID-19, Time of the Week and Exercise Frequency on Mental Distress in Men and Women. <i>Nutrients</i> , 2022, 14, 2572.	1.7	2
14	Dietary Factors, Time of the Week, Physical Fitness and Saliva Cortisol: Their Modulatory Effect on Mental Distress and Mood. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 7001.	1.2	2
15	Validity and reliability of Turkish version of the Foodâ€™Mood Questionnaire for university students. <i>Public Health Nutrition</i> , 2021, , 1-9.	1.1	1
16	Dynamic associations between daily alternate healthy eating index, exercise, sleep, seasonal change and mental distress among young and mature men and women. <i>Journal of Affective Disorders Reports</i> , 2021, 5, 100157.	0.9	0