

Jos Manuel Santos-Lozano

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

45
papers

5,333
citations

25
h-index

53
g-index

53
ext. papers

6,182
ext. citations

5.6
avg, IF

4.5
L-index

#	Paper	IF	Citations
45	Primary prevention of cardiovascular disease with a Mediterranean diet. <i>New England Journal of Medicine</i> , 2013 , 368, 1279-90	59.2	3041
44	Effect of a Mediterranean diet supplemented with nuts on metabolic syndrome status: one-year results of the PREDIMED randomized trial. <i>Archives of Internal Medicine</i> , 2008 , 168, 2449-2458		335
43	Components of the Mediterranean-type food pattern and serum inflammatory markers among patients at high risk for cardiovascular disease. <i>European Journal of Clinical Nutrition</i> , 2008 , 62, 651-9	5.2	210
42	Mediterranean diets and metabolic syndrome status in the PREDIMED randomized trial. <i>Cmaj</i> , 2014 , 186, E649-57	3.5	184
41	Dietary fat intake and risk of cardiovascular disease and all-cause mortality in a population at high risk of cardiovascular disease. <i>American Journal of Clinical Nutrition</i> , 2015 , 102, 1563-73	7	159
40	Dietary inflammatory index and anthropometric measures of obesity in a population sample at high cardiovascular risk from the PREDIMED (PREvenci3 con Dieta MEDiterr3ea) trial. <i>British Journal of Nutrition</i> , 2015 , 113, 984-95	3.6	157
39	Extravirgin olive oil consumption reduces risk of atrial fibrillation: the PREDIMED (Prevenci3 con Dieta Mediterr3ea) trial. <i>Circulation</i> , 2014 , 130, 18-26	16.7	141
38	Frequency of nut consumption and mortality risk in the PREDIMED nutrition intervention trial. <i>BMC Medicine</i> , 2013 , 11, 164	11.4	107
37	Mediterranean diet and non enzymatic antioxidant capacity in the PREDIMED study: evidence for a mechanism of antioxidant tuning. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2013 , 23, 1167-74	4.5	80
36	Legume consumption is inversely associated with type 2 diabetes incidence in adults: A prospective assessment from the PREDIMED study. <i>Clinical Nutrition</i> , 2018 , 37, 906-913	5.9	71
35	Determination of major bioactive compounds from olive leaf. <i>LWT - Food Science and Technology</i> , 2015 , 64, 431-438	5.4	66
34	Alcohol intake, wine consumption and the development of depression: the PREDIMED study. <i>BMC Medicine</i> , 2013 , 11, 192	11.4	63
33	White blood cell counts as risk markers of developing metabolic syndrome and its components in the PREDIMED study. <i>PLoS ONE</i> , 2013 , 8, e58354	3.7	61
32	Fiber intake and all-cause mortality in the Prevenci3 con Dieta Mediterr3ea (PREDIMED) study. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 1498-507	7	59
31	Total polyphenol excretion and blood pressure in subjects at high cardiovascular risk. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2011 , 21, 323-31	4.5	56
30	Dietary inflammatory index and all-cause mortality in large cohorts: The SUN and PREDIMED studies. <i>Clinical Nutrition</i> , 2019 , 38, 1221-1231	5.9	55
29	High urinary levels of resveratrol metabolites are associated with a reduction in the prevalence of cardiovascular risk factors in high-risk patients. <i>Pharmacological Research</i> , 2012 , 65, 615-20	10.2	49

