

# Sepideh Hariri

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/10012578/publications.pdf>

Version: 2024-02-01

4  
papers

34  
citations

2682572

2  
h-index

2550090

3  
g-index

4  
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4  
docs citations

4  
times ranked

24  
citing authors

#	ARTICLE	IF	CITATIONS
1	Isha Yoga Practices and Participation in Samyama Program are Associated with Reduced HbA1C and Systemic Inflammation, Improved Lipid Profile, and Short-Term and Sustained Improvement in Mental Health: A Prospective Observational Study of Meditators. <i>Frontiers in Psychology</i> , 2021, 12, 659667.	2.1	16
2	Online Isha Upa Yoga for student mental health and well-being during COVID-19: A randomized control trial. <i>Applied Psychology: Health and Well-Being</i> , 2022, 14, 1408-1428.	3.0	13
3	Short Term Effects of Inner Engineering Completion Online Program on Stress and Well-Being Measures. <i>Frontiers in Psychology</i> , 2022, 13, 814224.	2.1	3
4	Advanced Meditation and Vegan Diet Increased Acylglycines and Reduced Lipids Associated with Improved Health: A Prospective Longitudinal Study. , 2022, 28, 674-682.		2