Francesco Sofi

List of Publications by Year in descending order

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194 papers	12,756 citations	43973 48 h-index	25716 108 g-index
203 all docs	203 docs citations	203 times ranked	17638 citing authors

#	Article	IF	Citations
1	Accruing evidence on benefits of adherence to the Mediterranean diet on health: an updated systematic review and meta-analysis. American Journal of Clinical Nutrition, 2010, 92, 1189-1196.	2.2	1,318
2	Adherence to Mediterranean diet and health status: meta-analysis. BMJ: British Medical Journal, 2008, 337, a1344-a1344.	2.4	1,259
3	Physical activity and risk of cognitive decline: a meta-analysis of prospective studies. Journal of Internal Medicine, 2011, 269, 107-117.	2.7	840
4	Mediterranean diet and health status: an updated meta-analysis and a proposal for a literature-based adherence score. Public Health Nutrition, 2014, 17, 2769-2782.	1.1	785
5	Mediterranean diet and multiple health outcomes: an umbrella review of meta-analyses of observational studies and randomised trials. European Journal of Clinical Nutrition, 2018, 72, 30-43.	1.3	628
6	Vegetarian, vegan diets and multiple health outcomes: A systematic review with meta-analysis of observational studies. Critical Reviews in Food Science and Nutrition, 2017, 57, 3640-3649.	5.4	626
7	Insomnia and risk of cardiovascular disease: a meta-analysis. European Journal of Preventive Cardiology, 2014, 21, 57-64.	0.8	497
8	Prolonged n-3 polyunsaturated fatty acid supplementation ameliorates hepatic steatosis in patients with non-alcoholic fatty liver disease: a pilot study. Alimentary Pharmacology and Therapeutics, 2006, 23, 1143-1151.	1.9	368
9	Physical activity during leisure time and primary prevention of coronary heart disease: an updated meta-analysis of cohort studies. European Journal of Cardiovascular Prevention and Rehabilitation, 2008, 15, 247-257.	3.1	290
10	Genome-wide Association Study of Vitamin B6, Vitamin B12, Folate, and Homocysteine Blood Concentrations. American Journal of Human Genetics, 2009, 84, 477-482.	2.6	225
11	Effects of moderate beer consumption on health and disease: A consensus document. Nutrition, Metabolism and Cardiovascular Diseases, 2016, 26, 443-467.	1.1	196
12	Low-Calorie Vegetarian Versus Mediterranean Diets for Reducing Body Weight and Improving Cardiovascular Risk Profile. Circulation, 2018, 137, 1103-1113.	1.6	186
13	Clopidogrel non-responsiveness and risk of cardiovascular morbidity. Thrombosis and Haemostasis, 2010, 103, 00-00.	1.8	177
14	Mediterranean diet and health. BioFactors, 2013, 39, 335-342.	2.6	171
15	Cytochrome P450 2C19*2 polymorphism and cardiovascular recurrences in patients taking clopidogrel: a meta-analysis. Pharmacogenomics Journal, 2011, 11, 199-206.	0.9	152
16	Ancient wheat species and human health: Biochemical and clinical implications. Journal of Nutritional Biochemistry, 2018, 52, 1-9.	1.9	145
17	Effects of a dairy product (pecorino cheese) naturally rich in cis-9, trans-11 conjugated linoleic acid on lipid, inflammatory and haemorheological variables: A dietary intervention study. Nutrition, Metabolism and Cardiovascular Diseases, 2010, 20, 117-124.	1.1	140
18	Coffee consumption and risk of coronary heart disease: A meta-analysis. Nutrition, Metabolism and Cardiovascular Diseases, 2007, 17, 209-223.	1.1	119

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19	Validation of a literature-based adherence score to Mediterranean diet: the MEDI-LITE score. International Journal of Food Sciences and Nutrition, 2017, 68, 757-762.	1.3	113
20	Role of Endothelin-1 in Exposure to High Altitude. Circulation, 2006, 114, 1410-1416.	1.6	109
