

Jasper A J Smits

List of Publications by Citations

Source: <https://exaly.com/author-pdf/1018967/jasper-a-j-smits-publications-by-citations.pdf>

Version: 2024-04-26

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

210
papers

8,957
citations

47
h-index

89
g-index

216
ext. papers

10,287
ext. citations

5.2
avg, IF

6.29
L-index

#	Paper	IF	Citations
210	Cognitive-behavioral therapy for adult anxiety disorders: a meta-analysis of randomized placebo-controlled trials. <i>Journal of Clinical Psychiatry</i> , 2008 , 69, 621-32	4.6	912
209	A meta-analysis of the efficacy of acceptance and commitment therapy for clinically relevant mental and physical health problems. <i>Psychotherapy and Psychosomatics</i> , 2015 , 84, 30-6	9.4	526
208	Augmentation of exposure therapy with D-cycloserine for social anxiety disorder. <i>Archives of General Psychiatry</i> , 2006 , 63, 298-304		457
207	Exercise Interventions for Mental Health: A Quantitative and Qualitative Review.. <i>Clinical Psychology: Science and Practice</i> , 2006 , 13, 179-193	3.7	374
206	Cognitive-behavioral therapy for obsessive-compulsive disorder: a meta-analysis of treatment outcome and moderators. <i>Journal of Psychiatric Research</i> , 2013 , 47, 33-41	5.2	362
205	Cognitive behavioral therapy for anxiety and related disorders: A meta-analysis of randomized placebo-controlled trials. <i>Depression and Anxiety</i> , 2018 , 35, 502-514	8.4	305
204	Let's get physical: a contemporary review of the anxiolytic effects of exercise for anxiety and its disorders. <i>Depression and Anxiety</i> , 2013 , 30, 362-73	8.4	198
203	Reducing anxiety sensitivity with exercise. <i>Depression and Anxiety</i> , 2008 , 25, 689-99	8.4	192
202	D-Cycloserine Augmentation of Exposure-Based Cognitive Behavior Therapy for Anxiety, Obsessive-Compulsive, and Posttraumatic Stress Disorders: A Systematic Review and Meta-analysis of Individual Participant Data. <i>JAMA Psychiatry</i> , 2017 , 74, 501-510	14.5	175
201	Mechanism of change in cognitive-behavioral treatment of panic disorder: evidence for the fear of fear mediational hypothesis. <i>Journal of Consulting and Clinical Psychology</i> , 2004 , 72, 646-52	6.5	171
200	The efficacy of cognitive-behavioral interventions for reducing anxiety sensitivity: a meta-analytic review. <i>Behaviour Research and Therapy</i> , 2008 , 46, 1047-54	5.2	170
199	Disentangling the effects of safety-behavior utilization and safety-behavior availability during exposure-based treatment: a placebo-controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , 2004 , 72, 448-54	6.5	138
198	Threat reappraisal as a mediator of symptom change in cognitive-behavioral treatment of anxiety disorders: a systematic review. <i>Journal of Consulting and Clinical Psychology</i> , 2012 , 80, 624-35	6.5	128
197	D-cycloserine enhancement of fear extinction is specific to successful exposure sessions: evidence from the treatment of height phobia. <i>Biological Psychiatry</i> , 2013 , 73, 1054-8	7.9	119
196	An examination of the decline in fear and disgust during exposure-based treatment. <i>Behaviour Research and Therapy</i> , 2002 , 40, 1243-53	5.2	119
195	Combined Psychotherapy and Pharmacotherapy for Mood and Anxiety Disorders in Adults: Review and Analysis.. <i>Clinical Psychology: Science and Practice</i> , 2005 , 12, 72-86	3.7	110
194	Cognitive-behavioral therapy for hypochondriasis/health anxiety: a meta-analysis of treatment outcome and moderators. <i>Behaviour Research and Therapy</i> , 2014 , 58, 65-74	5.2	109

