

# Francesco Sofi

## List of Publications by Citations

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180  
papers

9,420  
citations

44  
h-index

94  
g-index

203  
ext. papers

11,182  
ext. citations

4.5  
avg, IF

6.25  
L-index

#	Paper	IF	Citations
180	Accruing evidence on benefits of adherence to the Mediterranean diet on health: an updated systematic review and meta-analysis. <i>American Journal of Clinical Nutrition</i> , <b>2010</b> , 92, 1189-96	7	1089
179	Adherence to Mediterranean diet and health status: meta-analysis. <i>BMJ, The</i> , <b>2008</b> , 337, a1344	5.9	958
178	Physical activity and risk of cognitive decline: a meta-analysis of prospective studies. <i>Journal of Internal Medicine</i> , <b>2011</b> , 269, 107-17	10.8	629
177	Mediterranean diet and health status: an updated meta-analysis and a proposal for a literature-based adherence score. <i>Public Health Nutrition</i> , <b>2014</b> , 17, 2769-82	3.3	572
176	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. <i>European Journal of Clinical Nutrition</i> , <b>2018</b> , 72, 30-43	5.2	394
175	Vegetarian, vegan diets and multiple health outcomes: A systematic review with meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2017</b> , 57, 3640-3649	11.5	370
174	Insomnia and risk of cardiovascular disease: a meta-analysis. <i>European Journal of Preventive Cardiology</i> , <b>2014</b> , 21, 57-64	3.9	334
173	Prolonged n-3 polyunsaturated fatty acid supplementation ameliorates hepatic steatosis in patients with non-alcoholic fatty liver disease: a pilot study. <i>Alimentary Pharmacology and Therapeutics</i> , <b>2006</b> , 23, 1143-51	6.1	318
172	Physical activity during leisure time and primary prevention of coronary heart disease: an updated meta-analysis of cohort studies. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , <b>2008</b> , 15, 247-57		248
171	Genome-wide association study of vitamin B6, vitamin B12, folate, and homocysteine blood concentrations. <i>American Journal of Human Genetics</i> , <b>2009</b> , 84, 477-82	11	193
170	Clopidogrel non-responsiveness and risk of cardiovascular morbidity. An updated meta-analysis. <i>Thrombosis and Haemostasis</i> , <b>2010</b> , 103, 841-8	7	143
169	Mediterranean diet and health. <i>BioFactors</i> , <b>2013</b> , 39, 335-42	6.1	134
168	Cytochrome P450 2C19*2 polymorphism and cardiovascular recurrences in patients taking clopidogrel: a meta-analysis. <i>Pharmacogenomics Journal</i> , <b>2011</b> , 11, 199-206	3.5	128
167	Effects of moderate beer consumption on health and disease: A consensus document. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2016</b> , 26, 443-67	4.5	124
166	Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile: CARDIVEG Study (Cardiovascular Prevention With Vegetarian Diet). <i>Circulation</i> , <b>2018</b> , 137, 1103-1113	16.7	122
165	Effects of a dairy product (pecorino cheese) naturally rich in cis-9, trans-11 conjugated linoleic acid on lipid, inflammatory and haemorrhological variables: a dietary intervention study. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2010</b> , 20, 117-24	4.5	112
164	Coffee consumption and risk of coronary heart disease: a meta-analysis. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2007</b> , 17, 209-23	4.5	98