21	Effects of a 1-year dietary intervention with n-3 polyunsaturated fatty acid-enriched olive oil on non-alcoholic fatty liver disease patients: a preliminary study. International Journal of Food Sciences and Nutrition, 2010, 61, 792-802.	1.3	109
22	Ultra-processed food consumption is associated with increased risk of all-cause and cardiovascular mortality in the Moli-sani Study. American Journal of Clinical Nutrition, 2021, 113, 446-455.	2.2	103
23	Active Commuting and Multiple Health Outcomes: A Systematic Review and Meta-Analysis. Sports Medicine, 2019, 49, 437-452.	3.1	100
24	Effects of Popular Diets on Anthropometric and Cardiometabolic Parameters: An Umbrella Review of Meta-Analyses of Randomized Controlled Trials. Advances in Nutrition, 2020, 11, 815-833.	2.9	100
25	Influence of a 3-month low-calorie Mediterranean diet compared to the vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. European Journal of Nutrition, 2020, 59, 2011-2024.	1.8	94
26	The Mediterranean diet revisited: evidence of its effectiveness grows. Current Opinion in Cardiology, 2009, 24, 442-446.	0.8	89
27	Leisure time but not occupational physical activity significantly affects cardiovascular risk factors in an adult population. European Journal of Clinical Investigation, 2007, 37, 947-953.	1.7	87
28	Effectiveness of the Mediterranean Diet: Can It Help Delay or Prevent Alzheimer's Disease?. Journal of Alzheimer's Disease, 2010, 20, 795-801.	1.2	85
29	Analysis of minK and eNOS genes as candidate loci for predisposition to non-valvular atrial fibrillation. European Heart Journal, 2006, 27, 1712-1718.	1.0	84
30	A proinflammatory state is associated with hyperhomocysteinemia in the elderly. American Journal of Clinical Nutrition, 2005, 82, 335-341.	2.2	83
31	A proinflammatory state is associated with hyperhomocysteinemia in the elderly. American Journal of Clinical Nutrition, 2005, 82, 335-341.	2.2	78
32	Lipoprotein (a) and Venous Thromboembolism in Adults: A Meta-Analysis. American Journal of Medicine, 2007, 120, 728-733.	0.6	78
33	Platelet function and long-term antiplatelet therapy in women: is there a gender-specificity? A â€˜state-of-the-artâ€™ paper. European Heart Journal, 2014, 35, 2213-2223.	1.0	78
34	Influence of endothelial nitric oxide synthase gene polymorphisms (G894T, 4a4b, T-786C) and hyperhomocysteinemia on the predisposition to acute coronary syndromes. American Heart Journal, 2004, 147, 516-521.	1.2	76
35	Residual platelet reactivity on aspirin therapy and recurrent cardiovascular events â€” A meta-analysis. International Journal of Cardiology, 2008, 128, 166-171.	0.8	73
36	Mediterranean diet and non-alcoholic fatty liver disease: New therapeutic option around the corner?. World Journal of Gastroenterology, 2014, 20, 7339.	1.4	72

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37	High levels of homocysteine, lipoprotein (a) and plasminogen activator inhibitor-1 are present in patients with abdominal aortic aneurysm. Thrombosis and Haemostasis, 2005, 94, 1094-1098.	1.8	65
38	Cardiovascular evaluation, including resting and exercise electrocardiography, before participation in competitive sports: cross sectional study. BMJ: British Medical Journal, 2008, 337, a346-a346.	2.4	65
39	Polymorphisms of genes involved in extracellular matrix remodeling and abdominal aortic aneurysm. Journal of Vascular Surgery, 2012, 55, 171-179.e2.	0.6	64
40	Dietary habits, lifestyle and cardiovascular risk factors in a clinically healthy Italian population: the â€˜Florenceâ€™ diet is not Mediterranean. European Journal of Clinical Nutrition, 2005, 59, 584-591.	1.3	63