193	Cognitive mechanisms of social anxiety reduction: an examination of specificity and temporality. <i>Journal of Consulting and Clinical Psychology</i> , 2006 , 74, 1203-12	6.5	102
192	Exercise Augmentation of Exposure Therapy for PTSD: Rationale and Pilot Efficacy Data. <i>Cognitive Behaviour Therapy</i> , 2015 , 44, 314-27	4.4	100
191	D-Cycloserine as an augmentation strategy with cognitive-behavioral therapy for social anxiety disorder. <i>American Journal of Psychiatry</i> , 2013 , 170, 751-8	11.9	94
190	D-cycloserine enhancement of exposure therapy for social anxiety disorder depends on the success of exposure sessions. <i>Journal of Psychiatric Research</i> , 2013 , 47, 1455-61	5.2	91
189	Facilitation of fear extinction in phobic participants with a novel cognitive enhancer: a randomized placebo controlled trial of yohimbine augmentation. <i>Journal of Anxiety Disorders</i> , 2009 , 23, 350-6	10.9	91
188	Social anxiety disorder in DSM-5. <i>Depression and Anxiety</i> , 2014 , 31, 472-9	8.4	83
187	Anxiety sensitivity and working memory capacity: Risk factors and targets for health behavior promotion. <i>Clinical Psychology Review</i> , 2016 , 49, 67-78	10.8	83
186	Does distress tolerance moderate the impact of major life events on psychosocial variables and behaviors important in the management of HIV?. <i>Behavior Therapy</i> , 2007 , 38, 314-23	4.8	77
185	Is it Beneficial to Add Pharmacotherapy to Cognitive-Behavioral Therapy when Treating Anxiety Disorders? A Meta-Analytic Review. <i>International Journal of Cognitive Therapy</i> , 2009 , 2, 160-175	1.4	75
184	Behavioral therapies for treatment-seeking cannabis users: a meta-analysis of randomized controlled trials. <i>Evaluation and the Health Professions</i> , 2015 , 38, 94-114	2.5	74
183	Specificity of disgust vulnerability in the distinction and treatment of OCD. <i>Journal of Psychiatric Research</i> , 2011 , 45, 1236-42	5.2	72
182	The Efficacy of Vigorous-Intensity Exercise as an Aid to Smoking Cessation in Adults With High Anxiety Sensitivity: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2016 , 78, 354-64	3.7	71
181	Examination of the decline in fear and disgust during exposure to threat-relevant stimuli in blood-injection-injury phobia. <i>Journal of Anxiety Disorders</i> , 2007 , 21, 445-55	10.9	70
180	Empirically supported treatments for panic disorder. <i>Psychiatric Clinics of North America</i> , 2009 , 32, 593-610	3.0	69
179	Augmentation of exposure therapy with post-session administration of D-cycloserine. <i>Journal of Psychiatric Research</i> , 2013 , 47, 168-74	5.2	62
178	Exploring exercise as an avenue for the treatment of anxiety disorders. <i>Expert Review of Neurotherapeutics</i> , 2012 , 12, 1011-22	4.3	62
177	Psychological, addictive, and health behavior implications of the COVID-19 pandemic. <i>Behaviour Research and Therapy</i> , 2020 , 134, 103715	5.2	61
176	Differential sensitivity of the three ASI factors in predicting panic disorder patients's subjective and behavioral response to hyperventilation challenge. <i>Journal of Anxiety Disorders</i> , 2003 , 17, 583-91	10.9	60

175	Behavioral versus cognitive treatment of obsessive-compulsive disorder: an examination of outcome and mediators of change. <i>Journal of Consulting and Clinical Psychology</i> , 2013 , 81, 415-28	6.5	59
174	Attention training to reduce attention bias and social stressor reactivity: an attempt to replicate and extend previous findings. <i>Behaviour Research and Therapy</i> , 2012 , 50, 350-8	5.2	57
173	Identifying potential barriers to physical activity adherence: anxiety sensitivity and body mass as predictors of fear during exercise. <i>Cognitive Behaviour Therapy</i> , 2010 , 39, 28-36	4.4	57
172	Yohimbine enhancement of exposure therapy for social anxiety disorder: a randomized controlled trial. <i>Biological Psychiatry</i> , 2014 , 75, 840-6	7.9	52
171	Fear activation and distraction during the emotional processing of claustrophobic fear. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2004 , 35, 219-32	2.6	52
170	Enhancement of Psychosocial Treatment With D-Cycloserine: Models, Moderators, and Future Directions. <i>Biological Psychiatry</i> , 2016 , 80, 274-283	7.9	51
169	Effects of post-session administration of methylene blue on fear extinction and contextual memory in adults with claustrophobia. <i>American Journal of Psychiatry</i> , 2014 , 171, 1091-8	11.9	51
168	The effect of attributional processes concerning medication taking on return of fear. <i>Journal of Consulting and Clinical Psychology</i> , 2008 , 76, 478-90	6.5	51
167	Anxiety sensitivity and marijuana use: an analysis from ecological momentary assessment. <i>Depression and Anxiety</i> , 2011 , 28, 420-6	8.4	50
166	A meta-analytic review of cognitive processing therapy for adults with posttraumatic stress disorder. <i>Cognitive Behaviour Therapy</i> , 2019 , 48, 1-14	4.4	49
165	D-cycloserine augmentation of cognitive behavioral therapy for anxiety disorders: an update. <i>Current Psychiatry Reports</i> , 2015 , 17, 532	9.1	48
164	The efficacy of videotape feedback for enhancing the effects of exposure-based treatment for social anxiety disorder: a controlled investigation. <i>Behaviour Research and Therapy</i> , 2006 , 44, 1773-85	5.2	48
163	Panic attack history and anxiety sensitivity in relation to cognitive-based smoking processes among treatment-seeking daily smokers. <i>Nicotine and Tobacco Research</i> , 2013 , 15, 1-10	4.9	47
162	Cognitive enhancers for anxiety disorders. <i>Pharmacology Biochemistry and Behavior</i> , 2011 , 99, 275-84	3.9	45
161	Effects of anxiety sensitivity reduction on smoking abstinence: An analysis from a panic prevention program. <i>Journal of Consulting and Clinical Psychology</i> , 2018 , 86, 474-485	6.5	45
160	Predictors of PTSD symptoms in adults admitted to a Level I trauma center: a prospective analysis. <i>Journal of Anxiety Disorders</i> , 2014 , 28, 301-9	10.9	44
159	The role of smoking inflexibility/avoidance in the relation between anxiety sensitivity and tobacco use and beliefs among treatment-seeking smokers. <i>Experimental and Clinical Psychopharmacology</i> , 2014 , 22, 229-237	3.2	41
158	A meta-analytic review of the effects of psychotherapy control conditions for anxiety disorders. <i>Psychological Medicine</i> , 2009 , 39, 229-39	6.9	39