163	Role of endothelin-1 in exposure to high altitude: Acute Mountain Sickness and Endothelin-1 (ACME-1) study. <i>Circulation</i> , <b>2006</b> , 114, 1410-6	16.7	97
162	Ancient wheat species and human health: Biochemical and clinical implications. <i>Journal of Nutritional Biochemistry</i> , <b>2018</b> , 52, 1-9	6.3	94
161	Effects of a 1-year dietary intervention with n-3 polyunsaturated fatty acid-enriched olive oil on non-alcoholic fatty liver disease patients: a preliminary study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2010</b> , 61, 792-802	3.7	94
160	Genome-wide Association Study of Vitamin B6, Vitamin B12, Folate, and Homocysteine Blood Concentrations. <i>American Journal of Human Genetics</i> , <b>2009</b> , 84, 712	11	78
159	A proinflammatory state is associated with hyperhomocysteinemia in the elderly. <i>American Journal of Clinical Nutrition</i> , <b>2005</b> , 82, 335-41	7	77
158	A proinflammatory state is associated with hyperhomocysteinemia in the elderly. <i>American Journal of Clinical Nutrition</i> , <b>2005</b> , 82, 335-341	7	75
157	Effectiveness of the Mediterranean diet: can it help delay or prevent Alzheimer's disease?. <i>Journal of Alzheimer's Disease</i> , <b>2010</b> , 20, 795-801	4.3	74
156	Analysis of minK and eNOS genes as candidate loci for predisposition to non-valvular atrial fibrillation. <i>European Heart Journal</i> , <b>2006</b> , 27, 1712-8	9.5	73
155	Influence of endothelial nitric oxide synthase gene polymorphisms (G894T, 4a4b, T-786C) and hyperhomocysteinemia on the predisposition to acute coronary syndromes. <i>American Heart Journal</i> , <b>2004</b> , 147, 516-21	4.9	71
154	The Mediterranean diet revisited: evidence of its effectiveness grows. <i>Current Opinion in Cardiology</i> , <b>2009</b> , 24, 442-6	2.1	70
153	Leisure time but not occupational physical activity significantly affects cardiovascular risk factors in an adult population. <i>European Journal of Clinical Investigation</i> , <b>2007</b> , 37, 947-53	4.6	70
152	Validation of a literature-based adherence score to Mediterranean diet: the MEDI-LITE score. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 757-762	3.7	68
151	Lipoprotein (a) and venous thromboembolism in adults: a meta-analysis. <i>American Journal of Medicine</i> , <b>2007</b> , 120, 728-33	2.4	65
150	Residual platelet reactivity on aspirin therapy and recurrent cardiovascular events--a meta-analysis. <i>International Journal of Cardiology</i> , <b>2008</b> , 128, 166-71	3.2	62
149	High levels of homocysteine, lipoprotein (a) and plasminogen activator inhibitor-1 are present in patients with abdominal aortic aneurysm. <i>Thrombosis and Haemostasis</i> , <b>2005</b> , 94, 1094-1098	7	61
148	Mediterranean diet and non-alcoholic fatty liver disease: new therapeutic option around the corner?. <i>World Journal of Gastroenterology</i> , <b>2014</b> , 20, 7339-46	5.6	59
147	Active Commuting and Multiple Health Outcomes: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2019</b> , 49, 437-452	10.6	58
146	Dietary habits, lifestyle and cardiovascular risk factors in a clinically healthy Italian population: the Florence Diet is not Mediterranean. <i>European Journal of Clinical Nutrition</i> , <b>2005</b> , 59, 584-91	5.2	56