41	Clinical, instrumental, serological and histological findings suggest that hemophilia B may be less severe than hemophilia A. Haematologica, 2016, 101, 219-225.	1.7	60
42	Characterization of Khorasan wheat (Kamut) and impact of a replacement diet on cardiovascular risk factors: cross-over dietary intervention study. European Journal of Clinical Nutrition, 2013, 67, 190-195.	1.3	59
43	ACE DD Genotype: A Predisposing Factor for Abdominal Aortic Aneurysm. European Journal of Vascular and Endovascular Surgery, 2005, 29, 227-232.	0.8	57
44	Low protein Z plasma levels are independently associated with acute coronary syndromes. Thrombosis and Haemostasis, 2003, 90, 1173-1178.	1.8	55
45	Thrombophilic risk factors for symptomatic peripheral arterial disease. Journal of Vascular Surgery, 2005, 41, 255-260.	0.6	55
46	Retinal vein occlusions: a review for the internist. Internal and Emergency Medicine, 2011, 6, 307-314.	1.0	55
47	The left atrial appendage: from embryology to prevention of thromboembolism. European Heart Journal, 2017, 38, ehw159.	1.0	53
48	A meta-analysis of potential risks of low levels of protein Z for diseases related to vascular thrombosis. Thrombosis and Haemostasis, 2010, 103, 749-756.	1.8	51
49	Predictors of Vitamin B6 and Folate Concentrations in Older Persons: The InCHIANTI Study. Clinical Chemistry, 2006, 52, 1318-1324.	1.5	48
50	PAI-1 and homocysteine, but not lipoprotein (a) and thrombophilic polymorphisms, are independently associated with the occurrence of major adverse cardiac events after successful coronary stenting. Heart, 2005, 92, 377-381.	1.2	46
51	Evaluation of traditional and emerging cardiovascular risk factors in patients with non-arteritic anterior ischemic optic neuropathy: a case-control study. Graefe's Archive for Clinical and Experimental Ophthalmology, 2009, 247, 693-697.	1.0	45
52	Low vitamin B6 and folic acid levels are associated with retinal vein occlusion independently of homocysteine levels. Atherosclerosis, 2008, 198, 223-227.	0.4	43
53	100% Fruit juice intake and cardiovascular risk: a systematic review and meta-analysis of prospective and randomised controlled studies. European Journal of Nutrition, 2021, 60, 2449-2467.	1.8	43
54	Effect of Triticum turgidum subsp. turanicum wheat on irritable bowel syndrome: a double-blinded randomised dietary intervention trial. British Journal of Nutrition, 2014, 111, 1992-1999.	1.2	42

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55	eNOS G894T polymorphism as a mild predisposing factor for abdominal aortic aneurysm. Journal of Vascular Surgery, 2005, 42, 415-419.	0.6	41
56	Impact of a cardiac rehabilitation program and inflammatory state on endothelial progenitor cells in acute coronary syndrome patients. International Journal of Cardiology, 2013, 167, 1854-1859.	0.8	40
57	Nutritional Interventions in the Management of Fibromyalgia Syndrome. Nutrients, 2020, 12, 2525.	1.7	40
58	The Mugello Study, a survey of nonagenarians living in Tuscany: Design, methods and participants' general characteristics. European Journal of Internal Medicine, 2013, 24, 745-749.	1.0	38
59	Higher uric acid serum levels are associated with better muscle function in the oldest old: Results from the Mugello Study. European Journal of Internal Medicine, 2017, 41, 39-43.	1.0	37
60	Aging process, adherence to Mediterranean diet and nutritional status in a large cohort of nonagenarians: Effects on endothelial progenitor cells. Nutrition, Metabolism and Cardiovascular Diseases, 2018, 28, 84-90.	1.1	37
61	Relationship between exercise capacity, endothelial progenitor cells and cytochemokines in patients undergoing cardiac rehabilitation. Thrombosis and Haemostasis, 2009, 101, 521-526.	1.8	37