157	D-cycloserine augmentation of cognitive behavioral group therapy of social anxiety disorder: prognostic and prescriptive variables. <i>Journal of Consulting and Clinical Psychology</i> , 2013 , 81, 1100-12	6.5	38
156	Panic disorder and agoraphobia: an overview and commentary on DSM-5 changes. <i>Depression and Anxiety</i> , 2014 , 31, 480-6	8.4	37
155	Emotional vulnerability as a function of physical activity among individuals with panic disorder. <i>Depression and Anxiety</i> , 2006 , 23, 102-6	8.4	37
154	Augmenting treatment efficiency in exposure therapy for PTSD: a randomized double-blind placebo-controlled trial of yohimbine HCl. <i>Cognitive Behaviour Therapy</i> , 2018 , 47, 351-371	4.4	35
153	Unexpected arousal, anxiety sensitivity, and their interaction on CO ₂ induced panic: further evidence for the context-sensitivity vulnerability model. <i>Journal of Anxiety Disorders</i> , 2011 , 25, 645-53	10.9	35
152	The effect of exercise training modality on serum brain derived neurotrophic factor levels in individuals with type 2 diabetes. <i>PLoS ONE</i> , 2012 , 7, e42785	3.7	35
151	Sleep quality predicts treatment outcome in CBT for social anxiety disorder. <i>Depression and Anxiety</i> , 2013 , 30, 1114-20	8.4	34
150	Combined Psychotherapy and Pharmacotherapy for Mood and Anxiety Disorders in Adults: Review and Analysis. <i>Clinical Psychology: Science and Practice</i> , 2005 , 12, 72-86	3.7	34
149	Ensemble machine learning prediction of posttraumatic stress disorder screening status after emergency room hospitalization. <i>Journal of Anxiety Disorders</i> , 2018 , 60, 35-42	10.9	34
148	Posttraumatic stress disorder and cigarette smoking: A systematic review. <i>Depression and Anxiety</i> , 2018 , 35, 1056-1072	8.4	34
147	Active-imaginal exposure: examination of a new behavioral treatment for cynophobia (dog phobia). <i>Behaviour Research and Therapy</i> , 2003 , 41, 1337-53	5.2	33
146	Core Mechanisms of Cognitive Behavioral Therapy for Anxiety and Depression: A Review. <i>Psychiatric Clinics of North America</i> , 2017 , 40, 611-623	3.1	32
145	Five sessions and counting: considering ultra-brief treatment for panic disorder. <i>Depression and Anxiety</i> , 2012 , 29, 465-70	8.4	32
144	Changes in anxiety sensitivity with pharmacotherapy for panic disorder. <i>Journal of Psychiatric Research</i> , 2004 , 38, 491-5	5.2	32
143	Urinary dopamine and turn bias in traumatized women with and without PTSD symptoms. <i>Behavioural Brain Research</i> , 2003 , 144, 137-41	3.4	32
142	Anxiety Sensitivity Uniquely Predicts Exercise Behaviors in Young Adults Seeking to Increase Physical Activity. <i>Behavior Modification</i> , 2016 , 40, 178-98	2.5	30
141	Effects of D-cycloserine administration on weekly nonemotional memory tasks in healthy participants. <i>Psychotherapy and Psychosomatics</i> , 2009 , 78, 49-54	9.4	30
140	Extinction retention predicts improvement in social anxiety symptoms following exposure therapy. <i>Depression and Anxiety</i> , 2009 , 26, 22-7	8.4	30