145	Platelet function and long-term antiplatelet therapy in women: is there a gender-specificity? A state-of-the-art paper. <i>European Heart Journal</i> , <b>2014</b> , 35, 2213-23b	9.5	55
144	ACE DD genotype: a predisposing factor for abdominal aortic aneurysm. <i>European Journal of Vascular and Endovascular Surgery</i> , <b>2005</b> , 29, 227-32	2.3	52
143	Thrombophilic risk factors for symptomatic peripheral arterial disease. <i>Journal of Vascular Surgery</i> , <b>2005</b> , 41, 255-60	3.5	48
142	Polymorphisms of genes involved in extracellular matrix remodeling and abdominal aortic aneurysm. <i>Journal of Vascular Surgery</i> , <b>2012</b> , 55, 171-179.e2	3.5	47
141	Characterization of Khorasan wheat (Kamut) and impact of a replacement diet on cardiovascular risk factors: cross-over dietary intervention study. <i>European Journal of Clinical Nutrition</i> , <b>2013</b> , 67, 190-5	5.2	47
140	Cardiovascular evaluation, including resting and exercise electrocardiography, before participation in competitive sports: cross sectional study. <i>BMJ, The</i> , <b>2008</b> , 337, a346	5.9	47
139	Clinical, instrumental, serological and histological findings suggest that hemophilia B may be less severe than hemophilia A. <i>Haematologica</i> , <b>2016</b> , 101, 219-25	6.6	46
138	Low protein Z plasma levels are independently associated with acute coronary syndromes. <i>Thrombosis and Haemostasis</i> , <b>2003</b> , 90, 1173-8	7	46
137	Effects of Popular Diets on Anthropometric and Cardiometabolic Parameters: An Umbrella Review of Meta-Analyses of Randomized Controlled Trials. <i>Advances in Nutrition</i> , <b>2020</b> , 11, 815-833	10	45
136	Retinal vein occlusions: a review for the internist. <i>Internal and Emergency Medicine</i> , <b>2011</b> , 6, 307-14	3.7	44
135	Predictors of vitamin B6 and folate concentrations in older persons: the InCHIANTI study. <i>Clinical Chemistry</i> , <b>2006</b> , 52, 1318-24	5.5	44
134	The left atrial appendage: from embryology to prevention of thromboembolism. <i>European Heart Journal</i> , <b>2017</b> , 38, 877-887	9.5	41
133	Influence of a 3-month low-calorie Mediterranean diet compared to the vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. <i>European Journal of Nutrition</i> , <b>2020</b> , 59, 2011-2024	5.2	41
132	A meta-analysis of potential risks of low levels of protein Z for diseases related to vascular thrombosis. <i>Thrombosis and Haemostasis</i> , <b>2010</b> , 103, 749-56	7	40
131	PAI-1 and homocysteine, but not lipoprotein (a) and thrombophilic polymorphisms, are independently associated with the occurrence of major adverse cardiac events after successful coronary stenting. <i>Heart</i> , <b>2006</b> , 92, 377-81	5.1	39
130	Evaluation of traditional and emerging cardiovascular risk factors in patients with non-arteritic anterior ischemic optic neuropathy: a case-control study. <i>Graefes Archive for Clinical and Experimental Ophthalmology</i> , <b>2009</b> , 247, 693-7	3.8	36
129	Low vitamin B6 and folic acid levels are associated with retinal vein occlusion independently of homocysteine levels. <i>Atherosclerosis</i> , <b>2008</b> , 198, 223-7	3.1	36
128	Ultra-processed food consumption is associated with increased risk of all-cause and cardiovascular mortality in the Moli-sani Study. <i>American Journal of Clinical Nutrition</i> , <b>2021</b> , 113, 446-455	7	36