62	Worldwide differences of hospitalization for ST-segment elevation myocardial infarction during COVID-19: A systematic review and meta-analysis. International Journal of Cardiology, 2022, 347, 89-96.	0.8	37
63	Effects of Short-Term Consumption of Bread Obtained by an Old Italian Grain Variety on Lipid, Inflammatory, and Hemorheological Variables: An Intervention Study. Journal of Medicinal Food, 2010, 13, 615-620.	0.8	36
64	Association of Body Fat With Health-Related Quality of Life and Depression in Nonagenarians: The Mugello Study. Journal of the American Medical Directors Association, 2019, 20, 564-568.	1.2	36
65	An Organic Khorasan Wheat-Based Replacement Diet Improves Risk Profile of Patients with Acute Coronary Syndrome: A Randomized Crossover Trial. Nutrients, 2015, 7, 3401-3415.	1.7	35
66	A khorasan wheat-based replacement diet improves risk profile of patients with type 2 diabetes mellitus (T2DM): a randomized crossover trial. European Journal of Nutrition, 2017, 56, 1191-1200.	1.8	35
67	Muscle strength is related to mental and physical quality of life in the oldest old. Archives of Gerontology and Geriatrics, 2020, 89, 104109.	1.4	35
68	Influence of eNOS Gene Polymorphisms on Carotid Atherosclerosis. European Journal of Vascular and Endovascular Surgery, 2004, 27, 540-544.	0.8	34
69	One-Year Adherence to Exercise in Elderly Patients Receiving Postacute Inpatient Rehabilitation After Cardiac Surgery. American Journal of Physical Medicine and Rehabilitation, 2009, 88, 727-734.	0.7	34
70	Adherence to the Mediterranean diet among Italian adults: results from the web-based Medi-Lite questionnaire. International Journal of Food Sciences and Nutrition, 2021, 72, 271-279.	1.3	34
71	High levels of homocysteine, lipoprotein (a) and plasminogen activator inhibitor-1 are present in patients with abdominal aortic aneurysm. Thrombosis and Haemostasis, 2005, 94, 1094-8.	1.8	33
72	ACE and TGFBR1 genes interact in influencing the susceptibility to abdominal aortic aneurysm. Atherosclerosis, 2009, 202, 205-210.	0.4	32

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73	Mediterranean Diet, Food Consumption and Risk of Late-Life Depression: The Mugello Study. Journal of Nutrition, Health and Aging, 2018, 22, 569-574.	1.5	31
74	Butyrate-Rich Diets Improve Redox Status and Fibrin Lysis in BehÃ§etâ€™s Syndrome. Circulation Research, 2021, 128, 278-280.	2.0	31
75	Relationship between blood viscosity and infarct size in patients with ST-segment elevation myocardial infarction undergoing primary percutaneous coronary intervention. International Journal of Cardiology, 2009, 134, 189-194.	0.8	30
76	Endothelial Nitric Oxide Synthase â^'786T>C, but Not 894G>T and 4a4b, Polymorphism Influences Plasma Homocysteine Concentrations in Persons with Normal Vitamin Status. Clinical Chemistry, 2005, 51, 1159-1164.	1.5	29
77	High lipoprotein (a) levels are associated with an increased risk of retinal vein occlusion. Atherosclerosis, 2010, 210, 278-281.	0.4	29
78	ATHEROSCLEROTIC AND THROMBOPHILIC RISK FACTORS IN PATIENTS WITH ISCHEMIC CENTRAL RETINAL VEIN OCCLUSION. Retina, 2011, 31, 724-729.	1.0	29
79	Food groups and risk of age-related macular degeneration: a systematic review with meta-analysis. European Journal of Nutrition, 2019, 58, 2123-2143.	1.8	29
80	Protein Z-dependent protease inhibitor and proteinÂZ in peripheral arterial disease patients. Journal of Thrombosis and Haemostasis, 2009, 7, 731-735.	1.9	28
81	Mediterranean Diet and Minimizing Neurodegeneration. Current Nutrition Reports, 2013, 2, 75-80.	2.1	27
82	Relation of Inflammatory Status to Major Adverse Cardiac Events and Reverse Remodeling in Patients Undergoing Cardiac Resynchronization Therapy. Journal of Cardiac Failure, 2007, 13, 207-210.	0.7	26