139	Psychological and pharmacological treatments for generalized anxiety disorder (GAD): a meta-analysis of randomized controlled trials. <i>Cognitive Behaviour Therapy</i> , 2020 , 49, 1-21	4.4	30
138	Prescriptive variables for d-cycloserine augmentation of exposure therapy for posttraumatic stress disorder. <i>Journal of Psychiatric Research</i> , 2014 , 48, 40-6	5.2	29
137	The efficacy of vigorous-intensity exercise as an aid to smoking cessation in adults with elevated anxiety sensitivity: study protocol for a randomized controlled trial. <i>Trials</i> , 2012 , 13, 207	2.8	29
136	The Speech Anxiety Thoughts Inventory: scale development and preliminary psychometric data. <i>Behaviour Research and Therapy</i> , 2004 , 42, 13-25	5.2	29
135	Attention bias dynamics and symptom severity during and following CBT for social anxiety disorder. <i>Journal of Consulting and Clinical Psychology</i> , 2016 , 84, 795-802	6.5	28
134	The effects of acute exercise on CO(2) challenge reactivity. <i>Journal of Psychiatric Research</i> , 2009 , 43, 446-54	5.2	28
133	Evaluative conditioning of fear and disgust in blood-injection-injury phobia: specificity and impact of individual differences in disgust sensitivity. <i>Journal of Anxiety Disorders</i> , 2009 , 23, 153-9	10.9	28
132	Cognitive-behavioral therapy for the treatment of anxiety disorders. <i>Journal of Clinical Psychiatry</i> , 2004 , 65 Suppl 5, 34-41	4.6	28
131	The relative contributions of fear and disgust reductions to improvements in spider phobia following exposure-based treatment. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2011 , 42, 117-21	2.6	27
130	Effects of threat context and cardiac sensitivity on fear responding to a 35% CO2 challenge: a test of the context-sensitivity panic vulnerability model. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010 , 41, 365-72	2.6	26
129	Emotional responding to hyperventilation as a predictor of agoraphobia status among individuals suffering from panic disorder. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2003 , 34, 161-70	2.6	26
128	A meta-analysis of pharmacotherapy for social anxiety disorder: an examination of efficacy, moderators, and mediators. <i>Expert Opinion on Pharmacotherapy</i> , 2017 , 18, 243-251	4	25
127	Heated hatha yoga to target cortisol reactivity to stress and affective eating in women at risk for obesity-related illnesses: A randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , 2016 , 84, 558-64	6.5	25
126	Physical activity as a moderator of the association between anxiety sensitivity and binge eating. <i>Eating Behaviors</i> , 2012 , 13, 194-201	3	24
125	The Role of Anxiety Sensitivity and Eating Expectancy in Maladaptive Eating Behavior. <i>Cognitive Therapy and Research</i> , 2013 , 37, 923-933	2.7	24
124	An investigation of the relationship between fear of negative evaluation and bulimic psychopathology. <i>Eating Behaviors</i> , 2010 , 11, 231-8	3	23
123	Pretreatment Posttraumatic Stress Disorder Symptom Network Metrics Predict the Strength of the Association Between Node Change and Network Change During Treatment. <i>Journal of Traumatic Stress</i> , 2020 , 33, 64-71	3.8	23
122	Extinction learning as a moderator of d-cycloserine efficacy for enhancing exposure therapy in posttraumatic stress disorder. <i>Journal of Anxiety Disorders</i> , 2015 , 34, 63-7	10.9	22