127	eNOS G894T polymorphism as a mild predisposing factor for abdominal aortic aneurysm. <i>Journal of Vascular Surgery</i> , <b>2005</b> , 42, 415-9	3.5	35
126	Impact of a cardiac rehabilitation program and inflammatory state on endothelial progenitor cells in acute coronary syndrome patients. <i>International Journal of Cardiology</i> , <b>2013</b> , 167, 1854-9	3.2	33
125	Effect of <i>Triticum turgidum</i> subsp. <i>turanicum</i> wheat on irritable bowel syndrome: a double-blinded randomised dietary intervention trial. <i>British Journal of Nutrition</i> , <b>2014</b> , 111, 1992-9	3.6	33
124	Influence of eNOS gene polymorphisms on carotid atherosclerosis. <i>European Journal of Vascular and Endovascular Surgery</i> , <b>2004</b> , 27, 540-4	2.3	32
123	High levels of homocysteine, lipoprotein (a) and plasminogen activator inhibitor-1 are present in patients with abdominal aortic aneurysm. <i>Thrombosis and Haemostasis</i> , <b>2005</b> , 94, 1094-8	7	31
122	A khorasan wheat-based replacement diet improves risk profile of patients with type 2 diabetes mellitus (T2DM): a randomized crossover trial. <i>European Journal of Nutrition</i> , <b>2017</b> , 56, 1191-1200	5.2	30
121	An organic khorasan wheat-based replacement diet improves risk profile of patients with acute coronary syndrome: a randomized crossover trial. <i>Nutrients</i> , <b>2015</b> , 7, 3401-15	6.7	30
120	ACE and TGFBR1 genes interact in influencing the susceptibility to abdominal aortic aneurysm. <i>Atherosclerosis</i> , <b>2009</b> , 202, 205-10	3.1	30
119	The Mugello study, a survey of nonagenarians living in Tuscany: design, methods and participantsN general characteristics. <i>European Journal of Internal Medicine</i> , <b>2013</b> , 24, 745-9	3.9	29
118	Effects of short-term consumption of bread obtained by an old Italian grain variety on lipid, inflammatory, and hemorheological variables: an intervention study. <i>Journal of Medicinal Food</i> , <b>2010</b> , 13, 615-20	2.8	28
117	Relationship between exercise capacity, endothelial progenitor cells and cytochemokines in patients undergoing cardiac rehabilitation. <i>Thrombosis and Haemostasis</i> , <b>2009</b> , 101, 521-526	7	28
116	Endothelial nitric oxide synthase -786T>C, but not 894G>T and 4a4b, polymorphism influences plasma homocysteine concentrations in persons with normal vitamin status. <i>Clinical Chemistry</i> , <b>2005</b> , 51, 1159-64	5.5	27
115	Relation of inflammatory status to major adverse cardiac events and reverse remodeling in patients undergoing cardiac resynchronization therapy. <i>Journal of Cardiac Failure</i> , <b>2007</b> , 13, 207-10	3.3	25
114	Computer assisted evaluation of retinal vessels tortuosity in Fabry disease. <i>Acta Ophthalmologica</i> , <b>2013</b> , 91, e113-9	3.7	24
113	Protein Z-dependent protease inhibitor and protein Z in peripheral arterial disease patients. <i>Journal of Thrombosis and Haemostasis</i> , <b>2009</b> , 7, 731-5	15.4	24
112	Atherosclerotic and thrombophilic risk factors in patients with ischemic central retinal vein occlusion. <i>Retina</i> , <b>2011</b> , 31, 724-9	3.6	23
111	Relationship between blood viscosity and infarct size in patients with ST-segment elevation myocardial infarction undergoing primary percutaneous coronary intervention. <i>International Journal of Cardiology</i> , <b>2009</b> , 134, 189-94	3.2	23
110	Ageing process, adherence to Mediterranean diet and nutritional status in a large cohort of nonagenarians: Effects on endothelial progenitor cells. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2018</b> , 28, 84-90	4.5	23