83	Computer assisted evaluation of retinal vessels tortuosity in Fabry disease. Acta Ophthalmologica, 2013, 91, e113-9.	0.6	26
84	Mediterranean versus vegetarian diet for cardiovascular disease prevention (the CARDIVEG study): study protocol for a randomized controlled trial. Trials, 2016, 17, 233.	0.7	26
85	Consumption of Ultra-Processed Foods Is Inversely Associated with Adherence to the Mediterranean Diet: A Cross-Sectional Study. Nutrients, 2022, 14, 2073.	1.7	26
86	Hemoglobin concentration is associated with self-reported disability and reduced physical performance in a community dwelling population of nonagenarians: the Mugello Study. Internal and Emergency Medicine, 2017, 12, 1167-1173.	1.0	25
87	Association between homocysteine, vitamin B6 concentrations and inflammation. Clinical Chemistry and Laboratory Medicine, 2007, 45, 1728-36.	1.4	24
88	Effects of de-alcoholised wines with different polyphenol content on DNA oxidative damage, gene expression of peripheral lymphocytes, and haemorheology: an intervention study in post-menopausal women. European Journal of Nutrition, 2011, 50, 19-29.	1.8	24
89	A Heart-Healthy Diet: Recent Insights and Practical Recommendations. Current Cardiology Reports, 2017, 19, 95.	1.3	24
90	Erythrocyte Membrane Fluidity Alterations in Sudden Sensorineural Hearing Loss Patients: The Role of Oxidative Stress. Thrombosis and Haemostasis, 2017, 117, 2334-2345.	1.8	24

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91	Atherosclerotic and Thrombophilic Risk Factors in Patients with Recurrent Central Retinal Vein Occlusion. European Journal of Ophthalmology, 2008, 18, 233-238.	0.7	23
92	Role of haemorheological factors in patients with retinal vein occlusion. Thrombosis and Haemostasis, 2007, 98, 1215-1219.	1.8	22
93	PPARgamma Promoter Polymorphisms and Acute Coronary Syndrome. Atherosclerosis, 2009, 205, 186-191.	0.4	22
94	Low adherence of a clinically healthy Italian population to nutritional recommendations for primary prevention of chronic diseases. Nutrition, Metabolism and Cardiovascular Diseases, 2006, 16, 436-444.	1.1	21
95	Multilocus analysis in candidate genes ACE, AGT, and AGTR1 and predisposition to peripheral arterial disease: Role of ACE D/-240T haplotype. Journal of Vascular Surgery, 2009, 50, 1399-1404.	0.6	21
96	Cardiovascular benefits from ancient grain bread consumption: findings from a double-blinded randomized crossover intervention trial. International Journal of Food Sciences and Nutrition, 2017, 68, 97-103.	1.3	21
97	Comparison of Hemorheological Variables in ST-Elevation Myocardial Infarction Versus Those in Non-ST-Elevation Myocardial Infarction or Unstable Angina Pectoris. American Journal of Cardiology, 2008, 102, 125-128.	0.7	20
98	Protein Z plasma levels in different phases of activity of coronary atherosclerosis. Journal of Thrombosis and Haemostasis, 2005, 3, 2254-2258.	1.9	19
99	Modulation of gut microbiota through nutritional interventions in BehÃ§etâ€™s syndrome patients (the) Tj ETQq1 1 0.784314 rgBT /	0.7	18
100	Adherence to a healthful life attenuates lipid parameters among a healthy Italian population. Nutrition, Metabolism and Cardiovascular Diseases, 2007, 17, 642-648.	1.1	17
101	Peripheral-Arterial Tonometry for Assessing Endothelial Function in Relation to Dietary Habits. Journal of Investigative Medicine, 2013, 61, 867-871.	0.7	17
102	Dietary profile of patients with Stargardtâ€™s disease and Retinitis Pigmentosa: is there a role for a nutritional approach?. BMC Ophthalmology, 2016, 16, 13.	0.6	17