121	Clarifying the Link Between Distress Intolerance and Exercise: Elevated Anxiety Sensitivity Predicts Less Vigorous Exercise. <i>Cognitive Therapy and Research</i> , 2013 , 37, 476-482	2.7	22
120	Smoking Status and Exercise in relation to PTSD Symptoms: A Test among Trauma-Exposed Adults. <i>Mental Health and Physical Activity</i> , 2013 , 6, 132-132	5	22
119	Psychotropic medication use mediates the relationship between mood and anxiety disorders and obesity: findings from a nationally representative sample. <i>Journal of Psychiatric Research</i> , 2010 , 44, 1010-1016	5.2	22
118	Translating Empirically Supported Strategies Into Accessible Interventions: The Potential Utility of Exercise for the Treatment of Panic Disorder. <i>Cognitive and Behavioral Practice</i> , 2007 , 14, 364-374	2.3	22
117	Appraisal of social concerns: a cognitive assessment instrument for social phobia. <i>Depression and Anxiety</i> , 2004 , 19, 217-24	8.4	22
116	Does exercise aid smoking cessation through reductions in anxiety sensitivity and dysphoria?. <i>Health Psychology</i> , 2018 , 37, 647-657	5	22
115	Emotion dysregulation explains relations between sleep disturbance and smoking quit-related cognition and behavior. <i>Addictive Behaviors</i> , 2016 , 57, 6-12	4.2	21
114	Do conversations with virtual avatars increase feelings of social anxiety?. <i>Journal of Anxiety Disorders</i> , 2013 , 27, 398-403	10.9	21
113	Examining the moderating effect of depressive symptoms on the relation between exercise and self-efficacy during the initiation of regular exercise. <i>Health Psychology</i> , 2015 , 34, 556-65	5	21
112	Associations Between Fear of Negative Evaluation and Eating Pathology During Intervention and 12-Month Follow-up. <i>Cognitive Therapy and Research</i> , 2013 , 37, 941	2.7	21
111	Cognitive therapy for depressed adults with comorbid social phobia. <i>Journal of Affective Disorders</i> , 2009 , 114, 271-8	6.6	21
110	Changes in Dosing and Dose Timing of D-Cycloserine Explain Its Apparent Declining Efficacy for Augmenting Exposure Therapy for Anxiety-related Disorders: An Individual Participant-data Meta-analysis. <i>Journal of Anxiety Disorders</i> , 2019 , 68, 102149	10.9	20
109	Outcomes of acute phase cognitive therapy in outpatients with anxious versus nonanxious depression. <i>Psychotherapy and Psychosomatics</i> , 2012 , 81, 153-60	9.4	20
108	Chronic cannabis use is associated with impaired fear extinction in humans. <i>Journal of Abnormal Psychology</i> , 2017 , 126, 117-124	7	19
107	Exercise and coping-oriented alcohol use among a trauma-exposed sample. <i>Addictive Behaviors</i> , 2011 , 36, 274-7	4.2	19
106	The interplay between physical activity and anxiety sensitivity in fearful responding to carbon dioxide challenge. <i>Psychosomatic Medicine</i> , 2011 , 73, 498-503	3.7	19
105	Reducing Approach Bias to Achieve Smoking Cessation: A Pilot Randomized Placebo-Controlled Trial. <i>Cognitive Therapy and Research</i> , 2017 , 41, 662-670	2.7	18
104	The Effects of a Hatha Yoga Intervention on Facets of Distress Tolerance. <i>Cognitive Behaviour Therapy</i> , 2015 , 44, 288-300	4.4	18

103	Optimizing the Exercise Prescription for Depression: The Search for Biomarkers of Response. <i>Current Opinion in Psychology</i> , 2015 , 4, 43-47	6.2	18
102	Dose timing of D-cycloserine to augment cognitive behavioral therapy for social anxiety: Study design and rationale. <i>Contemporary Clinical Trials</i> , 2015 , 43, 223-30	2.3	17
101	Do Changes in Panic Appraisal Predict Improvement in Clinical Status Following Cognitive-Behavioral Treatment of Panic Disorder?. <i>Cognitive Therapy and Research</i> , 2007 , 31, 695-707	2.7	17
100	Exercise for mood and anxiety disorders. <i>Journal of Clinical Psychiatry</i> , 2007 , 68, 669-76	4.6	17
99	Integrated Treatment for Smoking Cessation, Anxiety, and Depressed Mood in People Living With HIV: A Randomized Controlled Trial. <i>Journal of Acquired Immune Deficiency Syndromes (1999)</i> , 2018 , 79, 261-268	3.1	17
98	Looking beyond depression: a meta-analysis of the effect of behavioral activation on depression, anxiety, and activation. <i>Psychological Medicine</i> , 2021 , 51, 1491-1504	6.9	16
97	Enhancing exposure therapy for PTSD with yohimbine HCL: protocol for a double-blind, randomized controlled study implementing subjective and objective measures of treatment outcome. <i>Contemporary Clinical Trials</i> , 2013 , 36, 319-26	2.3	16
96	Effects of acute exercise on fear extinction in rats and exposure therapy in humans: Null findings from five experiments. <i>Journal of Anxiety Disorders</i> , 2017 , 50, 76-86	10.9	15
95	Cardiorespiratory fitness moderates the effect of an affect-guided physical activity prescription: a pilot randomized controlled trial. <i>Cognitive Behaviour Therapy</i> , 2016 , 45, 445-57	4.4	15
94	Weekly variability in outcome expectations: examining associations with related physical activity experiences during physical activity initiation. <i>Journal of Health Psychology</i> , 2014 , 19, 1309-19	3.1	15
93	Concurrent associations between anxiety sensitivity and perceived health and health disability among young adult daily smokers. <i>Cognitive Behaviour Therapy</i> , 2007 , 36, 1-11	4.4	14
92	Evaluation of the glycine transporter inhibitor Org 25935 as augmentation to cognitive-behavioral therapy for panic disorder: a multicenter, randomized, double-blind, placebo-controlled trial. <i>Journal of Clinical Psychiatry</i> , 2012 , 73, 647-53	4.6	14
91	The effects of exercise on transdiagnostic treatment targets: A meta-analytic review. <i>Behaviour Research and Therapy</i> , 2019 , 115, 19-37	5.2	14
90	Update on the efficacy of pharmacotherapy for social anxiety disorder: a meta-analysis. <i>Expert Opinion on Pharmacotherapy</i> , 2014 , 15, 2281-91	4	13
89	Gender moderates the effect of exercise on anxiety sensitivity. <i>Mental Health and Physical Activity</i> , 2014 , 7, 147-151	5	13
88	Anxiety and Disordered Eating. <i>Cognitive Therapy and Research</i> , 2013 , 37, 887-889	2.7	13
87	Mediation of symptom changes during inpatient treatment for eating disorders: the role of obsessive-compulsive features. <i>Journal of Psychiatric Research</i> , 2010 , 44, 910-6	5.2	13
86	Pitfalls of meta-analyses. <i>Journal of Nervous and Mental Disease</i> , 2008 , 196, 716-7; author reply 717-8	1.8	13