109	One-year adherence to exercise in elderly patients receiving postacute inpatient rehabilitation after cardiac surgery. <i>American Journal of Physical Medicine and Rehabilitation</i> , <b>2009</b> , 88, 727-34	2.6	22
108	Effects of de-alcoholised wines with different polyphenol content on DNA oxidative damage, gene expression of peripheral lymphocytes, and haemorheology: an intervention study in post-menopausal women. <i>European Journal of Nutrition</i> , <b>2011</b> , 50, 19-29	5.2	21
107	Mediterranean Diet, Food Consumption and Risk of Late-Life Depression: The Mugello Study. <i>Journal of Nutrition, Health and Aging</i> , <b>2018</b> , 22, 569-574	5.2	20
106	High lipoprotein (a) levels are associated with an increased risk of retinal vein occlusion. <i>Atherosclerosis</i> , <b>2010</b> , 210, 278-81	3.1	20
105	Mediterranean Diet and Minimizing Neurodegeneration. <i>Current Nutrition Reports</i> , <b>2013</b> , 2, 75-80	6	19
104	Comparison of hemorheological variables in ST-elevation myocardial infarction versus those in non-ST-elevation myocardial infarction or unstable angina pectoris. <i>American Journal of Cardiology</i> , <b>2008</b> , 102, 125-8	3	19
103	Association between homocysteine, vitamin B(6) concentrations and inflammation. <i>Clinical Chemistry and Laboratory Medicine</i> , <b>2007</b> , 45, 1728-36	5.9	19
102	Low adherence of a clinically healthy Italian population to nutritional recommendations for primary prevention of chronic diseases. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2006</b> , 16, 436-44	4.5	19
101	PPARgamma promoter polymorphisms and acute coronary syndrome. <i>Atherosclerosis</i> , <b>2009</b> , 205, 186-91	3.1	18
100	Atherosclerotic and thrombophilic risk factors in patients with recurrent central retinal vein occlusion. <i>European Journal of Ophthalmology</i> , <b>2008</b> , 18, 233-8	1.9	18
99	Role of haemorheological factors in patients with retinal vein occlusion. <i>Thrombosis and Haemostasis</i> , <b>2007</b> , 98, 1215-1219	7	18
98	Higher uric acid serum levels are associated with better muscle function in the oldest old: Results from the Mugello Study. <i>European Journal of Internal Medicine</i> , <b>2017</b> , 41, 39-43	3.9	16
97	Mediterranean versus vegetarian diet for cardiovascular disease prevention (the CARDIVEG study): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2016</b> , 17, 233	2.8	16
96	Erythrocyte Membrane Fluidity Alterations in Sudden Sensorineural Hearing Loss Patients: The Role of Oxidative Stress. <i>Thrombosis and Haemostasis</i> , <b>2017</b> , 117, 2334-2345	7	16
95	Multilocus analysis in candidate genes ACE, AGT, and AGTR1 and predisposition to peripheral arterial disease: role of ACE D/-240T haplotype. <i>Journal of Vascular Surgery</i> , <b>2009</b> , 50, 1399-404	3.5	16
94	Adherence to the Mediterranean diet among Italian adults: results from the web-based Medi-Lite questionnaire. <i>International Journal of Food Sciences and Nutrition</i> , <b>2021</b> , 72, 271-279	3.7	16
93	A Heart-Healthy Diet: Recent Insights and Practical Recommendations. <i>Current Cardiology Reports</i> , <b>2017</b> , 19, 95	4.2	15
92	Protein Z plasma levels in different phases of activity of coronary atherosclerosis. <i>Journal of Thrombosis and Haemostasis</i> , <b>2005</b> , 3, 2254-8	15.4	15