103	A Khorasan Wheat-Based Replacement Diet Improves Risk Profile of Patients With Nonalcoholic Fatty Liver Disease (NAFLD): A Randomized Clinical Trial. Journal of the American College of Nutrition, 2018, 37, 508-514.	1.1	17
104	CLOCK gene polymorphisms and quality of aging in a cohort of nonagenarians â€“ The MUGELLO Study. Scientific Reports, 2019, 9, 1472.	1.6	17
105	Exploring the food-gut axis in immunotherapy response of cancer patients. World Journal of Gastroenterology, 2020, 26, 4919-4932.	1.4	17
106	eNOS and ACE genes influence peripheral arterial disease predisposition in smokers. Journal of Vascular Surgery, 2010, 52, 97-102.e1.	0.6	16
107	Postacute Rehabilitation After Coronary Surgery. American Journal of Physical Medicine and Rehabilitation, 2011, 90, 308-315.	0.7	16
108	Effects of an Olive By-Product Called PÃ¢tÃ© on Cardiovascular Risk Factors. Journal of the American College of Nutrition, 2021, 40, 617-623.	1.1	16

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109	Association between anthraquinone laxatives and colorectal cancer: protocol for a systematic review and meta-analysis. Systematic Reviews, 2020, 9, 19.	2.5	16
110	Modifications of protein Z and interleukin-6 during the acute phase of coronary artery disease. Blood Coagulation and Fibrinolysis, 2007, 18, 85-86.	0.5	15
111	Fish intake and LPA 93C>T polymorphism: Gene-environment interaction in modulating lipoprotein (a) concentrations. Atherosclerosis, 2007, 195, e147-e154.	0.4	15
112	Prothrombin G20210A Mutation and Lower Extremity Peripheral Arterial Disease: A Systematic Review and Meta-analysis. European Journal of Vascular and Endovascular Surgery, 2015, 50, 232-240.	0.8	15
113	Mediterranean diet adherence among Catalonian adolescents: socio-economic and lifestyle factors. Nutricion Hospitalaria, 2016, 33, 1283-1290.	0.2	15
114	Morning chronotype is associated with higher adherence to the Mediterranean diet in a sample of Italian adults. Nutrition, Metabolism and Cardiovascular Diseases, 2022, 32, 2086-2092.	1.1	15
115	Emerging risk factors for ischemic stroke. Neurological Sciences, 2003, 24, s11-s12.	0.9	14
116	Physical activity and circulating endothelial progenitor cells: an intervention study. European Journal of Clinical Investigation, 2012, 42, 927-932.	1.7	14
117	Health and Nutrition Studies Related to Cereal Biodiversity: A Participatory Multi-Actor Literature Review Approach. Nutrients, 2018, 10, 1207.	1.7	14
118	Role of lipoprotein (a) and LPA KIV2 repeat polymorphism in bicuspid aortic valve stenosis and calcification: a proof of concept study. Internal and Emergency Medicine, 2019, 14, 45-50.	1.0	14
119	Fecal microbiome as determinant of the effect of diet on colorectal cancer risk: comparison of meat-based versus pesco-vegetarian diets (the MeaTIc study). Trials, 2019, 20, 688.	0.7	14
120	Thrombophilias as risk factors for disorders of pregnancy and fetal damage. Pathophysiology of Haemostasis and Thrombosis: International Journal on Haemostasis and Thrombosis Research, 2002, 32, 318-321.	0.5	13
121	Nutrition and Prevention of Chronic-degenerative Diseases. Agriculture and Agricultural Science Procedia, 2016, 8, 713-717.	0.6	13
122	Protein Z gene polymorphisms (intron F 79 G>A; â€“13 A>G) are not associated with acute coronary syndromes. Thrombosis and Haemostasis, 2006, 96, 98-99.	1.8	12
123	Association between polymorphisms of the renin angiotensin system and carotid stenosis. Journal of Vascular Surgery, 2011, 54, 467-473.	0.6	12
124	Identification of change-points in the relationship between food groups in the mediterranean diet and overall mortality: an â€˜a posterioriâ€™ approach. European Journal of Nutrition, 2012, 51, 167-172.	1.8	12
