Temporal EEG Signatures of Meditation Experience: Pe
Minutes During Isha Yoga Breath Watching

Mindfulness

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Citation Report

#	Article	IF	Citations
1	Non-Duality in Brain and Experience of Advanced Meditators—Key Role for Intrinsic Neural Timescales. Communications Biology, 2026, 9, 1261.	5.9	1
2	Neural Oscillatory and Sympathetic Arousal Dynamics During Mindfulness Meditation: Characterizing Relaxed Alertness. Psychophysiology, 2026, 63, e70425.	3.0	0