## InÃas Mendes

## List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/10202377/publications.pdf

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1937685 1872680 8 71 4 6 citations h-index g-index papers 10 10 10 157 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Mediterranean Diet Increases Endothelial Function in Adults: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. Journal of Nutrition, 2020, 150, 1151-1159.	2.9	41
2	Sarcopenic obesity and insulin resistance: Application of novel body composition models. Nutrition, 2020, 75-76, 110765.	2.4	13
3	Acceptability and Feasibility of a 13-Week Pilot Randomised Controlled Trial Testing the Effects of Incremental Doses of Beetroot Juice in Overweight and Obese Older Adults. Nutrients, 2021, 13, 769.	4.1	8
4	Reduced plasma carotenoids in individuals suffering from metabolic diseases with disturbances in lipid metabolism: a systematic review and meta-analysis of observational studies. International Journal of Food Sciences and Nutrition, 2021, 72, 879-891.	2.8	5
5	Efficacy of a Salt Iodization Program on Iodine Status and Intakes in Schoolchildren of São Miguel Island, Azores, Portugal. European Thyroid Journal, 2021, 10, 109-113.	2.4	3
6	Iodine Status, Dietary Iodine Intake, and Iodized Salt in School-Age Children in S. Miguel Island, Azores, Portugal. Nutrition, 2022, , 111681.	2.4	1
7	lodine deficiency in pregnant women on S $ ilde{A}$ £o Miguel Island, Azores. Assessing the Impact of Corrective Measures. Revista Portuguesa De Endocrinologia Diabetes E Metabolismo, 2021, .	0.1	O
8	Contribution for Validation of a Questionnaire about Carbohydrate Count and Insulin Dosage in Youth with Type 1 Diabetes Intensive Insulin Therapy. Revista Portuguesa De Endocrinologia Diabetes E Metabolismo, 2020, .	0.1	0