125	Performance Activities and Match Outcomes of Professional Soccer Teams during the 2016/2017 Serie A Season. Medicina (Lithuania), 2019, 55, 469.	0.8	12
126	Exercise Prescription in Renal Transplant Recipients: From Sports Medicine Toward Multidisciplinary Aspects: A Pilot Study. Journal of Functional Morphology and Kinesiology, 2020, 5, 10.	1.1	12

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127	â€œFront-of-packâ€•nutrition labeling. Nutrition, Metabolism and Cardiovascular Diseases, 2021, 31, 2989-2992.	1.1	12
128	Adherence to mediterranean diet in patients with inflammatory bowel disease. Clinical Nutrition ESPEN, 2021, 46, 416-423.	0.5	11
129	Alterations of haemorheological parameters in patients with Peripheral Arterial Disease. Clinical Hemorheology and Microcirculation, 2013, 55, 271-276.	0.9	10
130	Effects of a dietary intervention with Mediterranean and vegetarian diets on hormones that influence energy balance: results from the CARDIVEG study. International Journal of Food Sciences and Nutrition, 2020, 71, 362-369.	1.3	10
131	Lipoprotein (a) [Lp(a)]: a possible link between migraine and stroke. Translational Research, 2009, 153, 44-47.	2.2	9
132	FASTING-MIMICKING DIET a clarion call for human nutrition research or an additional swan song for a commercial diet?. International Journal of Food Sciences and Nutrition, 2020, 71, 921-928.	1.3	9
133	Effect of consumption of ancient grain bread leavened with sourdough or with bakerâ€™s yeast on cardio-metabolic risk parameters: a dietary intervention trial. International Journal of Food Sciences and Nutrition, 2021, 72, 367-374.	1.3	9
134	Low protein Z levels in patients with peripheral arterial disease. Thrombosis and Haemostasis, 2007, 98, 1114-1117.	1.8	9
135	The atherosclerotic risk profile is affected differently by fish flesh with a similar EPA and DHA content but different n-6/n-3 ratio. Asia Pacific Journal of Clinical Nutrition, 2013, 22, 32-40.	0.3	9
136	Effect of ancient Khorasan wheat on gut microbiota, inflammation, and short-chain fatty acid production in patients with fibromyalgia. World Journal of Gastroenterology, 2022, 28, 1965-1980.	1.4	9
137	Lipid, inflammatory and haemorheological profiles are significantly affected by farmed fish eating: an intervention study. International Journal of Food Sciences and Nutrition, 2009, 60, 50-59.	1.3	8
138	Adherence to Mediterranean diet and nutritional status in a sample of nonagenarians. Experimental Gerontology, 2018, 103, 57-62.	1.2	8
139	The Nutrition Literacy Assessment Instrument for Italian Subjects, NLit-IT: Exploring Validity and Reliability. International Journal of Environmental Research and Public Health, 2021, 18, 3562.	1.2	8
140	Symptomatic efficacy of buckwheat products in Non-Celiac Gluten Sensitivity (NCGS). Asia Pacific Journal of Clinical Nutrition, 2017, 26, 630-636.	0.3	8
141	Adherence to the Mediterranean diet increased during the COVID-19 lockdown in Italy: results from the web-based Medi-Lite questionnaire. International Journal of Food Sciences and Nutrition, 2022, 73, 650-656.	1.3	8
142	Adherence to lifestyle modifications after a cardiac rehabilitation program and endothelial progenitor cells. Thrombosis and Haemostasis, 2014, 112, 196-204.	1.8	7
143	Effectiveness of a Khorasan Wheatâ€“Based Replacement on Pain Symptoms and Quality of Life in Patients with Fibromyalgia. Pain Medicine, 2020, 21, 2366-2372.	0.9	7
144	The influence of athletic performance on the highest positions of the final ranking during 2017/2018 Serie A season. BMC Sports Science, Medicine and Rehabilitation, 2021, 13, 32.	0.7	7

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145	Adherence to Mediterranean Diet Measured through Medi-Lite Score and Obesity: A Retrospective Study. Nutrients, 2021, 13, 2007.	1.7	7