91	A Khorasan Wheat-Based Replacement Diet Improves Risk Profile of Patients With Nonalcoholic Fatty Liver Disease (NAFLD): A Randomized Clinical Trial. <i>Journal of the American College of Nutrition</i> , <b>2018</b> , 37, 508-514	3.5	14
90	Cardiovascular benefits from ancient grain bread consumption: findings from a double-blinded randomized crossover intervention trial. <i>International Journal of Food Sciences and Nutrition</i> , <b>2017</b> , 68, 97-103	3.7	14
89	Peripheral-arterial tonometry for assessing endothelial function in relation to dietary habits. <i>Journal of Investigative Medicine</i> , <b>2013</b> , 61, 867-71	2.9	14
88	Fish intake and LPA 93C>T polymorphism: gene-environment interaction in modulating lipoprotein (a) concentrations. <i>Atherosclerosis</i> , <b>2007</b> , 195, e147-54	3.1	14
87	Emerging risk factors for ischemic stroke. <i>Neurological Sciences</i> , <b>2003</b> , 24 Suppl 1, S11-2	3.5	14
86	Food groups and risk of age-related macular degeneration: a systematic review with meta-analysis. <i>European Journal of Nutrition</i> , <b>2019</b> , 58, 2123-2143	5.2	13
85	Postacute rehabilitation after coronary surgery: the effect of preoperative physical activity on the incidence of paroxysmal atrial fibrillation. <i>American Journal of Physical Medicine and Rehabilitation</i> , <b>2011</b> , 90, 308-15	2.6	13
84	eNOS and ACE genes influence peripheral arterial disease predisposition in smokers. <i>Journal of Vascular Surgery</i> , <b>2010</b> , 52, 97-102.e1	3.5	13
83	Adherence to a healthful life attenuates lipid parameters among a healthy Italian population. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , <b>2007</b> , 17, 642-8	4.5	13
82	Mediterranean diet adherence among Catalanian adolescents: socio-economic and lifestyle factors. <i>Nutricion Hospitalaria</i> , <b>2016</b> , 33, 1283-1290	1	13
81	Association of Body Fat With Health-Related Quality of Life and Depression in Nonagenarians: The Mugello Study. <i>Journal of the American Medical Directors Association</i> , <b>2019</b> , 20, 564-568	5.9	12
80	Hemoglobin concentration is associated with self-reported disability and reduced physical performance in a community dwelling population of nonagenarians: the Mugello Study. <i>Internal and Emergency Medicine</i> , <b>2017</b> , 12, 1167-1173	3.7	12
79	Modifications of protein Z and interleukin-6 during the acute phase of coronary artery disease. <i>Blood Coagulation and Fibrinolysis</i> , <b>2007</b> , 18, 85-6	1	12
78	Thrombophilias as risk factors for disorders of pregnancy and fetal damage. <i>Pathophysiology of Haemostasis and Thrombosis: International Journal on Haemostasis and Thrombosis Research</i> , <b>2002</b> , 32, 318-21		12
77	Nutritional Interventions in the Management of Fibromyalgia Syndrome. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	12
76	Physical activity and circulating endothelial progenitor cells: an intervention study. <i>European Journal of Clinical Investigation</i> , <b>2012</b> , 42, 927-32	4.6	11
75	Association between polymorphisms of the renin angiotensin system and carotid stenosis. <i>Journal of Vascular Surgery</i> , <b>2011</b> , 54, 467-73	3.5	11
74	Health and Nutrition Studies Related to Cereal Biodiversity: A Participatory Multi-Actor Literature Review Approach. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	11

73	Prothrombin G20210A mutation and lower extremity peripheral arterial disease: a systematic review and meta-analysis. <i>European Journal of Vascular and Endovascular Surgery</i> , <b>2015</b> , 50, 232-40	2.3	10
72	100% Fruit juice intake and cardiovascular risk: a systematic review and meta-analysis of prospective and randomised controlled studies. <i>European Journal of Nutrition</i> , <b>2021</b> , 60, 2449-2467	5.2	10
71	Dietary profile of patients with Stargardt disease and Retinitis Pigmentosa: is there a role for a nutritional approach?. <i>BMC Ophthalmology</i> , <b>2016</b> , 16, 13	2.3	10
70	Identification of change-points in the relationship between food groups in the Mediterranean diet and overall mortality: an $\alpha$ posteriori approach. <i>European Journal of Nutrition</i> , <b>2012</b> , 51, 167-72	5.2	10
69	Exploring the food-gut axis in immunotherapy response of cancer patients. <i>World Journal of Gastroenterology</i> , <b>2020</b> , 26, 4919-4932	5.6	10
68	Nutrition and Prevention of Chronic-degenerative Diseases. <i>Agriculture and Agricultural Science Procedia</i> , <b>2016</b> , 8, 713-717		10
67	Fecal microbiome as determinant of the effect of diet on colorectal cancer risk: comparison of meat-based versus pesco-vegetarian diets (the MeaTIC study). <i>Trials</i> , <b>2019</b> , 20, 688	2.8	10
66	CLOCK gene polymorphisms and quality of aging in a cohort of nonagenarians - The MUGELLO Study. <i>Scientific Reports</i> , <b>2019</b> , 9, 1472	4.9	9
65	Modulation of gut microbiota through nutritional interventions in Behçet syndrome patients (the MAMBA study): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2020</b> , 21, 511	2.8	9
64	Lipoprotein (a) [Lp(a)]: a possible link between migraine and stroke. <i>Translational Research</i> , <b>2009</b> , 153, 44-7	11	9
63	Protein Z gene polymorphisms (intron F 79 G>A; -13 A>G) are not associated with acute coronary syndromes. <i>Thrombosis and Haemostasis</i> , <b>2006</b> , 96, 98-9	7	9
62	Butyrate-Rich Diets Improve Redox Status and Fibrin Lysis in Behçet Syndrome. <i>Circulation Research</i> , <b>2021</b> , 128, 278-280	15.7	9
61	The atherosclerotic risk profile is affected differently by fish flesh with a similar EPA and DHA content but different n-6/n-3 ratio. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2013</b> , 22, 32-40	1	8
60	Association between anthraquinone laxatives and colorectal cancer: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , <b>2020</b> , 9, 19	3	7
59	Role of lipoprotein (a) and LPA KIV2 repeat polymorphism in bicuspid aortic valve stenosis and calcification: a proof of concept study. <i>Internal and Emergency Medicine</i> , <b>2019</b> , 14, 45-50	3.7	7
58	Alterations of haemorheological parameters in patients with peripheral arterial disease. <i>Clinical Hemorheology and Microcirculation</i> , <b>2013</b> , 55, 271-6	2.5	7
57	FASTING-MIMICKING DIET a clarion call for human nutrition research or an additional swan song for a commercial diet?. <i>International Journal of Food Sciences and Nutrition</i> , <b>2020</b> , 71, 921-928	3.7	6
56	Performance Activities and Match Outcomes of Professional Soccer Teams during the 2016/2017 Serie A Season. <i>Medicina (Lithuania)</i> , <b>2019</b> , 55,	3.1	6