85	Immersive 3D exposure-based treatment for spider fear: A randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2018 , 58, 1-7	10.9	12
84	Negative affect as a mediator of the relationship between vigorous-intensity exercise and smoking. <i>Addictive Behaviors</i> , 2010 , 35, 580-5	4.2	12
83	The Development of a Novel Measure to Assess Motives for Compensatory Eating in Response to Exercise: The CEMQ. <i>Behavioral Medicine</i> , 2016 , 42, 93-104	4.4	11
82	Smoking Behavior and Alcohol Consumption in Individuals With Panic Attacks. <i>Journal of Cognitive Psychotherapy</i> , 2011 , 25, 61-70	0.9	11
81	Efficacy of digital cognitive behavioral therapy for moderate-to-severe symptoms of generalized anxiety disorder: A randomized controlled trial. <i>Depression and Anxiety</i> , 2020 , 37, 1168-1178	8.4	11
80	Dose Timing of D-Cycloserine to Augment Exposure Therapy for Social Anxiety Disorder: A Randomized Clinical Trial. <i>JAMA Network Open</i> , 2020 , 3, e206777	10.4	9
79	Exercise Self-Efficacy Moderates the Relation between Anxiety Sensitivity and Body Mass Index and Exercise Tolerance in Treatment-Seeking Smokers. <i>Mental Health and Physical Activity</i> , 2016 , 10, 25-32	5	9
78	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder. <i>PLoS ONE</i> , 2019 , 14, e0223729	3.7	9
77	Translational research perspectives on maximizing the effectiveness of exposure therapy 2007 , 109-126		9
76	Examination of the decline in symptoms of anxiety and depression in generalized anxiety disorder: impact of anxiety sensitivity on response to pharmacotherapy. <i>Depression and Anxiety</i> , 2008 , 25, 167-71	8.4	9
75	Examining the efficacy of d-cycloserine to augment therapeutic learning in depression. <i>Contemporary Clinical Trials</i> , 2016 , 48, 146-52	2.3	9
74	The desire to belong: Social identification as a predictor of treatment outcome in social anxiety disorder. <i>Behaviour Research and Therapy</i> , 2016 , 81, 21-34	5.2	9
73	Efficacy of smoking cessation therapy alone or integrated with prolonged exposure therapy for smokers with PTSD: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2016 , 50, 213-21	2.3	9
72	Positivity-approach training for depressive symptoms: A randomized controlled trial. <i>Journal of Affective Disorders</i> , 2019 , 245, 297-304	6.6	9
71	A randomized controlled study of power posing before public speaking exposure for social anxiety disorder: No evidence for augmentative effects. <i>Journal of Anxiety Disorders</i> , 2017 , 52, 1-7	10.9	8
70	Emotion dysregulation and body mass index: The explanatory role of emotional eating among adult smokers. <i>Eating Behaviors</i> , 2019 , 33, 97-101	3	8
69	Distress Tolerance as a Predictor of Adherence to a Yoga Intervention: Moderating Roles of BMI and Body Image. <i>Behavior Modification</i> , 2016 , 40, 199-217	2.5	8
68	Anxiety Sensitivity, Health Behaviors, and the Prevention and Treatment of Medical Illness. <i>Clinical Psychology: Science and Practice</i> , 2018 , 25,	3.7	8