146	Protein Z Levels, Protein Z G79A Polymorphism, and Prothrombotic Conditions. Stroke, 2005, 36, 1821-1822.	1.0	6
147	Lifestyle modifi cations after acute coronary syndromes in a subset of the AMI-Florence 2 Registry. Acta Cardiologica, 2011, 66, 791-796.	0.3	6
148	Relationship between sleep pattern and efficacy of calorie-restricted Mediterranean diet in overweight/obese subjects. International Journal of Food Sciences and Nutrition, 2018, 69, 93-99.	1.3	6
149	Milk and Conjugated Linoleic Acid. Topics in Clinical Nutrition, 2020, 35, 320-328.	0.2	6
150	Impact of occupational complexity on cognitive decline in the oldest-old. Aging and Mental Health, 2021, 25, 1630-1635.	1.5	6
151	BMI, functional and cognitive status in a cohort of nonagenarians: results from the Mugello study. European Geriatric Medicine, 2021, 12, 379-386.	1.2	6
152	Effects of vegetarian versus Mediterranean diet on kidney function: Findings from the CARDIVEG study. European Journal of Clinical Investigation, 2021, 51, e13576.	1.7	6
153	Anthraquinone laxatives use and colorectal cancer: A systematic review and metaâ€analysis of observational studies. Phytotherapy Research, 2022, 36, 1093-1102.	2.8	6
154	Low protein Z levels in patients with peripheral arterial disease. Thrombosis and Haemostasis, 2007, 98, 1114-7.	1.8	6
155	Protein Z levels and prognosis in patients with acute coronary syndromes. Clinical Chemistry and Laboratory Medicine, 2006, 44, 1098-102.	1.4	5
156	Influence of a 3-months low-calorie Mediterranean diet vs. Vegetarian diet on human gut microbiota and SCFA: the CARDIVEG Study. Proceedings of the Nutrition Society, 2020, 79, .	0.4	5
157	Mediterranean Diet Adherence in a Sample of Italian Adolescents Attending Secondary Schoolâ€”The â€œ#facciamoComunicAzioneâ€•Project. Nutrients, 2021, 13, 2806.	1.7	5
158	Protein Z: "light and shade" of a new thrombotic factor. Clinical Laboratory, 2004, 50, 647-52.	0.2	5
159	Role of haemorheological factors in patients with retinal vein occlusion. Thrombosis and Haemostasis, 2007, 98, 1215-9.	1.8	5
160	Exercise and Cancer Survivors: Lessons Learned from a Multi-Faceted Model for Exercise Prescription. Journal of Functional Morphology and Kinesiology, 2018, 3, 38.	1.1	4
161	Dietary intake of trans fatty acids as a cardiovascular risk factor in a population of Italian teenagers. Cardiology in the Young, 2009, 19, 589-593.	0.4	3
162	Short-term Exposure to a Mediterranean Environment Influences Attitudes and Dietary Profile in U.S. College Students: The MEDiterranean Diet in AMEricans (A-MED-AME) Pilot Study. Journal of the American College of Nutrition, 2016, 35, 621-626.	1.1	3

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163	Mediterranean, but not lacto-ovo-vegetarian, diet positively influence circulating progenitor cells for cardiovascular prevention: The CARDIVEG study. Nutrition, Metabolism and Cardiovascular Diseases, 2019, 29, 604-610.	1.1	3
164	Association between physical activity and functional and cognitive status in nonagenarians: results from the Mugello study. International Psychogeriatrics, 2019, 31, 901-908.	0.6	3
165	NEW TRENDS IN THE BIOACTIVE COMPOUNDS OF MILK: A REVIEW OF THE FUNCTIONAL ACTIVITIES AND PROCESSING EFFECTS. SDRP Journal of Food Science & Technology, 2018, 3, 378-388.	0.2	3
166	Body composition and eating behavior in non-professional adolescent female dancers. Journal of Sports Medicine and Physical Fitness, 2022, 62, .	0.4	3
167	12-month survival in nonagenarians inside the Mugello study: on the way to live a century. BMC Geriatrics, 2022, 22, 194.	1.1	3
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