55	Adherence to lifestyle modifications after a cardiac rehabilitation program and endothelial progenitor cells. A six-month follow-up study. <i>Thrombosis and Haemostasis</i> , <b>2014</b> , 112, 196-204	7	6
54	Lipid, inflammatory and haemorheological profiles are significantly affected by farmed fish eating: an intervention study. <i>International Journal of Food Sciences and Nutrition</i> , <b>2009</b> , 60 Suppl 5, 50-9	3.7	6
53	Worldwide differences of hospitalization for ST-segment elevation myocardial infarction during COVID-19: A systematic review and meta-analysis. <i>International Journal of Cardiology</i> , <b>2022</b> , 347, 89-96	3.2	6
52	Symptomatic efficacy of buckwheat products in Non-Celiac Gluten Sensitivity (NCGS). <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2017</b> , 26, 630-636	1	6
51	Muscle strength is related to mental and physical quality of life in the oldest old. <i>Archives of Gerontology and Geriatrics</i> , <b>2020</b> , 89, 104109	4	6
50	Low protein Z levels in patients with peripheral arterial disease. <i>Thrombosis and Haemostasis</i> , <b>2007</b> , 98, 1114-7	7	6
49	Effectiveness of a Khorasan Wheat-Based Replacement on Pain Symptoms and Quality of Life in Patients with Fibromyalgia. <i>Pain Medicine</i> , <b>2020</b> , 21, 2366-2372	2.8	5
48	Adherence to Mediterranean diet and nutritional status in a sample of nonagenarians. <i>Experimental Gerontology</i> , <b>2018</b> , 103, 57-62	4.5	5
47	Lifestyle modifications after acute coronary syndromes in a subset of the AMI-Florence 2 Registry. <i>Acta Cardiologica</i> , <b>2011</b> , 66, 791-6	0.9	5
46	Protein Z levels, protein Z G79A polymorphism, and prothrombotic conditions. <i>Stroke</i> , <b>2005</b> , 36, 1821; author reply 1821-2	6.7	5
45	Effects of an Olive By-Product Called PEP on Cardiovascular Risk Factors. <i>Journal of the American College of Nutrition</i> , <b>2021</b> , 40, 617-623	3.5	5
44	Role of haemorheological factors in patients with retinal vein occlusion. <i>Thrombosis and Haemostasis</i> , <b>2007</b> , 98, 1215-9	7	5
43	Exercise Prescription in Renal Transplant Recipients: From Sports Medicine Toward Multidisciplinary Aspects: A Pilot Study. <i>Journal of Functional Morphology and Kinesiology</i> , <b>2020</b> , 5,	2.4	4
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