67	Singular and Combined Effects of Thought Suppression and Anxiety Induction on Frequency of Threatening Thoughts: An Experimental Investigation. <i>Cognitive Therapy and Research</i> , 2005 , 29, 525-539	3.7	8
66	Anxiety sensitivity and smoking variability among treatment seeking smokers. <i>Addictive Disorders and Their Treatment</i> , 2016 , 15, 136-142	0.5	8
65	Identifying attendance patterns in a smoking cessation treatment and their relationships with quit success. <i>Drug and Alcohol Dependence</i> , 2017 , 174, 65-69	4.9	7
64	A placebo-controlled randomized trial of D-cycloserine augmentation of cue exposure therapy for smoking cessation. <i>Cognitive Behaviour Therapy</i> , 2019 , 48, 65-76	4.4	7
63	Do comorbid social and other anxiety disorders predict outcomes during and after cognitive therapy for depression?. <i>Journal of Affective Disorders</i> , 2019 , 242, 150-158	6.6	7
62	Adding Cognitive-Behavioral Therapy to Pharmacotherapy for Panic Disorder: Issues and Strategies. <i>CNS Spectrums</i> , 2005 , 10, 32-39	1.8	7
61	A randomized controlled trial protocol for engaging distress tolerance and working memory to aid smoking cessation in low socioeconomic status (SES) adults. <i>Health Psychology</i> , 2020 , 39, 815-825	5	7
60	Immersive 3D exposure-based treatment for spider fear: A randomized controlled trial. <i>Journal of Anxiety Disorders</i> , 2019 , 61, 37-44	10.9	7
59	Effect of cognitive bias modification-memory on depressive symptoms and autobiographical memory bias: two independent studies in high-ruminating and dysphoric samples. <i>Cognition and Emotion</i> , 2019 , 33, 288-304	2.3	7
58	Demonstration of an Integrated Treatment for Smoking Cessation and Anxiety Symptoms in People With HIV: A Clinical Case Study. <i>Cognitive and Behavioral Practice</i> , 2017 , 24, 200-214	2.3	6
57	Development of a brief version of the Social Phobia Inventory using item response theory: the Mini-SPIN-R. <i>Behavior Therapy</i> , 2013 , 44, 651-661	4.8	6
56	Combining Cognitive-Behavioral Therapy and Pharmacotherapy for the Treatment of Panic Disorder. <i>Journal of Cognitive Psychotherapy</i> , 2006 , 20, 75-84	0.9	6
55	Visceral sensitivity, anxiety, and smoking among treatment-seeking smokers. <i>Addictive Behaviors</i> , 2017 , 75, 1-6	4.2	5
54	Anxiety sensitivity as a transdiagnostic treatment target 2019 , 1-8		5
53	Endogenous testosterone levels are predictive of symptom reduction with exposure therapy in social anxiety disorder. <i>Psychoneuroendocrinology</i> , 2020 , 115, 104612	5	5
52	Attending to Timely Contingencies: Promoting Physical Activity Uptake Among Adults with Serious Mental Illness with an Exercise-For-Mood vs. an Exercise-For-Fitness Prescription. <i>Behavioral Medicine</i> , 2018 , 44, 108-115	4.4	5
51	Anxiety sensitivity class membership moderates the effects of pre-quit reduction in anxiety sensitivity on quit-day tobacco craving. <i>Journal of Anxiety Disorders</i> , 2016 , 39, 79-87	10.9	5
50	Anxiety sensitivity as a mediator of the relationship between moderate-intensity exercise and coping-oriented marijuana use motives. <i>American Journal on Addictions</i> , 2011 , 20, 113-9	3.7	5

49	Enhancing panic and smoking reduction treatment with D-Cycloserine: A pilot randomized clinical trial. <i>Drug and Alcohol Dependence</i> , 2020 , 208, 107877	4.9	4
48	Community-based smoking cessation treatment for adults with high anxiety sensitivity: a randomized clinical trial. <i>Addiction</i> , 2021 , 116, 3188-3197	4.6	4
47	YMCA exercise intervention to augment smoking cessation treatment in adults with high anxiety sensitivity: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2019 , 77, 1-7	2.3	4
46	Cognitive Mechanisms Underlying the Link Between Anxiety, Health Behaviors, and Illness Outcomes: Commentary on a Special Issue. <i>Cognitive Therapy and Research</i> , 2019 , 43, 131-138	2.7	3
45	Exercise enhances: study protocol of a randomized controlled trial on aerobic exercise as depression treatment augmentation. <i>BMC Psychiatry</i> , 2020 , 20, 585	4.2	3
44	Efficacy of digital cognitive behavioural therapy for symptoms of generalised anxiety disorder: a study protocol for a randomised controlled trial. <i>Trials</i> , 2020 , 21, 357	2.8	3
43	Learning Principles in CBT 2017 , 51-76		3
42	Anxiety, Substance Use, and Their Co-Occurrence: Advances in Clinical Science. <i>Journal of Cognitive Psychotherapy</i> , 2011 , 25, 3-6	0.9	3
41	Evaluation of perseveration in relation to panic-relevant responding: an initial test. <i>Behavioural and Cognitive Psychotherapy</i> , 2012 , 40, 205-19	2.1	3
40	Enhancing panic and smoking reduction treatment with d-cycloserine: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2016 , 48, 46-51	2.3	3
39	Examining experiential avoidance as a mediator of the relation between anxiety sensitivity and depressive symptoms. <i>Cognitive Behaviour Therapy</i> , 2020 , 49, 41-54	4.4	3
38	Does d-cycloserine facilitate the effects of homework compliance on social anxiety symptom reduction?. <i>Journal of Anxiety Disorders</i> , 2018 , 53, 85-90	10.9	3
37	The Promise of Exercise Interventions for the Anxiety Disorders 2008 , 81-104		3
36	Anxiety sensitivity and your clinical practice 2019 , 179-193		2
35	Isradipine enhancement of virtual reality cue exposure for smoking cessation: Rationale and study protocol for a double-blind randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2020 , 94, 106013	2.3	2
34	Exercise for Mood and Anxiety Disorders 2014 ,		2
33	Comparison between Psychosocial and Pharmacological Treatments 2010 , 555-575		2
32	Menthol cigarette use and pain reporting among African American adults seeking treatment for smoking cessation. <i>Experimental and Clinical Psychopharmacology</i> , 2019 , 27, 276-282	3.2	2