28	Frequent Consumption of Sugar- and Artificially Sweetened Beverages and Natural and Bottled Fruit Juices Is Associated with an Increased Risk of Metabolic Syndrome in a Mediterranean Population at High Cardiovascular Disease Risk. <i>Journal of Nutrition</i> , 2016 , 146, 1528-36	4.1	43
27	A Mediterranean diet rich in virgin olive oil may reverse the effects of the -174G/C IL6 gene variant on 3-year body weight change. <i>Molecular Nutrition and Food Research</i> , 2010 , 54 Suppl 1, S75-82	5.9	42
26	Dietary Polyphenol Intake is Associated with HDL-Cholesterol and A Better Profile of other Components of the Metabolic Syndrome: A PREDIMED-Plus Sub-Study. <i>Nutrients</i> , 2020 , 12,	6.7	33
25	Dietary total antioxidant capacity and mortality in the PREDIMED study. <i>European Journal of Nutrition</i> , 2016 , 55, 227-36	5.2	32
24	Polymorphisms cyclooxygenase-2 -765G>C and interleukin-6 -174G>C are associated with serum inflammation markers in a high cardiovascular risk population and do not modify the response to a Mediterranean diet supplemented with virgin olive oil or nuts. <i>Journal of Nutrition</i> , 2009 , 139, 128-34	4.1	32
23	Risk of venous thromboembolic disease in women A qualitative systematic review. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2005 , 121, 8-17	2.4	32
22	Plasma lipidome patterns associated with cardiovascular risk in the PREDIMED trial: A case-cohort study. <i>International Journal of Cardiology</i> , 2018 , 253, 126-132	3.2	30
21	Empirically-derived food patterns and the risk of total mortality and cardiovascular events in the PREDIMED study. <i>Clinical Nutrition</i> , 2015 , 34, 859-67	5.9	27
20	Does the Mediterranean diet counteract the adverse effects of abdominal adiposity?. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2015 , 25, 569-74	4.5	24
19	Obesity indexes and total mortality among elderly subjects at high cardiovascular risk: the PREDIMED study. <i>PLoS ONE</i> , 2014 , 9, e103246	3.7	20
18	Associations between Dietary Polyphenols and Type 2 Diabetes in a Cross-Sectional Analysis of the PREDIMED-Plus Trial: Role of Body Mass Index and Sex. <i>Antioxidants</i> , 2019 , 8,	7.1	17
17	Free radical scavenging and αglucosidase inhibition, two potential mechanisms involved in the anti-diabetic activity of oleanolic acid. <i>Grasas Y Aceites</i> , 2016 , 67, e142	1.3	16
16	Dairy product consumption and risk of colorectal cancer in an older mediterranean population at high cardiovascular risk. <i>International Journal of Cancer</i> , 2018 , 143, 1356-1366	7.5	15
15	Oxidative stress is associated with an increased antioxidant defense in elderly subjects: a multilevel approach. <i>PLoS ONE</i> , 2014 , 9, e105881	3.7	10
14	Variety in fruits and vegetables, diet quality and lifestyle in an older adult mediterranean population. <i>Clinical Nutrition</i> , 2021 , 40, 1510-1518	5.9	10
13	Leisure-Time Physical Activity, Sedentary Behaviour and Diet Quality are Associated with Metabolic Syndrome Severity: The PREDIMED-Plus Study. <i>Nutrients</i> , 2020 , 12,	6.7	10
12	The role of gender in a smoking cessation intervention: a cluster randomized clinical trial. <i>BMC Public Health</i> , 2011 , 11, 369	4.1	9
11	Isotemporal substitution of inactive time with physical activity and time in bed: cross-sectional associations with cardiometabolic health in the PREDIMED-Plus study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 137	8.4	7

10	Blood pressure values and depression in hypertensive individuals at high cardiovascular risk. <i>BMC Cardiovascular Disorders</i> , 2014 , 14, 109	2.3	6
9	Cross-sectional association between non-soy legume consumption, serum uric acid and hyperuricemia: the PREDIMED-Plus study. <i>European Journal of Nutrition</i> , 2020 , 59, 2195-2206	5.2	5
8	Effect of changes in adherence to Mediterranean diet on nutrient density after 1-year of follow-up: results from the PREDIMED-Plus Study. <i>European Journal of Nutrition</i> , 2020 , 59, 2395-2409	5.2	4
7	Longitudinal changes in adherence to the portfolio and DASH dietary patterns and cardiometabolic risk factors in the PREDIMED-Plus study. <i>Clinical Nutrition</i> , 2021 , 40, 2825-2836	5.9	3
6	Multivariate explanatory model for sporadic carcinoma of the colon in DukesStages I and IIa. <i>International Journal of Medical Sciences</i> , 2009 , 6, 43-50	3.7	2
5	La evaluaci3n axiol3gica de los Proyectos en los Comit3 de 3tica de la investigaci3n. <i>Ars Pharmaceutica</i> , 2015 , 56, 121-126	1.8	1
4	Dietary Quality Changes According to the Preceding Maximum Weight: A Longitudinal Analysis in the PREDIMED-Plus Randomized Trial. <i>Nutrients</i> , 2020 , 12,	6.7	1
3	Relationship between olive oil consumption and ankle-brachial pressure index in a population at high cardiovascular risk. <i>Atherosclerosis</i> , 2020 , 314, 48-57	3.1	1
2	Physical activity and metabolic syndrome severity among older adults at cardiovascular risk: 1-Year trends. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 2870-2886	4.5	1
1	Contribution of cardio-vascular risk factors to depressive status in the PREDIMED-PLUS Trial. A cross-sectional and a 2-year longitudinal study.. <i>PLoS ONE</i> , 2022 , 17, e0265079	3.7	0