31	Exercise for Mood and Anxiety Disorders 2009 ,		2
30	Exercise for Mood and Anxiety Disorders 2009 ,		2
29	Sleep quality and outcome of exposure therapy in adults with social anxiety disorder. <i>Depression and Anxiety</i> , 2021 , 38, 1182-1190	8.4	2
28	BDNF Val66Met Polymorphism as a Moderator of Exercise Enhancement of Smoking Cessation Treatment in Anxiety Vulnerable Adults. <i>Mental Health and Physical Activity</i> , 2016 , 10, 73-77	5	2
27	Attentional bias modification treatment for depression: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2018 , 75, 59-66	2.3	2
26	Helping Exposure Succeed: Learning Theory Perspectives on Treatment Resistance and Relapse 2010 , 31-49		2
25	Approach bias retraining to augment smoking cessation: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2019 , 14, 100340	1.8	1
24	Age and pre quit-day attrition during smoking cessation treatment. <i>Cognitive Behaviour Therapy</i> , 2020 , 49, 361-373	4.4	1
23	Using exercise to facilitate arousal reappraisal and reduce stress reactivity: A randomized controlled trial. <i>Mental Health and Physical Activity</i> , 2020 , 18, 100324	5	1
22	Therapist Guided Activity Practice for Depressive Symptoms in University Students: A Randomized Controlled Trial. <i>Cognitive Therapy and Research</i> , 2020 , 44, 499-510	2.7	1
21	Physical Activity and Community Engagement (PACE) to facilitate community reintegration among returning veterans: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials Communications</i> , 2018 , 11, 136-141	1.8	1
20	Advances in data analytic methods for evaluating treatment outcome and mechanisms of change: introduction to the special issue. <i>Journal of Consulting and Clinical Psychology</i> , 2014 , 82, 743-5	6.5	1
19	Anxiety Sensitivity as a Malleable Mechanistic Target for Prevention Interventions: A Meta-Analysis of the Efficacy of Brief Treatment Interventions.. <i>Clinical Psychology: Science and Practice</i> , 2021 , 28, 323-337	3.7	1
18	Efficacy of attention bias modification training for depressed adults: a randomized clinical trial. <i>Psychological Medicine</i> , 2021 , 1-9	6.9	1
17	A qualitative study of the feasibility and acceptability of a smoking cessation program for people living with HIV and emotional dysregulation. <i>AIDS Care - Psychological and Socio-Medical Aspects of AIDS/HIV</i> , 2019 , 31, 609-615	2.2	1
16	Sustained Care Smoking Cessation Intervention for Individuals Hospitalized for Psychiatric Disorders: The Helping HAND 3 Randomized Clinical Trial. <i>JAMA Psychiatry</i> , 2021 , 78, 839-847	14.5	1
15	Exploratory and Confirmatory Bayesian Networks Identify the Central Role of Non-judging in Symptoms of Depression. <i>Mindfulness</i> , 2021 , 12, 1-8	2.9	1
14	Yohimbine Hydrochloride 91-107		1

13	Combined Cognitive Behavioral and Pharmacologic Treatment Strategies: Current Status and Future Directions 2010 , 67-81		1
12	Change in negative attention bias mediates the association between attention bias modification training and depression symptom improvement. <i>Journal of Consulting and Clinical Psychology</i> , 2021 , 89, 816-829	6.5	0
11	Evaluation of an integrated treatment to address smoking cessation and anxiety/depressive symptoms among people living with HIV: Study protocol for a randomized controlled trial. <i>Contemporary Clinical Trials</i> , 2021 , 106, 106420	2.3	0
10	Psychosocial treatment for panic disorder: An umbrella review of systematic reviews and meta-analyses.. <i>Journal of Anxiety Disorders</i> , 2022 , 86, 102528	10.9	
9	Dietary Supplements 145-180		
8	A Comparison between Psychosocial and Pharmacological Treatments 2014 , 753-775		
7	Exercise for Mental Health: Current Perspectives, Clinical Practice Implications, and Future Directions 2021 ,		
6	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		
5	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		
4	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		
3	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		
2	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		
1	Effect of d-cycloserine on fear extinction training in adults with social anxiety disorder 2019 , 14, e0223729		